

Public Health Bulletin. 9th July 2019

Produced by NHS libraries in Thames Valley and Wessex

Please find below a list of news items from the past fortnight that may be of interest to those involved in public health. This Bulletin provides topical news and reports of relevance to public health teams, community health practitioners and anyone with an interest in health promotion. All content and links are provided for information only and we do not sponsor, endorse or otherwise approve of any mentioned website or the contents of the news items. Please refer to the terms and conditions of the relevant website should you wish to reproduce any of the information.

Details of alternative current awareness services which cover more academic/specialist sources of information can be found in the section *Other Bulletins*. Your local NHS library service can assist you in accessing other current awareness services/tailored alerts, locating peer reviewed journal articles and answer any other queries you may have regarding finding information.

The information about each news item only gives a brief overview so we recommend you view the original source by clicking on the title (or Ctrl+Click in the word document).

Please contact your local NHS library service if you no longer wish to receive this Bulletin, or if you know of anyone else who would like to join the mailing list. The Bulletins are also available on the Thames Valley Public Health Network at: <http://www.oxsph.org/bulletins.html> and the Wessex Public Health Network at: <http://www.wessexphnetwork.org.uk/resources/public-health-updates.aspx>

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Alcohol misuse

[Why the secrecy? Bringing transparency to alcohol labelling](#)

July 2019 *Source:* Alcohol Change UK: <https://alcoholchange.org.uk>
It's time for accurate, transparent alcohol labelling; read this helpful summary of the subject, as well as an update on the 25 June 2019 meeting hosted by the All-Party Parliamentary Group on Alcohol Harm.

[1 in 5 hospital patients have alcohol-related problems](#)

04 Jul 2019 *Source:* NHS website: <https://www.nhs.uk/news>
Various media sources report on the worrying extent of the alcohol problem in the UK, with the BBC and the Sun reporting that 1 in 5 people in hospital beds are heavy drinkers.

[Minimum alcohol pricing cost Scottish drinkers millions of pounds since introduction](#)

26 Jun 2019 *Source:* Institute of Economic Affairs: <https://iea.org.uk>
Responding to new figures showing a rise in alcohol-related deaths in Scotland last year, Christopher Snowdon, Head of Lifestyle Economics at the Institute of Economic Affairs, said: "When figures showed a small decline in alcohol consumption last week, some rushed to the conclusion that this was due to minimum alcohol pricing."

Children and young people

[LGA responds to Action for Children 150th anniversary report](#)

09 Jul 2019 *Source:* Local Government Association: <https://www.local.gov.uk>
"Councils have worked hard to protect vulnerable children and families from the full scale of cuts, but children's services face a £3.1 billion funding gap by 2025 just to stand still and public health services, which also help children get the best start in life, have seen cuts of £700 million."

[Physical activity helps children to deal with life's challenges](#)

04 Jul 2019 *Source:* Public Health England:
<https://www.gov.uk/government/organisations/public-health-england>
Public Health England, Disney UK and Sport England launch new Change4Life campaign to inspire children to get more active.

[LGA responds to Children's Commissioner's vulnerability report](#)

04 Jul 2019 *Source:* Local Government Association: <https://www.local.gov.uk>
"Early intervention services such as children's centres and family support services play a crucial role in supporting children and helping to prevent problems becoming more serious later on."

[LGA responds to Ofsted report on children's social care](#)

03 Jul 2019 *Source:* Local Government Association: <https://www.local.gov.uk>
"Councils have pulled out all the stops to protect children's budgets but are now being forced to cut funding for vital services such as early intervention support, leaving some children having to reach crisis point before they get help."

Asthma attacks triple when children return to school in September

03 Jul 2019

Source: NHS website: <https://www.nhs.uk/news>

"Child asthma cases can triple at the start of the school year as returning to the classroom exposes pupils to coughs and colds," reports the Mail Online.

Teenage pregnancy rate at 25-year low

02 Jul 2019

Source: Scottish Government: <https://www.gov.scot/>

Teenage pregnancies in Scotland are at the lowest level since 1994, according to the latest statistics.

