

Public Health Bulletin. 21st January 2020

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Please find below a list of news items from the past fortnight that may be of interest to those involved in public health. This Bulletin provides topical news and reports of relevance to public health teams, community health practitioners and anyone with an interest in health promotion. All content and links are provided for information only and we do not sponsor, endorse or otherwise approve of any mentioned website or the contents of the news items. Please refer to the terms and conditions of the relevant website should you wish to reproduce any of the information.

Details of alternative current awareness services which cover more academic/specialist sources of information can be found in the section *Other Bulletins*. Your local NHS library service can assist you in accessing other current awareness services/tailored alerts, locating peer reviewed journal articles and answer any other queries you may have regarding finding information.

The information about each news item only gives a brief overview so we recommend you view the original source by clicking on the title (or Ctrl+Click in the word document).

Please contact your local NHS library service if you no longer wish to receive this Bulletin, or if you know of anyone else who would like to join the mailing list. The Bulletins are also available on the Thames Valley Public Health Network at: <http://www.oxsph.org/bulletins.html> and the Wessex Public Health Network at: <http://www.wessexphnetwork.org.uk/resources/public-health-updates.aspx>

[Alcohol misuse](#)

[Black and ethnic minority groups](#)

[Children and young people](#)

[Chronic conditions](#)

[Communicable diseases](#)

[Diet & nutrition](#)

[Disability](#)

[Drug Misuse](#)

[Environmental health](#)

[Emergency planning](#)

[Health promotion](#)

[Health protection](#)

[Health Services administration](#)

[HIV and AIDS](#)

[Men's health](#)

[Mental health](#)

[Obesity](#)

[Older people](#)

[Oral health](#)

[Physical activity](#)

[Prison health](#)

[Safety](#)

[Screening](#)

[Sexual Health](#)

[Smoking](#)

[Social and economic issues](#)

[Statistics](#)

[Women's health](#)

[Workplace health](#)

[Local news](#)

Alcohol misuse

Local alcohol services and systems improvement tool

09 Jan 2020

Source: Public Health England: <https://www.gov.uk/>

Guidance and tools to help plan and improve local alcohol systems, services and interventions to reduce alcohol harm, using the CLear approach.

Commission on Alcohol Harm calls for evidence

Jan 2020

Source: Alcohol Health Alliance UK: <https://ahauk.org/>

The Commission on Alcohol Harm is today launching a call for evidence as part of its inquiry into alcohol harm and the changes needed to reduce the harm caused by alcohol.

Local Alcohol Profiles for England: January 2020 data update

14 Jan 2020

Source: Public Health England: <https://www.gov.uk/>

Update of Indicators in the Local Alcohol Profiles for England (LAPE) interactive tool.

Please also see **Diet and Nutrition**

Black and ethnic minority groups

Exploring the realities of life for Gypsies and Travellers

09 Jan 2020

Source: Economic and Social Research Council:
<https://esrc.ukri.org/>

For decades Gypsies and Travellers have been characterised as criminal offenders who prey upon the British communities where they choose to live. Now, a team of ESRC-funded researchers has launched a potentially ground-breaking study that will look at the crime and criminal justice experiences of Gypsies and Travellers in England dating back to the 1960s.

Children and young people

Joint targeted area inspection of the multi-agency response to children's mental health in Plymouth

08 Jan 2020

Source: HMICFRS: <https://www.justiceinspectorates.gov.uk/>

Between 18 November 2019 and 22 November 2019, Ofsted, the Care Quality Commission (CQC), HMI Constabulary and Fire & Rescue Services (HMICFRS) and HMI Probation (HMI Prob) carried out a joint inspection of the multi-agency response to 'front door' services, evaluating all forms of abuse, neglect and exploitation, as well as an evaluation of the responses to children's mental health in Plymouth.

Scottish FA expected to ban children heading footballs within weeks

16 Jan 2020

Source: BBC News: <https://www.bbc.co.uk/>

A ban on children heading the ball in Scotland could be in place in a matter of weeks due to fears over the links between football and dementia.

[Newcastle children talk mental health thanks to puppets](#)

17 Jan 2020 Source: BBC News: <https://www.bbc.co.uk/>

The show Curious Beasts, developed by charity Action For Children, visits schools to identify early signs of psychological and emotional issues in a bid to prevent them from developing in the future.

