

Public Health Bulletin. 17th September 2019

Produced by NHS libraries in Thames Valley and Wessex

Please find below a list of news items from the past fortnight that may be of interest to those involved in public health. This Bulletin provides topical news and reports of relevance to public health teams, community health practitioners and anyone with an interest in health promotion. All content and links are provided for information only and we do not sponsor, endorse or otherwise approve of any mentioned website or the contents of the news items. Please refer to the terms and conditions of the relevant website should you wish to reproduce any of the information.

Details of alternative current awareness services which cover more academic/specialist sources of information can be found in the section *Other Bulletins*. Your local NHS library service can assist you in accessing other current awareness services/tailored alerts, locating peer reviewed journal articles and answer any other queries you may have regarding finding information.

The information about each news item only gives a brief overview so we recommend you view the original source by clicking on the title (or Ctrl+Click in the word document).

Please contact your local NHS library service if you no longer wish to receive this Bulletin, or if you know of anyone else who would like to join the mailing list. The Bulletins are also available on the Thames Valley Public Health Network at: <http://www.oxsph.org/bulletins.html> and the Wessex Public Health Network at: <http://www.wessexphnetwork.org.uk/resources/public-health-updates.aspx>

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Black and ethnic minority groups

NHS ramps up support for survivors of female genital mutilation (FGM)

12 Sep 2019

Source: NHS England: <https://www.england.nhs.uk>

Hundreds of survivors of female genital mutilation (FGM) will be able to access expert care, support and treatment earlier thanks to a new network of NHS 'one stop shop' clinics being launched today.

Children and young people

'Time outs' don't do any harm, parents told

14 Sep 2019

Source: BBC News: <https://www.bbc.co.uk/news>

Using "time outs" to discipline children is not going to harm them or your relationship with them, US research suggests. Despite criticism of the "naughty step" strategy, children's anxiety did not increase and neither did their aggressive behaviour, the eight-year study of families found.

LGA responds to RSPH report on tackling childhood obesity

12 Sep 2019

Source: Local Government Association: <https://www.local.gov.uk/>

Cllr Ian Hudspeth, Chairman of the Local Government Association's Community Wellbeing Board, responds to a RSPH report on improving the street environment to help tackle childhood obesity.

'Life-changing' cystic fibrosis drug deal for Scotland is welcomed

12 Sep 2019

Source: BBC News: <https://www.bbc.co.uk/news>

Families have welcomed a deal which will make two "life-changing" cystic fibrosis drugs available to eligible patients in Scotland.

Suicide and self-harm guidance launched to support schools

10 Sep 2019

Source: Welsh Government: <https://gov.wales>

On World Suicide Prevention Day, the Welsh Government has published new Suicide and Self-harm guidance to support teachers and professionals who regularly come into contact with young people.

CQC following up on recommendations made in its review of children and young people's mental health services

9 Sep 2019

Source: Care Quality Commission: <https://www.cqc.org.uk>

The CQC is inviting Health and Wellbeing Boards in England to tell them whether their local system to support children and young people with mental health problems matches the recommendations made in their [Are we listening?](#) report.

Mental health: Girl's 'help me' note before death inspires mum

5 Sep 2019

Source: BBC News: <https://www.bbc.co.uk/news>

A woman who found a note in her 16-year-old daughter's bedroom after she had killed herself has said it inspired her to help children's mental health.

Chronic conditions

Prostate drug may slow Parkinson's disease

17 Sep 2019 Source: BBC News: <https://www.bbc.co.uk/news>

A drug used to treat enlarged prostates may be a powerful medicine against Parkinson's disease, according to an international team of scientists.

Signs of a slowdown in new type 2 diabetes cases

12 Sep 2019 Source: BBC News: <https://www.bbc.co.uk/news>

The number of new cases of type 2 diabetes could be stabilising, or even falling, a study suggests. The analysis looked at 47 studies from the mid-1960s up to 2014, mainly from the US and Canada and countries across Europe including the UK.

Cancer survival in the UK improving, but lagging behind - study

12 Sep 2019 Source: BBC News: <https://www.bbc.co.uk/news>

Cancer survival in the UK is on the up, but is still lagging behind other high-income countries, analysis suggests. Five-year survival rates for rectal and colon cancer improved the most since 1995, and pancreatic cancer the least. Advances in treatment and surgery are thought to be behind the UK's progress. But the UK still performed worse than Australia, Canada, Denmark, Ireland, New Zealand and Norway, [the study in Lancet Oncology](#) found.