Take steps to keep symptoms under control and help prevent 'back to school asthma', says RCGP

01 Jul 2019

Source: Royal College of General Practitioners:

<https://www.rcgp.org.uk>

The RCGP has responded to findings published in the BMJ linking 'back to school asthma' with an increase in health service appointments.

Councils seeing more than 560 child mental health cases every day

01 Jul 2019

Source: Local Government Association: <https://www.local.gov.uk>

Social services are seeing more than 560 cases of children with mental health disorders every day – an increase of more than 50 per cent in just four years, the LGA reveals today.

Promoting healthy eating to children can have huge benefits for later life says College

01 Jul 2019

Source: Royal College of General Practitioners:

<https://www.rcgp.org.uk>

Professor Helen Stokes-Lampard, Chair of the Royal College of GPs, has responded to a pledge from Labour to ensure children have more access to fresh fruit and vegetables.

Baby food industry needs better products and clearer labelling

27 Jun 2019

Source: Public Health England:

<https://www.gov.uk/government/organisations/public-health-england>

Public Health England (PHE) publishes an evidence review of commercially available baby foods and drinks aimed at children up to 36 months.

'I was suspected of causing my child's illness'

27 Jun 2019

Source: BBC News: <https://www.bbc.co.uk/>

Taliah Drayak's world was "turned inside out" when she was suspected of causing her daughter's illness.

LGA responds to RCPCH report on child health

26 Jun 2019

Source: Local Government Association: <https://www.local.gov.uk>

Cllr Ian Hudspeth, Chairman of the LGA's Community Wellbeing Board, responds to a Royal College of Paediatrics and Child Health report calling for tougher food regulations to improve child oral and physical health.

Tackling childhood obesity: £1.5 million funding for local projects

25 Jun 2019

Source: Department of Health & Social Care:

<https://www.gov.uk/government/organisations/department-of-health-and-social-care>

Five local councils with forward-thinking ideas to address childhood obesity will receive funding.

"Positive step for LGBT inclusion" as RSHE guidance published

25 Jun 2019

Source: Department for Education:

<https://www.gov.uk/government/organisations/department-for-education>

Stonewall and NAHT welcome guidance to help ensure children have the knowledge they need to grow up healthy, happy and safe.

See also **Mental Health** section

Chronic conditions

'Amazing' gene-silencing drugs reach NHS

09 Jul 2019

Source: BBC News: <https://www.bbc.co.uk/>

A new form of medicine called "gene-silencing" has been approved for use by the NHS in England. The drugs will be used to reverse a disease called amyloidosis, which causes nerve and organ damage.

'Rewiring nerves' reverses hand and arm paralysis

05 Jul 2019

Source: BBC News: <https://www.bbc.co.uk/>

Nerves inside paralysed people's bodies have been "rewired" to give movement to their arms and hands, say Australian surgeons.

Device for preventing and relieving pain of cluster headaches approved by NICE in draft guidance

05 Jul 2019

Source: NICE: <https://www.nice.org.uk>

A handheld device that delivers a small electric current has been recommended by NICE for the prevention and treatment of cluster headaches, a rare but painful type of headache that affects around 100,000 people in the UK.

Life-extending lung cancer treatment recommended for use on the NHS

05 Jul 2019

Source: NICE: <https://www.nice.org.uk>

Dacomitinib has been recommended as a first-line treatment option for people with a type of non-small-cell lung cancer (NSCLC), in new NICE guidance.

Bladder cancer 'attacked and killed by common cold virus'

05 Jul 2019

Source: BBC News: <https://www.bbc.co.uk/>

A strain of the common cold virus can infect and kill bladder cancer cells, a small study suggests.

Early cancer detection and survival to be prioritised by NHS

01 Jul 2019

Source: Department of Health & Social Care:

<https://www.gov.uk/government/organisations/department-of-health-and-social-care>

Screening programmes will be overhauled and diagnosis made faster and more accurate with new state-of-the-art technology as part of a blueprint for rapidly improving cancer detection and survival announced by Matt Hancock.

Communicable diseases

[Fear and mistrust stalk battle to halt spread of Ebola](#)

09 Jul 2019

Source: BBC News: <https://www.bbc.co.uk/>

There can be few greater challenges than tackling a lethal epidemic. But imagine trying to do so in a conflict zone ravaged by extreme poverty, insecurity and poor communications amid a population where health workers are feared and distrusted.

