

## Public Health Bulletin. 18<sup>th</sup> September 2018

Produced by NHS libraries in Thames Valley and Wessex

Please find below a list of news items from the past fortnight that may be of interest to those involved in public health. This Bulletin provides topical news and reports of relevance to public health teams, community health practitioners and anyone with an interest in health promotion. All content and links are provided for information only and we do not sponsor, endorse or otherwise approve of any mentioned website or the contents of the news items. Please refer to the terms and conditions of the relevant website should you wish to reproduce any of the information.

Details of alternative current awareness services which cover more academic/specialist sources of information can be found in the section *Other Bulletins*. Your local NHS library service can assist you in accessing other current awareness services/tailored alerts, locating peer reviewed journal articles and answer any other queries you may have regarding finding information.

The information about each news item only gives a brief overview so we recommend you view the original source by clicking on the title (or Ctrl+Click in the word document).

Please contact your local NHS library service if you no longer wish to receive this Bulletin, or if you know of anyone else who would like to join the mailing list. The Bulletins are also available on the Thames Valley Public Health Network at: <http://www.oxsph.org/bulletins.html> and the Wessex Public Health Network at: <http://www.wessexphnetwork.org.uk/resources/public-health-updates.aspx>

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## Alcohol misuse

### Experts attack health agency's ties to drink industry

13 September 2018

Source: BBC News: <https://www.bbc.co.uk/news>

Dozens of public health experts have told Public Health England (PHE) they oppose its decision to work with a charity [Drinkaware] funded by the alcohol industry.

### Pay 3p more for a beer, save lives: the Alcohol Treatment Levy

11 September 2018

Source: Alcohol Concern: <https://www.alcoholconcern.org.uk/>

Increasing alcohol duties by 1% would raise around £100 million each year which, invested in alcohol treatment, could save the NHS and other public services around £300 million annually.

### Public Health England and Drinkaware launch Drink Free Days

10 September 2018

Source: Public Health England:

<https://www.gov.uk/government/organisations/public-health-england>

The campaign will be encouraging middle-aged drinkers to use the tactic of taking more days off from drinking as a way of reducing their health risks from alcohol.

## Children and young people

### Foundation responds to Audit Scotland report on youth mental health services

13 September 2018

Source: Mental Health Foundation:

<https://www.mentalhealth.org.uk/>

Responding to [Audit Scotland's report](#) on children and young people's mental health services, Toni Giugliano, Policy Manager at the Mental Health Foundation Scotland said: "It's clear that the current system is failing to meet the needs of too many children and young people."

### New research reveals challenges facing young people with food allergies and intolerances

11 September 2018

Source: Food Standards Agency: <https://www.food.gov.uk/>

Survey shows over half of young people with a food allergy or intolerance have avoided eating out in the last six months due to their condition.

### 'Black hole' in youth mental health support

11 September 2018

Source: BBC News: <https://www.bbc.co.uk/news>

Three out of four parents say their children's mental health deteriorated while waiting for NHS support, according to a report by charity YoungMinds.

### Rates of deliberate overdoses rising in young people

11 September 2018

Source: NHS Website: <https://www.nhs.uk/news/>

"Sharp rise in young people overdosing on painkillers and antidepressants," reports The Guardian, describing a UK study that looked at rates of "poisoning events" in recent years.

### Work begins on step change in emotional and mental health support in schools

7 September 2018

Source: Welsh Government: <https://gov.wales/>

A new focus on a 'whole school' approach to mental health and wellbeing for children and young people has been announced by the Welsh Government to support the wider and ongoing reform of mental health support.

### **Deal for NHS to offer exciting new child cancer therapy**

5 September 2018

Source: BBC News: <https://www.bbc.co.uk/news>

A deal has been struck to let the NHS offer children an expensive new cancer therapy that has been called the most exciting treatment advance for decades.

See also **Diet & nutrition** section

See also **Social & economic issues** section

## **Chronic conditions**

### **Kidney donor explains decision to give to a stranger**

9 September 2018

Source: BBC News: <https://www.bbc.co.uk/news>

Would you give one of your organs up to someone you don't know? That's what 28-year-old Jack Bloomfield has decided to do, by donating a kidney.