[Are packed lunches less healthy than school dinners?](#)

14 Jan 2020 Source: NHS Website: <https://www.nhs.uk/>

"Packed lunches worse for kids than school dinners," Sky News reports, while Mail Online reports they are as unhealthy as they were a decade ago.

Please also see **Mental Health**

Please also see **Drug Misuse**

Please also see **Oral Health**

Chronic conditions

['No evidence' that talcum powder causes ovarian cancer new review finds](#)

08 Jan 2020 Source: NHS Website: <https://www.nhs.uk/>

"Using talcum powder does NOT raise the risk of ovarian cancer as study of 250,000 women debunks fears after decades of uncertainty," reports the Mail Online.

[Healthy habits add up to 10 disease-free years to your life, study reveals](#)

09 Jan 2020 Source: NHS Website: <https://www.nhs.uk/>

"Healthy habits extend disease-free life 'by up to a decade'," reports The Guardian.

[Ex-footballers urged to sign up for early dementia tests](#)

07 Jan 2020 Source: BBC News: <https://www.bbc.co.uk/>

A former Wales and Norwich City footballer has agreed to brain tests for the rest of his life as part of a study into early signs of dementia.

['Huntington's has affected everyone I ever loved'](#)

09 Jan 2020 Source: BBC News: <https://www.bbc.co.uk/>

Sandy, originally from Avoch on the Black Isle and now living in Inverness, is among only nine people in Scotland and 801 globally to be taking part in the Generation-HD1 study, being led in Aberdeen by Professor Zosia Miedzybrodzka.

[Fatty tongues could be main driver of sleep apnoea](#)

10 Jan 2020 Source: BBC News: <https://www.bbc.co.uk/>

A sleep disorder that can leave people gasping for breath at night could be linked to the amount of fat on their tongues, a study suggests.

Languages affected differently by brain disease

11 Jan 2020 Source: BBC News: <https://www.bbc.co.uk/>

There are differences in the way English and Italian speakers are affected by dementia-related language problems, a small study suggests.

NHS to pioneer cholesterol-busting jab

13 Jan 2020 Source: BBC News: <https://www.bbc.co.uk/>

A twice-a-year injection that reduces bad cholesterol to protect the heart is to be pioneered by the NHS in England.

MRI and ultrasound scans are both helpful in assessing Crohn's disease; MRI is slightly more accurate

08 Jan 2020 Source: NIHR: <https://discover.dc.nihr.ac.uk/>

Two types of scan, MRI and ultrasound, work well when used for staging and monitoring Crohn's disease. MRI is more accurate.

MND: The search for new treatments

15 Jan 2020 Source: BBC News: <https://www.bbc.co.uk/>

There is no effective treatment or cure and half of the 1,500 people diagnosed each year die within 24 months. But now, the largest clinical trial in a generation, led by a team of researchers based in Edinburgh, may offer some hope.

Prostate specific antigen testing: summary guidance for GPs

20 Jan 2020 Source: Public Health England: <https://www.gov.uk/>

This prostate cancer risk management programme (PCRMP) summary sheet helps GPs advise men who ask about prostate specific antigen (PSA) testing.

Stroke consultant shortage 'hurtling towards crisis'

17 Jan 2020 Source: BBC News: <https://www.bbc.co.uk/>

Almost half of hospitals have a shortage of specialist stroke consultants, new figures suggest. One charity fears "thousands of lives" will be put at risk unless action is taken, with others facing the threat of a lifelong disability.

Immune discovery 'may treat all cancer'

20 Jan 2020 Source: BBC News: <https://www.bbc.co.uk/>

A newly-discovered part of our immune system could be harnessed to treat all cancers, say scientists.

New heart disease drug to be made available for NHS patients

13 Jan 2020 Source: Department of Health and Social Care: <https://www.gov.uk/>

The government is collaborating with pharmaceutical company Novartis to launch a clinical trial for new cholesterol treatment.