[Malaria in the UK: annual report](#)

05 Jul 2019

Source: Public Health England:

<https://www.gov.uk/government/organisations/public-health-england>

The 2018 annual report presenting data on malaria imported into the UK has been published.

[Essex strep A outbreak death toll rises to 13](#)

03 Jul 2019

Source: BBC News: <https://www.bbc.co.uk/>

Thirteen people have now died in an outbreak of Group A streptococcal infection, health bosses said.

[RSPH calls for clean-up of public attitudes to hygiene](#)

25 Jun 2019

Source: Royal Society for Public Health: <https://www.rsph.org.uk>

RSPH have published *Too Clean or Not Too Clean?*, a new report calling for an end to the myth that some people are being too hygienic for their own good. The report follows a national survey looking at public understanding and practice of hygiene, revealing that while the broad value of hygiene is understood, there are key misconceptions and gaps in understanding that could be increasing the risk of spread of infections.

Diet & nutrition

See **Children and young people** section

See **Mental health** section

Disability

[Blind man's legal fight over hospital small print letters](#)

08 Jul 2019

Source: BBC News: <https://www.bbc.co.uk/>

A registered blind man is taking a hospital trust to court because its eye department keeps sending him letters he cannot read.

[Vision loss: 'I couldn't see as I walked down the aisle'](#)

02 Jul 2019

Source: BBC News: <https://www.bbc.co.uk/>

Charities claim a shortage of rehabilitation officers in Wales is putting people's safety at risk.

[Councils need to check how they help people with hidden disabilities](#)

28 Jun 2019

Source: Local Government & Social Care Ombudsman:

<https://www.lgo.org.uk>

Councils are being urged to check their procedures to avoid disadvantaging people with 'hidden disabilities' following the publication of three separate investigation reports into London councils by the Local Government and Social Care Ombudsman.

PM launches new drive to tackle barriers faced by disabled people

25 Jun 2019

Source: UK Government: <https://www.gov.uk/>

Injustices faced by disabled people in the workplace, at home and in the community will be tackled head-on through a new package of measures ordered by the Prime Minister.

Drug Misuse

New plan to tackle substance misuse in Wales launched

01 Jul 2019

Source: Welsh Government: <https://gov.wales/>

Tackling substance misuse amongst the homeless and prisoners and dealing with mental health issues associated with addiction are some of the aims of a new Welsh Government plan published for consultation today.

Environmental health

Pollution 'cuts Birmingham children's life expectancy'

09 Jul 2019

Source: BBC News: <https://www.bbc.co.uk/>

Children who live in Birmingham could have their lives cut short by up to seven months due to the levels of air pollution, a study has found.

NHS' top nurse urges public to enjoy sun safely this weekend

28 Jun 2019

Source: NHS England: <https://www.england.nhs.uk>

England's most senior nurse has today urged the public to look out for vulnerable relatives and neighbours when temperatures soar this weekend, revealing that thousands end up in hospital each year due to heat and allergies.

Keep homes well ventilated when cooking and cleaning to prevent ill health

28 Jun 2019

Source: NICE: <https://www.nice.org.uk>

Recommendations in [new draft guidance](#) published today provide advice on ways to reduce exposure to indoor air pollution in everyday life as well as measures local councils, landlords, architects and builders can take.

Health protection

HPV vaccine could prevent over 100,000 cancers

09 Jul 2019

Source: Public Health England:

<https://www.gov.uk/government/organisations/public-health-england>

Estimates suggest that the HPV vaccine programme could prevent over 64,000 cervical cancers and nearly 50,000 non-cervical cancers by 2058.

RCGP welcomes roll-out of HPV vaccine to year-8 boys from September

09 Jul 2019

Source: Royal College of General Practitioners:

<https://www.rcgp.org.uk>

The RCGP has welcomed an announcement that the HPV vaccine will now be given to year-8 boys in further efforts to protect against the virus.