### **Lung transplant waiting list rise prompts donation plea**

8 September 2018

Source: BBC News: <https://www.bbc.co.uk/news>

The number of people waiting for a lung transplant has gone up by 46% over the past five years, according to official figures.

### **New fund aims to break down barriers to organ donation in black, Asian and other ethnic minority communities**

12 September 2018

Source: Welsh Government: <https://gov.wales/>

A new fund has been launched in Wales to help community groups dispel some of the myths around organ donation in black, Asian and ethnic minority communities.

### **'I live in constant fear of my next migraine attack'**

7 September 2018

Source: BBC News: <https://www.bbc.co.uk/news>

Two thirds of migraines sufferers live in fear of an attack occurring, a new survey reveals.

### **Statins 'may not help over-75s without diabetes'**

6 September 2018

Source: NHS Website: <https://www.nhs.uk/news/>

"Millions given statins 'just in case' are wasting their time and don't receive any benefit," reports the Mail Online.

### **People take prescribed statins more reliably after discussing their advantages and disadvantages**

11 September 2018

Source: National Institute for Health Research:

<https://www.nihr.ac.uk/>

Frank conversations about the benefits and risks for each individual with discussion addressing the patient's specific concerns, priorities and goals are an important step in facilitating statin use and adherence.

### **Text messages improve diabetes self-management and blood sugar control**

4 September 2018

Source: National Institute for Health Research:

<https://www.nihr.ac.uk/>

In adults with poorly controlled diabetes, text messages offering advice and support can improve self-management and blood sugar control.

### **'Ground-breaking' diabetes insulin drug trialled in Cardiff**

11 September 2018

Source: BBC News: <https://www.bbc.co.uk/news>

A "ground-breaking" drug that helps people with diabetes re-grow insulin-making cells has been developed.

### **NHS in London says take three small steps to improve lives #AskAboutAsthma**

3 September 2018

Source: Healthy London Partnership:

<https://www.healthylondon.org/>

Healthy London Partnership and NHS England London are launching a campaign #AskAboutAsthma to help improve the lives of those living with asthma in the capital.

### **Are crowdfunding sites promoting quack treatments for cancer?**

13 September 2018

Source: NHS Website: <https://www.nhs.uk/news/>

The Independent warns: "Crowdfunding websites could be helping to fund pseudoscience and drive patients to 'quack' alternative medicine practitioners peddling cancer cures which aren't backed up by evidence."

### **Targeted treatment for melanoma to be free on NHS**

17 September 2018

Source: BBC News: <https://www.bbc.co.uk/news>

Hundreds of patients with a type of aggressive skin cancer will be offered a targeted therapy on the NHS in England and Wales, which reduces the risk of it returning.

See also **Health services administration** section

## **Communicable diseases**

### **'My girl's meningitis was diagnosed as ear infection'**

14 September 2018

Source: BBC News: <https://www.bbc.co.uk/news>

Mrs Walkden is now backing a plea by the Meningitis Research Foundation calling for more urgency and monitoring to ensure that parents receive the right advice about potential bacterial meningitis and sepsis cases among babies and young children.

### **Rachel Day died of sepsis 10 days after diagnosis**

13 September 2018

Source: BBC News: <https://www.bbc.co.uk/news>

Rachel's family is focusing on campaigning to make people more aware of sepsis. The illness kills upwards of 44,000 people in the UK - more than bowel, breast and prostate cancer combined.

### **Sepsis survivor calls for 'life-saving' machines for Wales**

8 September 2018

Source: BBC News: <https://www.bbc.co.uk/news>

A student who almost died from sepsis says the machine that saved his life should be made available in Wales.

### **Monkeypox case in England**

8 September 2018

Source: Public Health England:

<https://www.gov.uk/government/organisations/public-health-england>

Public Health England (PHE) can confirm that a second individual has been diagnosed with monkeypox in England.

### **'Half of airport security trays' have traces of cold or flu viruses**

5 September 2018

Source: NHS Website: <https://www.nhs.uk/news/>

"Airport security trays carry more viruses than toilet surfaces," reports The Guardian.