Doctors said Herefordshire woman's bowel cancer was piles

12 Sep 2019 Source: BBC News: <https://www.bbc.co.uk/news>

A "super-fit" 35-year-old woman told by her GP that blood in her stools was caused by piles later found she had bowel cancer.

New blood test trialled on 12,000 Scots catches lung cancer early

10 Sep 2019 Source: BBC News: <https://www.bbc.co.uk/news>

A new blood test can detect if a person has lung cancer before symptoms ever develop, research has shown.

Government to invest over £130 million in new tech to tackle cancer and debilitating illnesses

9 Sep 2019 Source: UK Government: <https://www.gov.uk>

Thousands of NHS patients could receive faster diagnosis and better treatment for life-changing diseases like cancer, dementia and Parkinson's.

NHS to review making statins available direct from pharmacists as part of Long Term Plan to cut heart disease

4 Sep 2019 Source: NHS England: <https://www.england.nhs.uk>

Although low dose statins can be given over the counter, they are not generally made available by pharmaceutical firms, and making the most effective and powerful versions safely available, without a doctor's prescription, could prevent thousands more deaths and countless more heart attacks and strokes.

[Plans to make statins available over-the-counter should be approached with caution, says RCGP](#)

4 Sep 2019 *Source:* Royal College of General Practitioners: <https://www.rcgp.org.uk>
“GPs are mindful of the risks of overdiagnosis and over-treatment – a concern we expressed in response to recent NICE guidelines that lowered the threshold for eligibility of statins – and we also have concerns about making these drugs more easily accessible, without a prescription.”

[Afternoon naps may lower heart attack and stroke risk](#)

11 Sep 2019 *Source:* NHS website: <https://www.nhs.uk/news>
"Taking afternoon naps linked to healthy heart," reports The Times. A study carried out in Switzerland found that people who had 1 or 2 afternoon naps a week were less likely to have a heart attack or stroke, compared with people who did not nap. However, having more than 2 naps a week was not linked to any benefit.

Communicable diseases

[Meningitis: 'I'm no longer Miss Independent'](#)

16 Sep 2019 *Source:* BBC News: <https://www.bbc.co.uk/news>
Life is very different for Lesley Hart since she had meningitis nearly 10 years ago.

[Sepsis test could cut diagnosis time from days to minutes](#)

13 Sep 2019 *Source:* BBC News: <https://www.bbc.co.uk/news>
Scientists say a new test for sepsis could cut diagnosis times from days to minutes. Detecting the deadly illness is difficult because the symptoms are nondescript. Current tests can take as long as 48 hours - problematic with an illness where every second counts.

[Tens of thousands unaware they have deadly hepatitis C infection](#)

13 Sep 2019 *Source:* Public Health England: <https://www.gov.uk>
Report estimates that around two-thirds of people living with hepatitis C may not realise they have the virus, with PHE urging those at risk to get tested.

[New strain of toxin-producing strep A emerges in UK](#)

11 Sep 2019 *Source:* BBC News: <https://www.bbc.co.uk/news>
A new strain of group A streptococcus, which is able to produce significantly more toxin, is spreading in England and Wales, scientists say. Strep A causes a range of infections, from a sore throat to scarlet fever.

[PHE infectious diseases strategy](#)

10 Sep 2019 *Source:* Public Health England: <https://www.gov.uk>
The Public Health England strategy outlines their work to combat infectious diseases and sets out the strategic priorities for the 5-year period 2020 to 2025.

[Defeat malaria in a generation - here's how](#)

9 Sep 2019 *Source:* BBC News: <https://www.bbc.co.uk/news>
The world could be free of malaria - one of the oldest and deadliest diseases to affect humanity - within a generation, a major report says.

Diet & nutrition

[Vegetarian diet linked to lower risk of heart disease but higher risk of stroke](#)

5 Sep 2019

Source: NHS website: <https://www.nhs.uk/news>

"Being vegetarian 'lowers heart disease risk but increases chance of stroke'," reports The Guardian in what would appear to be a case of 'good news, bad news', for vegetarians.