Contaminated blood inquiry: Scots victims to give evidence

02 Jul 2019

Source: BBC News: <https://www.bbc.co.uk/>

The stories of Scots who contracted HIV and hepatitis from contaminated blood products will be heard as an inquiry into the scandal moves to Edinburgh.

Infected Blood Inquiry: information for GPs and patients

01 Jul 2019

Source: Public Health England:

<https://www.gov.uk/government/organisations/public-health-england>

The Infected Blood Inquiry (IBI) is a public inquiry which will examine the circumstances in which patients treated by the NHS in the 1970s and 1980s received infected blood and/or blood products; the impact on their families; how the authorities (including government) responded; and the care and support provided to those infected and affected (such as their families, loved ones and carers). These documents provide further information about the inquiry to GPs and their patients.

HPV universal vaccination: guidance for health professionals

28 Jun 2019

Source: Public Health England:

<https://www.gov.uk/government/organisations/public-health-england>

This guidance provides information for healthcare practitioners about HPV universal programme eligibility, scheduling and vaccine administration for the adolescent programme.

Success of HPV vaccine could lead to end of cervical cancer

27 Jun 2019

Source: NHS website: <https://www.nhs.uk/news>

"HPV vaccine programme in schools 'could wipe out cervical cancer for good'," reports the Mail Online.

Health services administration

UK plans £3m no-deal medicine transport

07 Jul 2019

Source: BBC News: <https://www.bbc.co.uk/>

The Department of Health and Social Care plans to spend £3m on no-deal Brexit measures to transport medication. It wants to hire an "express freight service" to transport medicines, blood and transplant tissue.

Act now on social care crisis, Lords report tells Government

04 Jul 2019

Source: UK Parliament: <https://www.parliament.uk>

The Economic Affairs Committee publishes its report *Social care funding: time to end a national scandal* today. The report recommends that the Government immediately spends £8 billion to restore social care to acceptable standards and then introduces free personal care over a period of 5 years.

Judge rules doctors can treat diabetic who wants to die

04 Jul 2019

Source: BBC News: <https://www.bbc.co.uk/>

A High Court judge has given doctors permission to administer insulin to a diabetic teenager who was refusing treatment because she wants to die.

LGA: health and wellbeing boards are achieving their goal

03 Jul 2019

Source: Local Government Association: <https://www.local.gov.uk>

The report, based on 22 effective HWBs across the country, shows the boards are driving health and social care integration and making sure that prevention is at the heart of this - helping to keep people well in the first place, rather than managing ill health better.

Councils set Government ten-week deadline to publish much-delayed social care green paper

03 Jul 2019

Source: Local Government Association: <https://www.local.gov.uk>

The new Prime Minister must publish the long-awaited adult social care green paper before Parliament goes into recess in September for the sake of the millions of older and disabled people who rely on vital care and support, council leaders demand today.

Medical cannabis 'expectations unfairly raised

03 Jul 2019

Source: BBC News: <https://www.bbc.co.uk/>

Families' hopes were unfairly raised when doctors were allowed to prescribe cannabis, a report has concluded. The public had expected ready access to prescriptions after the law changed in November but that had not and will not happen any time soon, MPs said.

One in three councils fear funding for legal duties will run out within three years

02 Jul 2019

Source: Local Government Association: <https://www.local.gov.uk>

A third of councils fear they will run out of funding to provide their statutory services – such as adult social care, protecting children and preventing homelessness – by the end of this Parliament.

MPs 'staggered' by NHS fines 'complacency'

02 Jul 2019

Source: BBC News: <https://www.bbc.co.uk/>

MPs on the public spending watchdog committee attacked the "breathtaking complacency" of a system of healthcare fines in England in which 1.7 million penalties were overturned as incorrect.

New ways of working to free up doctors as part of the NHS Long Term Plan

01 July 2019

Source: NHS England: <https://www.england.nhs.uk>

Patients are set to get longer appointments with their family doctor thanks to new ways of working which start today. Practices large and small will work to support each other and deliver a wider range of specialist care services for patients from a range of skilled health professionals.

Primary Care Networks have undeniable benefits, but there is no 'one size fits all' approach to solving GP pressures, says College

01 Jul 2019

Source: Royal College of General Practitioners:

<https://www.rcgp.org.uk>

Professor Helen Stokes-Lampard, Chair of the Royal College of GPs, has responded to the launch of Primary Care Networks (PCNs) in England.