### **Publication of survey of antimicrobial resistance in bacteria in chicken and pork**

5 September 2018

Source: Food Standards Agency: <https://www.food.gov.uk/>

The FSA have published the results of a survey commissioned to assess the amount of antimicrobial resistance (AMR) in bacteria in fresh pork mince and fresh and frozen chicken on sale in shops in the UK.

## **Diet & nutrition**

### **How can you get enough iron from your diet?**

12 September 2018

Source: BBC News: <https://www.bbc.co.uk/news>

Do you often feel tired, short of breath or can you feel your heart beating away inside your chest? Have your friends commented that you look unusually pale? If so, you may have iron-deficiency anaemia, the world's most common nutritional disorder.

### **Moderate dairy consumption may help heart health**

12 September 2018

Source: NHS Website: <https://www.nhs.uk/news/>

"Drinking three glasses of whole milk a day can help you live longer," reports the Sun.

### **Global hunger increasing, UN warns**

11 September 2018

Source: BBC News: <https://www.bbc.co.uk/news>

The number of people suffering from hunger has increased during the past three years, after years of decline, a UN report suggests.

### **Probiotics labelled 'quite useless'**

6 September 2018

Source: BBC News: <https://www.bbc.co.uk/news>

A group of scientists in Israel claim foods that are packed with good bacteria - called probiotics - are almost useless.

### **Families 'can't afford to follow healthy diet guidance'**

5 September 2018

Source: BBC News: <https://www.bbc.co.uk/news>

Up to 3.7 million UK children live in homes struggling to afford enough meat, fruit and vegetables to meet healthy eating advice, research suggests.

### **Will going vegan make you healthier?**

5 September 2018

Source: BBC News: <https://www.bbc.co.uk/news>

The vegan diet has become popular in the UK - but does it have an impact on wellbeing?

See also **Children & young people** section

## Disability

### [Consultation announced to improve learning disabilities staff training](#)

12 September 2018

Source: Department of Health and Social Care:

<https://www.gov.uk/government/organisations/department-of-health-and-social-care>

The Department of Health and Social Care will seek views on its plans to expand awareness training for health and care staff who work with people with learning disabilities.

## Drug Misuse

### [People who inject drugs: non-fatal overdose monitoring](#)

14 September 2018

Source: Public Health England:

<https://www.gov.uk/government/organisations/public-health-england>

2018 report on non-fatal overdose monitoring data collected from the unlinked anonymous monitoring survey of HIV, hepatitis B and hepatitis C in people who inject drugs.

## Emergency planning

### [Helping communities be flood resilient](#)

5 September 2018

Source: Environment Agency:

<https://www.gov.uk/government/organisations/environment-agency>

A team of flood engagement officers have worked with more than 60 schools and 700 businesses during their first year in post to help communities be more resilient to flooding in the North East.

## Environmental health

### [Demand for heatwave advice from NHS doubled this summer](#)

7 September 2018

Source: BBC News: <https://www.bbc.co.uk/news>

Demand for advice on signs of heat exhaustion and preventing heatstroke more than doubled during this summer's UK heatwave, according to NHS figures.

See also **Statistics** section

## Health promotion

### [Prevention must be the heart of the NHS long-term plan](#)

6 September 2018

Source: Public Health England:

<https://www.gov.uk/government/organisations/public-health-england>

Public Health England (PHE) say the NHS can ensure we all enjoy old age in good health by prioritising the prevention of smoking, cardiovascular disease (CVD) and obesity in the new long-term plan.

## Health protection

### [New university students urged to get meningitis vaccine](#)

15 September 2018      *Source:* Local Government Association:  
<https://www.local.gov.uk/>

First year university students should vaccinate themselves against meningitis, which could be mistaken for ‘freshers’ flu’ or a hangover, and put their lives at risk, council leaders are urging.

### [New flu vaccine available this winter for those aged 65 and over](#)

12 September 2018      *Source:* Public Health England:  
<https://www.gov.uk/government/organisations/public-health-england>

A more effective flu vaccine is available this winter for those aged 65 and over, which could prevent deaths and reduce the burden on the NHS.

## Health services administration

### [Pathologists shortage 'delaying cancer diagnosis'](#)

16 September 2018      *Source:* BBC News: <https://www.bbc.co.uk/news>

Patients are facing delays in diagnosis because of severe shortages among pathology staff, according to a report seen by the BBC.