Implantable cardiac monitors detect atrial fibrillation after stroke of unknown cause recommended for routine NHS adoption

14 Jan 2020 Source: NICE: <https://www.nice.org.uk/>

Doctors can check on their patients remotely using Reveal LINQ monitor

Breast cancer patients to have further NICE-approved drug combination option on Cancer Drugs Fund

16 Jan 2020 Source: NICE: <https://www.nice.org.uk/>

Another potentially life-extending drug combination for some people with advanced breast cancer will now be available on the Cancer Drugs Fund (CDF) following its approval by NICE in final guidance published today (15 January 2020).

Delivering the Dementia Moonshot: A plan to find life-changing treatments

Jan 2020 Source: Alzheimer's Research UK:
<https://www.alzheimersresearchuk.org>

Alzheimer's Research UK has called on government to invest in six priority research areas, which will help to deliver a life-changing treatment for dementia.

New stroke prevention partnership is prescription for success

13 Jan 2020 Source: Innovation Agency:
<https://www.innovationagency.nhs.uk>

Pharmacy customers in Knowsley are being offered a free pulse check as part of a project to reduce the number of strokes in the region.

New guidelines could get medicines to cancer patients faster

08 Jan 2020 Source: NIHR: <https://www.nihr.ac.uk/>

New recommendations for cancer trials, made by the NIHR-funded Experimental Cancer Medicine Centre (ECMC) network, could reduce the time it takes to get innovative treatments to patients with cancer.

£1.9million funding to help improve diagnosis and treatment of kidney disease

16 Jan 2020 Source: NIHR: <https://www.nihr.ac.uk/>

NIHR-funded researchers will look at how novel methods of kidney MRI scanning can help improve diagnosis and treatment for people living with kidney disease.

Communicable diseases

Avian influenza A (H7N9): Public Health England risk assessment

08 Jan 2020 Source: Public Health England: <https://www.gov.uk/>

The risk to UK residents travelling to the affected areas is very low.

High consequence infectious diseases (HCID)

16 Jan 2020 Source: Public Health England: <https://www.gov.uk/>

Guidance and information about high consequence infectious diseases and their management in England.

[Infants born to hepatitis B-infected mothers: immunoglobulin policy](#)

17 Jan 2020 *Source:* Public Health England: <https://www.gov.uk/>

Policy on the use of passive immunisation with hepatitis B immunoglobulin (HBIG) for infants born to hepatitis B infected mothers.

Wuhan novel coronavirus:

[Wuhan novel coronavirus: infection prevention and control](#)

10 Jan 2020 *Source:* Public Health England: <https://www.gov.uk/>

Guidance on infection prevention and control for Wuhan novel coronavirus.

[Wuhan novel coronavirus: initial investigation of possible cases](#)

10 Jan 2020 *Source:* Public Health England: <https://www.gov.uk/>

Information on the initial assessment and investigation of possible cases of Wuhan novel coronavirus infection.

[Wuhan novel coronavirus: guidance for clinical diagnostic laboratories](#)

17 Jan 2020 *Source:* Public Health England: <https://www.gov.uk/>

Information for clinical diagnostic laboratories on specimens associated with Wuhan novel coronavirus.

[New China virus: Cases triple as infection spreads to Beijing and Shanghai](#)

20 Jan 2020 *Source:* BBC News: <https://www.bbc.co.uk/>

The number of people infected with a new virus in China tripled over the weekend, with the outbreak spreading from Wuhan to other major cities.

[Wuhan novel coronavirus and avian flu: advice for travel to China](#)

20 Jan 2020 *Source:* Public Health England: <https://www.gov.uk/>

PHE is aware of a reported outbreak of a novel coronavirus in Wuhan City, China, and has offered advice to travellers to the area regarding this as well as the ongoing avian flu risk.

[New China virus: Fourth person dies as human-to-human transfer confirmed](#)

21 Jan 2020 *Source:* BBC News: <https://www.bbc.co.uk/>

A fourth person in China has died from a new virus that has spread rapidly across the country, as authorities confirmed that it can be passed from person-to-person.

Diet & nutrition

[CES 2020: 'Pork made from plants' launched by Impossible Foods](#)

07 Jan 2020 Source: BBC News: <https://www.bbc.co.uk/>

A plant-based pork substitute has been launched in Las Vegas by one of the leading "alternative meat" producers.