Prescription drugs 'contributed to Theresa Feehan's death'

28 Jun 2019

Source: BBC News: <https://www.bbc.co.uk/>

A mum of seven died with toxic levels of prescription drugs in her body after visiting a surgery that had out of date records missing patient conditions.

[Are you happy to share your health data to benefit others?](#)

28 Jun 2019 Source: BBC News: <https://www.bbc.co.uk/>

From automated eye scans to analysing the cries of new-born babies, faster drug development to personalised medicine, artificial intelligence (AI) promises huge advances in the field of healthcare. But major challenges remain.

[Medicines and medical products supply: government updates no-deal Brexit plans](#)

26 Jun 2019 Source: Department of Health & Social Care:

<https://www.gov.uk/government/organisations/department-of-health-and-social-care>

The government has announced plans to launch procurement exercises to secure freight capacity if the UK leaves the EU with no deal.

HIV & AIDS

[Antiretroviral treatment can reduce the risk of HIV transmission between male partners to 'zero'](#)

27 Jun 2019 Source: National Institute for Health Research:

<https://www.nihr.ac.uk/>

The risk of transmission of HIV between gay couples when the HIV-positive partner is taking antiretroviral treatment that successfully suppresses the viral load is 'effectively zero.'

Mental health

[LGA responds to Alzheimer's Society report on dementia care costs](#)

08 Jul 2019 Source: Local Government Association: <https://www.local.gov.uk>

"With adult social care facing a £3.6 billion funding gap by 2025, councils are having to make incredibly difficult decisions within tightening budgets and cannot be expected to continue relying on one-off funding injections to keep services going."

['I used to scream: For God's sake, just eat!'](#)

08 Jul 2019 Source: BBC News: <https://www.bbc.co.uk/>

Guidelines to make sure families of people with eating disorders get better support have been launched by a charity. One family tells the Victoria Derbyshire programme how they struggled to get help after their daughter's diagnosis.

[Making the right choices: using data-driven technology to transform mental healthcare](#)

08 Jul 2019 Source: Reform: <https://reform.uk>

This report examines the current landscape of data-driven technologies and their applications in mental healthcare, highlighting areas where these tools offer the most potential for the NHS and its patients.

[Next Prime Minister can't turn back on mental health](#)

08 Jul 2019 Source: Mental Health Foundation: <https://www.mentalhealth.org.uk>

The next Prime Minister must not let down a generation by stepping back on mental health commitments, six national mental health charities will warn tomorrow as they launch a new manifesto aimed at the new Tory leader.

[Calorie counting apps 'can exacerbate eating disorders'](#)

04 Jul 2019 Source: BBC News: <https://www.bbc.co.uk/>

Calorie counting app creators have been criticised for allowing the platforms to be misused by people with eating disorders.

[LGA responds to Healthwatch England report on dementia care](#)

01 Jul 2019 Source: Local Government Association: <https://www.local.gov.uk>

"Councils are committed to the underlying ambition of the Care Act to improve the lives and wellbeing of people with dementia and their families, to ensure their care is personalised and fits around the way they want to live their lives."

[Are you burning out?](#)

28 Jun 2019 Source: BBC News: <https://www.bbc.co.uk/>

Are you exhausted all the time, feeling cynical towards your work responsibilities and find the demands of your job overwhelming? You could be suffering from burnout - and you might be the last person to know it.

[People with dementia should be offered activities that can help promote wellbeing](#)

28 Jun 2019 Source: NICE: <https://www.nice.org.uk>

People living with dementia should be offered activities such as exercise, aromatherapy, art, gardening, baking, reminiscence therapy, music therapy, mindfulness and animal assisted therapy to help promote their wellbeing.

[Statement in response to new Scottish suicide figures released today](#)

26 Jun 2019 Source: Mental Health Foundation: <https://www.mentalhealth.org.uk>

In response to the [new suicide figures for Scotland released](#) today, Director of Mental Health Foundation Scotland Lee Knifton said: "It's very concerning to see that the suicide figures for Scotland have increased again, with 784 people taking their lives in 2018."