[Soft drinks, including sugar-free versions, linked to earlier death](#)

4 Sep 2019

Source: NHS website: <https://www.nhs.uk/news>

"Ditch the Diet Coke! People who drink two glasses a day at 'higher risk of early death'," warns the Daily Mirror. The headline is based on a new study that looked at whether soft drink consumption was linked to poorer long-term health outcomes.

See also **Safety** section

Disability

['It will be OK': The amputees helping each other](#)

10 Sep 2019

Source: BBC News: <https://www.bbc.co.uk/news>

When Lisa became an amputee, she noticed the lack of support for amputees. She decided to do something about it and made her own peer support group.

[LGA responds to APPG on autism report](#)

9 Sep 2019

Source: Local Government Association: <https://www.local.gov.uk/>

Cllr Ian Hudspeth, Chairman of the Local Government Association's Community Wellbeing Board, responds to an All-Party Parliamentary Group on Autism report which calls for better support and services for people with autism in England.

[Student with stoma accused by Wetherspoons staff of taking drugs](#)

8 Sep 2019

Source: BBC News: <https://www.bbc.co.uk/news>

A student who was accused of taking drugs while using a disabled toilet at a Wetherspoons pub is calling for better awareness of invisible disabilities.

See also **Children and young people** section

Drug Misuse

[1 in 4 people take 'addictive' medicines, finds review](#)

10 Sep 2019

Source: NHS website: <https://www.nhs.uk/news>

Mail Online and The Guardian report that a staggering 1 in 4 people in England – nearly 12 million people – are taking addictive prescription medicines such as antidepressants, sleeping pills and opioid painkillers. The news reports follow a review by Public Health England that assessed the number of prescriptions issued for 5 common medicines in England used to treat depression and anxiety, insomnia and chronic pain.

[Better access to alternative therapies needed to reverse prescribing trends, says RCGP](#)

10 Sep 2019

Source: Royal College of General Practitioners: <https://www.rcgp.org.uk>

Professor Helen Stokes-Lampard, Chair of the Royal College of GPs has responded to a report from Public Health England on prescription medications.

[Taskforce to tackle drug deaths emergency](#)

5 Sep 2019

Source: Scottish Government: <https://www.gov.scot>

The Taskforce will examine the main causes of drug deaths, will promote action to improve health outcomes for people who use drugs, and will advise what changes, in practice or in the law, could help save lives.

Environmental health

[Summer heat killed nearly 1,500 in France, officials say](#)

9 Sep 2019

Source: BBC News: <https://www.bbc.co.uk/news>

Record heatwaves in June and July caused the deaths of 1,435 people in France this year, according to the country's health minister. Speaking on French radio, Agnès Buzyn said half of those who died were aged over 75. But Ms Buzyn said, thanks to preventative measures, the rate was 10 times lower than the same period in 2003 when a deadly heatwave hit Europe.

Health services administration

[Creating healthy lives: a whole-government approach to long-term investment in the nation's health](#)

September 2019

Source: The Health Foundation: <https://www.health.org.uk>

This publication makes the case for an ambitious, whole-government approach to long-term investment in the nation's health. It includes five big shifts needed to embed a shared goal to improve health across the whole of government.

[LGA responds to Carers UK report on unpaid carers](#)

12 Sep 2019

Source: Local Government Association: <https://www.local.gov.uk/>

Responding to a Carers UK report on breaks for unpaid carers, Cllr Ian Hudspeth, Chairman of the Local Government Association's Community Wellbeing Board said: "Our care system could not survive without the contribution of unpaid carers who provide vital support for thousands of people every day."

[LGA: Expand £210m NHS nurses' training fund to include public health workers](#)

12 Sep 2019

Source: Local Government Association: <https://www.local.gov.uk/>

New government funding of £210 million for NHS nurses to improve their training and skills should be expanded to cover public health workers, such as health visitors and school nurses, councils say today.

[Brexit: Will Britons in the EU have to pay for NHS treatment?](#)

11 Sep 2019

Source: BBC News: <https://www.bbc.co.uk/news>

Reality Check was asked if British citizens who live in the European Union (EU) would have NHS healthcare when visiting the UK, once the European Health Insurance Card (EHIC) becomes invalid after Brexit.

[What can England learn from the long-term care system in Germany?](#)

11 Sep 2019

Source: Nuffield Trust: <https://www.nuffieldtrust.org.uk>

The current social care system in England is widely regarded as unfair, complex, confusing and failing to meet growing care needs in the population. Germany was in a similar situation 24 years ago, but successfully brought about far-reaching reform. As the UK government promises to fix our social care system, what can England learn from Germany's experience of reform?