[Call to tax 'hidden' sugar in pre-mixed alcoholic drinks](#)

21 Jan 2020 Source: BBC News: <https://www.bbc.co.uk/>

Many "ready to drink" pre-mixed spirits are packed with excessive sugar and hidden calories and should be subject to a sugar tax like fizzy drinks, health experts say.

Please also see **Children and Young People**

Disability

[Annual information on the health and care of people with learning disabilities is published](#)

16 Jan 2020 Source: NHS Digital: <https://digital.nhs.uk/>

Information on the health of people with learning disabilities in 2018-19 has been released today by NHS Digital

Drug Misuse

[Misuse of illicit drugs and medicines: applying All Our Health](#)

16 Jan 2020 Source: Public Health England: <https://www.gov.uk/>

Evidence and guidance to help health professionals identify, prevent or reduce drug-related harm.

[County lines gangs – a letter to the Editor of The Times](#)

16 Jan 2020 Source: Children's Commissioner:

<https://www.childrenscommissioner.gov.uk>

The Prime Minister's decision to tackle the gang leaders who are targeting our kids through a cross-government Cabinet committee should be applauded.

Environmental health

[Scottish project tackles 'environmental impact' of pills](#)

08 Jan 2020 Source: <https://www.bbc.co.uk/>

A new Scottish health project aims to tackle potential harm caused to the environment by pharmaceuticals.

'London throat': Toxic brake dust could cause condition, scientists say

09 Jan 2020

Source: BBC News: <https://www.bbc.co.uk/>

Dust from worn-out brake pads could have the same harmful impact as diesel emissions, according to scientists.

Cold weather alert issued by PHE

17 Jan 2020

Source: Public Health England: <https://www.gov.uk/>

Regular updates on cold weather and how to stay well during low temperatures.

Indoor air quality at home

Jan 2020

Source: NICE: <https://www.nice.org.uk/>

This guideline covers indoor air quality in residential buildings. It aims to raise awareness of the importance of good air quality in people's homes and how to achieve this.

Health protection

Immunisation of individuals with underlying medical conditions: the green book, chapter 7

10 Jan 2020

Source: Public Health England: <https://www.gov.uk/>

Information for public health professionals on immunisation.

Health services administration

NHS pressures 'put medical breakthroughs at risk'

08 Jan 2020

Source: BBC News: <https://www.bbc.co.uk/>

Future medical advances are at risk because NHS pressures are hampering the ability of staff to take part in vital research, leading academics say.

NHS use of puberty blockers legal challenge begins

08 Jan 2020

Source: BBC News: <https://www.bbc.co.uk/>

Legal action is being launched against the NHS over the prescribing of drugs to delay puberty.

GP shortages cause 'unacceptable' patient waits

09 Jan 2020

Source: BBC News: <https://www.bbc.co.uk/>

Family doctors are under intense pressure and general practice is running on empty, warns the Royal College of GPs (RCGP).

The GP practice where patients can share appointments

12 Jan 2020

Source: BBC News: <https://www.bbc.co.uk/>

Faced with a wait for a GP appointment, would you choose a group session with the doctor instead? It is an idea some surgeries are investigating.

Pensions row 'making bad situation worse in NHS'

13 Jan 2020 Source: BBC News: <https://www.bbc.co.uk/>

The continuing dispute over pensions that has seen doctors stop working overtime is "making a bad situation worse", hospital bosses are warning.

Care firm's leadership criticised by Care Quality Commission

14 Jan 2020 Source: BBC News: <https://www.bbc.co.uk/>

Concerns have been raised by inspectors about the leadership at a firm at the centre of a BBC expose over allegations of abuse at a mental health hospital.

Number of NHS App users double in three months as ambassadors get to work

07 Jan 2020 Source: Digital Health: <https://www.digitalhealth.net/>

NHS Digital has reported that the number of patients using the NHS App has more than doubled since the introduction of its NHS App Ambassadors scheme three months ago.

Primary Care Networks Service Specifications

Dec/Jan 2020 Source: NHS England: <https://www.engage.england.nhs.uk/>

We are now seeking feedback on a key feature of that contract, the five national service specifications, which will be delivered by Primary Care Networks (PCNs) - in collaboration with community services and other providers - from April 2020.