[CQC finds Mental Health Act Code of Practice not being used as intended](#)

25 Jun 2019 Source: Care Quality Commission: <https://www.cqc.org.uk>

The Mental Health Act (MHA) Code of Practice is not being used as it was intended due to a lack of awareness and understanding of the statutory guidance amongst providers and staff.

See also **Children and young people** section

See also **Older people** section

Obesity

[Obesity 'causes more cases of some cancers than smoking'](#)

03 Jul 2019 Source: BBC News: <https://www.bbc.co.uk/>

Obesity now causes more cases of four common cancers in the UK than smoking, according to a charity. Cancer Research UK says bowel, kidney, ovarian and liver cancers are more likely to have been caused by being overweight than by smoking tobacco.

See also **Children and young people** section

Older people

See **Mental health** section

Physical activity

See **Children and young people** section

Safety

[HSE releases annual workplace fatality figures](#)

03 Jul 2019 *Source:* Health & Safety Executive: <https://www.hse.gov.uk/>
The Health and Safety Executive (HSE) has today released [its annual figures for work-related fatal injuries for 2018/19](#) as well as the number of people known to have died from the asbestos-related cancer, [mesothelioma](#), in 2017.

[Watchdog wants councils to get behind commitment to H&S](#)

26 Jun 2019 *Source:* Health & Safety Executive: <https://www.hse.gov.uk/>
Britain's workplace health and safety regulator is urging local authorities (LAs) across the country to make a statement of commitment to work with others to improve health and safety standards in the sectors they regulate.

[Update on investigation into food supply chain linked to listeria](#)

26 Jun 2019 *Source:* Food Standards Agency: <https://www.food.gov.uk>
Investigation continuing into foods linked to listeria infections in hospitals.

[Household antibacterial chemical linked to weakened bones](#)

26 Jun 2019 *Source:* NHS website: <https://www.nhs.uk/news>
"Chemical found in soap and toothpaste linked to osteoporosis in women," reports The Daily Telegraph.

[Hazardous homes - hundreds of thousands of private renters living in unsafe properties](#)

26 Jun 2019 *Source:* Citizens Advice: <https://www.citizensadvice.org.uk>
Weak regulation of private renting is leaving hundreds of thousands of tenants living in hazardous homes in England, research by Citizens Advice has revealed.

[FSA welcomes new allergen labelling law](#)

25 Jun 2019 *Source:* Food Standards Agency: <https://www.food.gov.uk>
The Food Standards Agency Chair Heather Hancock has welcomed the announcement of a new allergen labelling law to help further protect the UK's two million people living with food allergy, made today by Environment Secretary Michael Gove.

See also **Statistics** section

Screening

[Group B Strep: NI parties call for mothers-to-be screening](#)

02 Jul 2019

Source: BBC News: <https://www.bbc.co.uk/>

Northern Ireland's politicians have jointly called for Group B Strep screening for all pregnant women.

[Lesbian women cervical screening myth is 'dangerous'](#)

29 Jun 2019

Source: BBC News: <https://www.bbc.co.uk/>

The "dangerous myth" that gay and bisexual women cannot get cervical cancer means thousands could be missing out on screening, NHS England says.

See also **Chronic conditions** section

See also **Women's health** section

Smoking

[England's top midwife warns 'tens of thousands' still smoking during pregnancy](#)

02 July 2019

Source: NHS England: <https://www.england.nhs.uk>

The NHS' chief midwife has spoken out as [new stats released today](#) show that although fewer adults overall are smoking, and maternity smoking specifically has fallen from 92,123 women ten years ago, last year more than 61,399 mums-to-be – more than one in ten of all pregnant women – were still smoking at the time they gave birth.

[Smoking 'damages eyes as well as lungs'](#)

02 Jul 2019

Source: BBC News: <https://www.bbc.co.uk/>

Millions of people in the UK are putting their sight at risk by continuing to smoke, warn specialists. Despite the clear connection, only one in five people recognise that smoking can lead to blindness, [a poll for the Association of Optometrists \(AOP\) finds.](#)

[Statistics on Smoking, England - 2019](#)

02 Jul 2019

Source: NHS Digital: <https://digital.nhs.uk>

The report aims to present a broad picture of health issues relating to smoking in England and covers topics such as smoking prevalence, habits, behaviours and attitudes among adults and school children, smoking-related ill health and mortality and smoking-related costs.