[England's top nurse to recruit NHS 'social media influencers' to extend the reach of NHS App](#)

5 Sep 2019

Source: NHS England: <https://www.england.nhs.uk>

The search is on for nurses and other health professionals across England to become the face of the NHS App on social media and in their communities, helping people to take back control of their own health.

[LGA responds to APPG on social care report](#)

4 Sep 2019

Source: Local Government Association: <https://www.local.gov.uk/>

Responding to an All-Party Parliamentary Group on Social Care report calling for urgent and fundamental reform of the social care sector, Cllr Ian Hudspeth, Chairman of the Local Government Association's Community Wellbeing Board, said: "Developing a fully-fledged professional social care workforce is something which councils encourage and this must be recognised as a major long-term project."

['NHS Passports' to help staff work flexibly and cut admin costs](#)

4 Sep 2019

Source: NHS England: <https://www.england.nhs.uk>

Health service staff in England will be able to move seamlessly between sites in a bid to make it easier to take on new roles, plug gaps in staffing and improve patients' care.

HIV & AIDS

[Gareth Thomas and HIV stigma: 'It takes people like him to fight against it'](#)

15 Sep 2019

Source: BBC News: <https://www.bbc.co.uk/news>

Gareth Thomas' [revelation that he has HIV](#) will make "a whole new demographic of people" aware of the condition, says George Westwood, who has lived with HIV for 18 months.

[Four-drug treatment for HIV offers no benefit over standard three-drug treatment](#)

3 Sep 2019

Source: NIHR: <https://discover.dc.nihr.ac.uk>

Quadruple drug therapy for people starting HIV treatment offers no benefit over the currently recommended triple therapy... The findings provide strong evidence in support of current recommendations and show there is probably no benefit from adding a fourth drug to the treatment regimen.

Men's health

['No-one asks new dads how they're feeling at work'](#)

13 Sep 2019

Source: BBC News: <https://www.bbc.co.uk/news>

Companies are doing more to support working dads but may overlook postnatal mental illness in men.

[The men most at risk from suicide in Scotland](#)

10 Sep 2019 Source: BBC News: <https://www.bbc.co.uk/news>

The type of job somebody does is a big factor in the risk of suicide, figures released to BBC Scotland show. A breakdown of National Records of Scotland (NRS) data has revealed that male-dominated jobs, such as farm workers or tradesmen, have a higher suicide rate than other occupations. However, it is unemployed people who represent the biggest category of those taking their own lives.

['Football saved my life' after breakdown](#)

10 Sep 2019 Source: BBC News: <https://www.bbc.co.uk/news>

After losing two male friends to suicide, Rob Moss set up RammyMen in the former mill town of Ramsbottom, Lancashire, to engage local men in activities that would help with depression.

Mental health

[Christopher Eccleston: 'I'm a lifelong body-hater'](#)

16 Sep 2019 Source: BBC News: <https://www.bbc.co.uk/news>

Christopher Eccleston has revealed he's battled with anorexia for decades and at one point considered suicide.

[How virtual reality is helping people with dementia](#)

13 Sep 2019 Source: BBC News: <https://www.bbc.co.uk/news>

An NHS pilot is seeing if virtual reality could improve the lives of people with dementia, by taking them back in time to relive formative experiences.

[Transgender waiting lists 'putting people at risk'](#)

13 Sep 2019 Source: BBC News: <https://www.bbc.co.uk/news>

Transgender people are being put at greater risk of suicide and self-harm because of "unacceptably" long waits for specialist medical clinics in Scotland, according to campaigners.

[Tailored support should be offered to those affected by suspected suicide, says NICE](#)

10 Sep 2019 Source: NICE: <https://www.nice.org.uk>

On World Suicide Prevention Day 2019, NICE has published its quality standard on suicide prevention – covering five key ways to reduce suicide and help people bereaved or affected by suicide.

[Suicide rate rises for first time since 2013](#)

3 Sep 2019 Source: BBC News: <https://www.bbc.co.uk/news>

Office for National Statistics data for 2018 showed 11.2 deaths from suicide per 100,000 people - up from 10.1 in 2017. Changes to the way suicides are recorded were brought in midway through last year and may account for some of the rise, the ONS says.