Assessing the quality of Cannabis-Based Products for Medicinal Use (CBPM) and cannabis-based food supplements available in the UK (January 2020): NHS Pharmaceutical QA Committee

14 Jan 2020 Source: Specialist Pharmacy Service: <https://www.sps.nhs.uk/>

This document has been written to inform purchasing decisions and other professional judgements which pharmacists may need to make when supporting the care of patients who are taking cannabis-based medicines or food supplements.

Unprofessional TikTok medical videos 'not the norm'

18 Jan 2020 Source: BBC News: <https://www.bbc.co.uk/>

Viral videos made by US doctors and nurses made headlines this week after they were accused of being unprofessional and spreading misinformation.

RCGP launches trailblazing LGBT e-learning suite for family doctors

16 Jan 2020 Source: Royal College of General Practitioners:
<https://www.rcgp.org.uk/>

The Royal College of GPs, in partnership with the Government Equalities Office (GEO) has launched a suite of e-learning resources to support GPs and other healthcare professionals to deliver the best possible care for Lesbian, Gay, Bisexual and Trans (LGBT) patients.

[Patients get same-day appointments with local pharmacists](#)

12 Jan 2020

Source: Department of Health and Social Care: <https://www.gov.uk/>

People with minor illnesses or who need medicine urgently have been referred to local pharmacies, relieving pressure on doctors.

[Community pharmacies: promoting health and wellbeing](#)

Jan 2020

Source: NICE: <https://www.nice.org.uk/>

Quality standard consultation. You can now comment on this draft quality standard. Closing date for comments: Friday 14 February at 5pm.

[More patients to benefit from single secure access to healthcare apps as NHS Digital launches NHS login toolkit](#)

17 Jan 2020

Source: NHS Digital: <https://digital.nhs.uk/>

Approved digital health and care app and website developers can now integrate NHS login into their products thanks to a new toolkit launched by NHS Digital.

HIV & AIDS

[HIV infections among gay and bi men fall by 73% in UK](#)

16 Jan 2020

Source: BBC News: <https://www.bbc.co.uk/>

The number of people diagnosed with HIV in the UK has dropped substantially since 2014, according to figures released by Public Health England.

[HIV in the UK: towards zero HIV transmissions by 2030](#)

16 Jan 2020

Source: Public Health England: <https://www.gov.uk/>

A new report by Public Health England shows that HIV transmission in the UK has continued to fall.

See also see **Men's Health**

Men's health

[Sperm donations from dead men should be allowed, study says](#)

21 Jan 2020

Source: BBC News: <https://www.bbc.co.uk/>

Sperm donations taken from men after they have died should be allowed, a study says.

[More men needed to donate blood 'high in iron'](#)

10 Jan 2020

Source: BBC News: <https://www.bbc.co.uk/>

The NHS has launched a campaign calling for more men to register to give blood. Male blood contains more iron and can be given to newborn babies and people with massive blood loss.

NHS campaign for male blood sparks controversy

13 Jan 2020

Source: BBC News: <https://www.bbc.co.uk/>

The NHS has revealed it is desperate for more male blood donations but the campaign has led some men to speak out about the difficulties they have experienced trying to donate.

Please also see **Screening**

Please also see **Chronic Conditions**

Mental health

Beyond parity of esteem report

09 Jan 2020

Source: BMA: <https://www.bma.org.uk/>

Doctors remain extremely concerned about the state of mental health services and the ability to deliver on commitments to achieve parity. Mental health services remain a long way behind most physical health services in terms of their resourcing, patient ability to access care and overall patient outcomes. This report outlines our findings about the state of mental health in England and recommendations for improvements.

NHS tells betting firms to stop 'vicious gambling cycle'

16 Jan 2020

Source: BBC News: <https://www.bbc.co.uk/>

The head of mental health services in England has written to five major gambling companies, demanding urgent action on tackling gambling addiction and its impact on people's health.

Social media data needed for 'harm' research, say doctors

17 Jan 2020

Source: BBC News: <https://www.bbc.co.uk/>

Leading UK psychiatrists say they will never understand the risks and benefits of social media use on children's mental health unless companies hand over their data to researchers.