[Local tobacco control profiles for England: July 2019 update](#)

02 Jul 2019

Source: Public Health England:

<https://www.gov.uk/government/organisations/public-health-england>

An overview of the extent of tobacco use, tobacco related harm and the measures being taken to reduce this harm at a local level in England.

[Using both nicotine patches and gum together improves the chances of quitting smoking](#)

01 Jul 2019

Source: National Institute for Health Research:

<https://www.nihr.ac.uk/>

Using a nicotine patch together with a fast-acting type of nicotine replacement therapy (NRT) such as gum or lozenges improves smoking cessation rates compared to using only a single type of NRT. Higher-dose nicotine patches are also more effective than lower dose ones, this NIHR-funded review suggests.

Social & economic issues

Families facing steep costs to get through the summer holidays

03 Jul 2019

Source: Joseph Rowntree Foundation: <https://www.irf.org.uk>

Children are facing the prospect of being swept into poverty during the summer holidays as their parents try to juggle rising costs, especially for childcare, according to new research commissioned by the Joseph Rowntree Foundation and carried out by Loughborough University.

Statistics

See **Safety** section

See **Smoking** section

Women's health

Get A Drip 'fertility' IV that costs £250 withdrawn from sale

02 Jul 2019

Source: BBC News: <https://www.bbc.co.uk/>

A wellness company has withdrawn a £250 IV "fertility drip" after experts said it could "exploit vulnerable women".

'I don't regret my two abortions'

02 Jul 2019

Source: BBC News: <https://www.bbc.co.uk/>

UK attitudes towards abortion are becoming more liberal, a poll suggests.

Does more leg fat protect women against heart attack and stroke?

02 Jul 2019

Source: NHS website: <https://www.nhs.uk/news>

"Leg fat 'better than belly fat' for older women," reports BBC News. Researchers looked at the body composition of 2,683 women in the US who were a healthy weight and had been through the menopause.

Smear tests: Actress writes play based on own experiences

28 Jun 2019

Source: BBC News: <https://www.bbc.co.uk/>

"The last six months have been lonely, scary and uncomfortable, but I'd do it all again if I didn't have to tell my mum and dad that I had cancer". That's how Gabrielle MacPherson feels after doctors found pre-cancerous cells in her cervix.

See also **Children and young people** section

See also **Screening** section

See also **Smoking** section

Workplace health

Experts to drive "real change" in support of teachers' wellbeing

05 Jul 2019

Source: Department for Education:

<https://www.gov.uk/government/organisations/department-for-education>

Health and wellbeing experts to provide more support for school and college staff to deal with pressures of the job.

See **Safety** section

Local news: []

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Other Bulletins
<p>Super Six Bulletin This is a weekly Bulletin that details original articles in the BMJ, JAMA, New England Journal of Medicine and The Lancet, Annals of Internal Medicine and Annals of Emergency Medicine http://cash.libraryservices.nhs.uk/subject-a-z/m/medicine/major-research/</p>
<p>Daily Health News The Daily Health Bulletin is produced by the Knowledge Service from the EMBED Health Consortium http://cash.libraryservices.nhs.uk/subject-a-z/d/daily-health-news/</p>
<p>Healthcare Public Health Monthly bulletin containing news and information about key public health issues including health service commissioning, updates from Public Health England, local authorities, Faculty of Public Health and others agencies, resources and good practice. http://www.healthcarepublichealth.net/newsletters.php</p>
<p>PHE Bulletin (Public Health England) The PHE Bulletin is issued monthly and contains public health news and information. https://www.gov.uk/government/collections/phe-bulletin</p>
<p>Public Health and Social Care Bulletin This is published weekly and created by Kent & Medway Public Health Observatory. It provides an update on what is new in public health and social care, both nationally and locally. http://www.kpho.org.uk/library-services/keeping-up-to-date/e-bulletin-archive</p>



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