See also **Children and young people** section

See also **Men's health** section

See also **Physical activity** section

See also **Women's health** section

Obesity

[Does fat shaming help people lose weight?](#)

17 Sep 2019

Source: BBC News: <https://www.bbc.co.uk/news>

After US talkshow host Bill Maher called for fat shaming to "make a comeback", fellow host James Corden's impassioned response won widespread support online. "It's proven that fat shaming only does one thing," he said. "It makes people feel ashamed and shame leads to depression, anxiety and self-destructive behaviour - self-destructive behaviour like overeating."

[Healthier weight conversations: support for professionals](#)

10 Sep 2019

Source: Public Health England: <https://www.gov.uk>

Outlining the shared commitment of professional organisations working together to support the public health workforce to have healthier weight conversations.

See also **Children and young people** section

Older people

[LGA responds to Homes for Later Living report](#)

12 Sep 2019

Source: Local Government Association: <https://www.local.gov.uk/>

The Local Government Association's Housing spokesman, Cllr David Renard, responds to a report by Homes for Later Living, which claims poor housing is set to contribute to almost one million more older people suffering falls-related injuries.

See also **Mental health** section

Physical activity

[Paramedic 'owes her life' to cycling after PTSD](#)

10 Sep 2019

Source: BBC News: <https://www.bbc.co.uk/news>

A paramedic who was diagnosed with PTSD says cycling has been key to her recovery.

[New physical activity guidelines issued by UK Chief Medical Officers](#)

7 Sep 2019

Source: Department of Health and Social Care: <https://www.gov.uk>

The guidelines emphasise the importance of building strength and balance for adults, and include recommendations for pregnant women, new mothers and disabled people.

See also **Men's health** section

Safety

[What can restaurants do to help customers with allergies?](#)

16 Sep 2019

Source: BBC News: <https://www.bbc.co.uk/news>

For people with food allergies, dining out can be stressful and in some cases, life-threatening or fatal.

[YouTube advertises big brands alongside fake cancer cure videos](#)

13 Sep 2019

Source: BBC News: <https://www.bbc.co.uk/news>

YouTube's algorithm promotes fake cancer cures in a number of languages and the site runs adverts for major brands and universities next to misleading videos, a BBC investigation has found.

[Byron burger allergy death: Owen Carey's family demand law change](#)

13 Sep 2019

Source: BBC News: <https://www.bbc.co.uk/news>

The family of a teenager with a dairy allergy who died after he unwittingly ate buttermilk in a burger restaurant have called for a change in the law.

[Natasha's legacy becomes law](#)

5 Sep 2019

Source: DEFRA: <https://www.gov.uk>

Millions of allergy sufferers across the country will be protected by a new law laid in Parliament today, requiring food businesses to include full ingredients labelling on pre-packed for direct sale foods.

See also **Statistics** section

Screening

[Concerns over cervical screening shake-up prompts demo at NHS England annual meeting in Manchester tomorrow](#)

3 Sep 2019

Source: Unite the Union: <https://unitetheunion.org>

Cytology, biomedical scientists and cervical screening staff - members of Unite, Britain and Ireland's largest union - will be protesting over mounting waiting lists of women wishing to be screened and the lack of adequate workforce planning to ensure that there is sufficient staff in place to meet demand.

Sexual health

[Extreme pubic grooming 'may not cause sexually transmitted infections'](#)

5 Sep 2019

Source: BBC News: <https://www.bbc.co.uk/news>

Women who regularly remove all their pubic hair - known as "extreme" personal grooming - are not at greater risk of chlamydia or gonorrhoea, a study of female students suggests.

Smoking

[Trump plans ban on sale of flavoured e-cigarettes](#)

11 Sep 2019

Source: BBC News: <https://www.bbc.co.uk/news>

US Health Secretary Alex Azar said the Food and Drug Administration (FDA) would finalise a plan to take all non-tobacco flavours off the market. There have been six deaths and 450 reported cases of lung illness tied to vaping across 33 states. Many of the 450 reported cases are young people, with an average age of 19.

[Statistics on NHS Stop Smoking Services in England April 2018 to March 2019](#)

3 Sep 2019

Source: NHS Digital: <https://digital.nhs.uk>

This annual report presents results from the monitoring of the NHS Stop Smoking Services in England during the period April 2018 to March 2019.