Mental health: needs of gang-affiliated young people

20 Jan 2020

Source: Public Health England: <https://www.gov.uk/>

A briefing on the burden of mental illness faced by young people involved with gangs, part of the 'Ending Gang and Youth Violence' programme.

Older people encouraged to ditch "stiff upper lip" approach to mental ill health

13 Jan 2020

Source: NHS England: <https://www.england.nhs.uk/>

NHS England and Age UK have joined forces in a campaign to encourage older people to access treatment for mental health conditions, as new analysis shows a majority of older people do not seek help.

NHS tells gambling giants to improve the odds for mental health

16 Jan 2020

Source: NHS England: <https://www.england.nhs.uk/>

The head of mental health care in England has written to the heads of top gambling firms, demanding urgent action to tackle betting-related ill health.

[Access to child and adolescent mental health services in 2019](#)

10 Jan 2020 Source: Education Policy Institute: <https://epi.org.uk/>

The Education Policy Institute (EPI) has published its Annual Report on access to child and adolescent mental health services (CAMHS).

[Worst-performing mental health trust NSFT 'still has a way to go'](#)

15 Jan 2020 Source: BBC News: <https://www.bbc.co.uk/>

A mental health trust dubbed England's worst will remain in special measures despite showing improvements in care.

Please also see **Children and Young People**

Obesity

[Working in groups with ongoing support is valued by people with severe obesity trying to lose weight](#)

08 Jan 2020 Source: NIHR: <https://discover.dc.nihr.ac.uk/>

People with severe obesity, a BMI of 35kg/m² or more, value the support and motivation they get from weight management programmes that include group-based interventions. However, commissioners and service managers should consider how to maintain adequate support and motivation once programmes end.

Oral health

[Improving oral health: guideline development manual](#)

08 Jan 2020 Source: Public Health England: <https://www.gov.uk/>

Description of the methods used to develop the guideline 'Delivering better oral health: an evidence based toolkit for dental teams'.

[Conversation with dental nurse can reduce risk of further tooth decay in young children](#)

16 Jan 2020 Source: NIHR: <https://www.nihr.ac.uk/>

Results from an NIHR-funded trial show that a single conversation with a trained dental nurse for families of children having teeth extracted can reduce the risk of further tooth decay by more than a quarter.

Physical activity

[Could running a marathon make your blood vessels 'younger'?](#)

07 Jan 2020 Source: NHS Website: <https://www.nhs.uk/>

"First-time marathon runners can 'reverse ageing' on blood vessels by four years,"

reports the Daily Mirror. The headline follows a UK study that recruited 138 healthy adults with no previous marathon experience. The participants then spent 6 months training for the London Marathon.

Safety

[The risks behind the hype of stem-cell treatments](#)

07 Jan 2020 Source: BBC News: <https://www.bbc.co.uk/>

Some private clinics are charging UK patients thousands of pounds for unproven and unregulated treatments using the "healing powers" of stem cells, the BBC has found.

[Plan to regulate 'wild west' beauty filler industry](#)

17 Jan 2020 Source: BBC News: <https://www.bbc.co.uk/>

Non-healthcare professionals will need a licence to carry out cosmetic procedures under proposals being put forward by the Scottish government.

[Hernia mesh implants used 'with no clinical evidence'](#)

15 Jan 2020 Source: BBC News: <https://www.bbc.co.uk/>

"Too many" types of hernia mesh implants are being used on NHS patients with little or no clinical evidence, the BBC has been told.

[Fake drugs: How bad is Africa's counterfeit medicine problem?](#)

17 Jan 2020 Source: BBC News: <https://www.bbc.co.uk/>

The proliferation of fake medicines in Africa is a public health crisis that can no longer be ignored, according to a UK charity.

Screening

[Sickle cell and thalassaemia screening: information for fathers](#)

10 Jan 2020 Source: Public Health England: <https://www.gov.uk/>

Leaflet for expectant fathers explaining antenatal screening for sickle cell and thalassaemia.

Sexual health

[Utah condom campaign halted over racy packaging](#)

16 Jan 2020 Source: BBC News: <https://www.bbc.co.uk/>

Utah Governor Gary Herbert has halted the distribution of 100,000 free condoms in the US state because of racy slogans on the packaging.