Social & economic issues

[Disabled, elderly and ill Gypsies and Travellers forgotten in site provision](#)

13 Sep 2019 *Source:* Equality and Human Rights Commission: <https://www.equalityhumanrights.com>

Gypsies and Travellers who have stopped travelling due to old age, ill-health, educational needs or being disabled are being forgotten in planning authorities' site allocation processes following changes to policy definitions.

[New analysis shows one third fall in number of vulnerable people sleeping rough linked to government initiative](#)

12 Sep 2019 *Source:* UK Government: <https://www.gov.uk>

The government's Rough Sleeping Initiative is having a significant impact on reducing the numbers of vulnerable people sleeping rough on the country's streets.

Statistics

[Health profile for England: 2019](#)

11 Sep 2019 *Source:* Public Health England: <https://www.gov.uk>

The third annual profile combining data and knowledge with information from other sources to give a broad picture of the health of people in England in 2019.

[FSA publishes latest annual report on local authority food law enforcement](#)

3 Sep 2019 *Source:* Food Standards Agency: <https://www.food.gov.uk>

The information, provided by local authorities and compiled by the FSA, gives a detailed breakdown of enforcement activities carried out across the three countries.

See also **Mental health** section

See also **Smoking** section

Women's health

[Vaginismus: 'My body won't let me have sex'](#)

13 Sep 2019 *Source:* BBC News: <https://www.bbc.co.uk/news>

Vaginismus is a sexual pain disorder where women experience an involuntary tightening of muscles around the vagina whenever penetration is attempted. Few know about it, even though a 2017 study found that nearly one in 10 British women find sex painful.

[Heavy menstrual bleeding: Keyhole hysterectomy technique 'more effective'](#)

13 Sep 2019 *Source:* BBC News: <https://www.bbc.co.uk/news>

A keyhole-surgery technique for treating heavy menstrual bleeding is more effective and just as safe as a non-invasive alternative, a study of more than 600 UK women suggests.

[Vaginal fluid transplants may soon be available in US](#)

11 Sep 2019 *Source:* BBC News: <https://www.bbc.co.uk/news>

US doctors are hoping to start offering women vaginal fluid transplants and have set up a programme to screen potential donors. They believe some women could benefit from a dose of healthy vaginal microbes to protect against an infection called bacterial vaginosis (BV).

[Stress in pregnancy 'makes child personality disorder more likely'](#)

6 Sep 2019

Source: BBC News: <https://www.bbc.co.uk/news>

The children of women who experience severe stress when pregnant are nearly 10 times more likely to develop a personality disorder by the age of 30, a study suggests.

[Six-week check for new mothers must be funded, says RCGP](#)

5 Sep 2019

Source: Royal College of General Practitioners: <https://www.rcgp.org.uk>

"Checks for new mothers need to be funded and promoted in the same way that checks for newborns are so that GPs can spend the time they feel they need to with both the baby and its mother."

See also **Screening** section

Workplace health

[TUC campaign to protect terminally ill workers takes to the road](#)

12 Sep 2019

Source: TUC: <https://www.tuc.org.uk>

The Dying to Work campaign is seeking greater security for terminally ill workers to ensure they cannot be dismissed as a result of their condition.

Local news: []

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Other Bulletins

Super Six Bulletin

This is a weekly Bulletin that details original articles in the BMJ, JAMA, New England Journal of Medicine and The Lancet, Annals of Internal Medicine and Annals of Emergency Medicine

<http://cash.libraryservices.nhs.uk/subject-a-z/m/medicine/major-research/>

Daily Health News

The Daily Health Bulletin is produced by the Knowledge Service from the EMBED Health Consortium

<http://cash.libraryservices.nhs.uk/subject-a-z/d/daily-health-news/>

Healthcare Public Health

Monthly bulletin containing news and information about key public health issues including health service commissioning, updates from Public Health England, local authorities, Faculty of Public Health and others agencies, resources and good practice.

<http://www.healthcarepublichealth.net/newsletters.php>

PHE Bulletin (Public Health England)

The PHE Bulletin is issued monthly and contains public health news and information.

<https://www.gov.uk/government/collections/phe-bulletin>

Public Health and Social Care Bulletin

This is published weekly and created by Kent & Medway Public Health Observatory. It provides an update on what is new in public health and social care, both nationally and locally.

<http://www.kpho.org.uk/library-services/keeping-up-to-date/e-bulletin-archive>



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