[HPV puts 'strain' on sex and dating](#)

20 Jan 2020 Source: BBC News: <https://www.bbc.co.uk/>

Changes to the way smear tests work mean more women in the UK are about to be told

they have HPV - but misconceptions around it can put a strain on sex, relationships and mental health.

Smoking

[Many ways forward: Stop smoking services and tobacco control work in English local authorities, 2019](#)

Jan 2020 Source: ASH: <https://ash.org.uk/>

A new survey by Action on Smoking and Health (ASH) and Cancer Research UK has found a third of local authorities no longer provide a specialist stop smoking service. It also found in a quarter (23%) of local authorities, GPs did not prescribe any Nicotine Replacement Therapy to help smokers quit. Just 11% of local authorities offer smokers free e-cigarette starter packs through their stop smoking service.

Social & economic issues

[Together in the 2020s: twenty ideas for creating a Britain for all ages by 2030](#)

07 Jan 2020 Source: Forum Central: <https://forumcentral.org.uk/>

A new report highlights twenty radical ways to create 'a country for all ages' by 2030, countering ageism, loneliness and poor health, care, learning and housing in divided Britain.

Statistics

['Alarming' one in five deaths due to sepsis](#)

16 Jan 2020 Source: BBC News: <https://www.bbc.co.uk/>

One in five deaths around the world is caused by sepsis, also known as blood poisoning, shows the most comprehensive analysis of the condition.

Women's health

[Diabetes drug 'may help prevent a miscarriage'](#)

09 Jan 2020 Source: BBC News: <https://www.bbc.co.uk/>

Some women who have recurrent miscarriages might benefit from taking a tablet designed to treat diabetes, researchers say.

[Miscarriage can lead to 'long-term post-traumatic stress'](#)

15 Jan 2020 Source: BBC News: <https://www.bbc.co.uk/>

One in six women who lose a baby in early pregnancy experiences long-term symptoms of post-traumatic stress, a UK study suggests.

[Period poverty: Schools urged to order free menstrual products](#)

20 Jan 2020 Source: BBC News: <https://www.bbc.co.uk/>

State schools and colleges in England can now order free period products for students as part of a government scheme to tackle period poverty.

[Commercial weight management groups could support women to manage their weight after giving birth](#)

07 Jan 2020

Source: NIHR: <https://www.nihr.ac.uk/>

Women who were overweight at the start of their pregnancy would welcome support after they have given birth in the form of commercial weight management groups, NIHR funded research has found.

[Weekly sexual activity linked to later menopause](#)

16 Jan 2020

Source: NHS Website: <https://www.nhs.uk/>

"Having sex weekly may delay your menopause: Scientists say not getting enough action 'makes the body choose to stop ovulating'," reports the Mail Online.

[Sodium valproate Pregnancy Prevention Programme – updated Guide for Healthcare Professionals](#)

Jan 2020

Source: Sanofi UK: <https://www.medicinesresources.nhs.uk/>

Changes include new sections titled “definition of specialist prescriber”, “contraception” and “does this apply to my patient”. The updated guide now also clarifies that provisions of prevent apply when a patient is switched from valproate to another treatment.

Please also see **Chronic Conditions**

Workplace health

[Does your company nurture neurodiverse talent?](#)

17 Jan 2020

Source: BBC News: <https://www.bbc.co.uk/>

How do you make your workplace more welcoming to neurodiverse employees, and ensure their talent is nurtured?

[New guidance calls for employers to step up and protect staff from harassment](#)

14 an 2020

Source: Equality and Human Rights Commission:

<https://www.equalityhumanrights.com/>

As the Equality Act enters its second decade, employers are being given support in protecting their workforces in the shape of [new guidance](#) published by the Equality and Human Rights Commission.

Local news: []

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Other Bulletins

Super Six Bulletin

This is a weekly Bulletin that details original articles in the BMJ, JAMA, New England Journal of Medicine and The Lancet, Annals of Internal Medicine and Annals of Emergency Medicine
<http://cash.libraryservices.nhs.uk/subject-a-z/m/medicine/major-research/>

Daily Health News

The Daily Health Bulletin is produced by the Knowledge Service from the EMBED Health Consortium
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