### [Cancer waiting times 'at worst level ever' in England](#)

13 September 2018      *Source:* BBC News: <https://www.bbc.co.uk/news>

The key cancer target has been missed by a record margin in England, figures show.

### [NHS vacancies a 'national emergency'](#)

11 September 2018      *Source:* BBC News: <https://www.bbc.co.uk/news>

The shortage of NHS staff in England has started worsening again, official figures show.

### [£450k announced to help patients have their say on health services](#)

11 September 2018      *Source:* NHS England: <https://www.england.nhs.uk/>

The Building Health Partnerships programme has been awarded the money from NHS England and the National Lottery... The funding will provide tailored support for co-production to 10 areas, helping to more easily involve patients and carers in designing the services they use.

### [NHS England launches campaign urging patients to 'check before you tick' for free prescriptions](#)

10 September 2018      *Source:* NHS England: <https://www.england.nhs.uk/>

The ‘Check Before You Tick’ campaign will encourage patients to check whether they are entitled to free prescriptions before claiming them to help reduce the £256 million cost per year to the NHS when people incorrectly claim them for free.

### [National conversation with health and care staff begins](#)

5 September 2018      *Source:* Department of Health and Social Care:  
<https://www.gov.uk/government/organisations/department-of-health-and-social-care>

Millions of staff will be able to give the government their views, as the Secretary of State for Health and Social Care launches a new digital platform.

### [New guidance to help NHS patients benefit from digital technology](#)

5 September 2018

Source: Department of Health and Social Care:

<https://www.gov.uk/government/organisations/department-of-health-and-social-care>

A new code of conduct for artificial intelligence (AI) and other data-driven technologies will allow NHS patients to benefit from the latest innovations.

## **HIV & AIDS**

### [HIV prevention drug trial 'removes anxiety' around sex](#)

7 September 2018

Source: BBC News: <https://www.bbc.co.uk/news>

The trial of a HIV drug that cuts the chances of infection has been "encouraging" in Wales, according to new figures.

### [HIV drug resistance in low-income and middle-income countries](#)

4 September 2018

Source: The Lancet HIV:

<https://www.thelancet.com/journals/lanhiv/issue/current>

This review assesses contemporary data on HIV drug resistance in LMICs and their implications for the HIV response, highlighting the potential impact and resistance risks of novel ART strategies and knowledge gaps.

## **Men's health**

### [The secret shame of having no sperm](#)

10 September 2018

Source: BBC News: <https://www.bbc.co.uk/news>

There is an urgent need to tackle a decline in male fertility and address the "absurd" reliance on giving female partners expensive and invasive IVF treatments to try to overcome the man's lack of quality sperm, a leading fertility expert has said. For men, being told you are infertile can be a crushing and lonely experience.

## **Mental health**

### [Hiding my psychosis for 10 years from the age of 12](#)

18 September 2018

Source: BBC News: <https://www.bbc.co.uk/news>

Luke Watkin first experienced psychosis at 12 years old - he didn't talk about it for a decade.

### [Mental health: 50 organisations vow to win back years of patients' lost physical health](#)

13 September 2018

Source: BMJ: <https://www.bmj.com>

More than 50 organisations have committed to combating disproportionately poorer physical health in people with mental illness. The signatories of Equally Well UK's *Charter for Equal Health* say that they will work towards winning back the 17 years of life that people with long term mental health conditions lose on average

### [Psychologists explore what happens when people are forgotten by others](#)

13 September 2018

Source: Economic & Social Research Council:

<https://esrc.ukri.org/>

Being forgotten can, to a lesser extent, affect self-esteem in the same way as being ostracised or rejected.

### [Suicide reporting 'should be more sensitive'](#)

10 September 2018      Source: BBC News: <https://www.bbc.co.uk/news>  
Campaigners are calling on the media to change the way suicide is reported.

### ['Reach out' plea to prevent suicide in Wales](#)

10 September 2018      Source: BBC News: <https://www.bbc.co.uk/news>  
On World Suicide Prevention Day, one Welsh woman urges those at crisis point to reach out for help.

### [Dementia patients 'come alive' in singing classes](#)

9 September 2018      Source: BBC News: <https://www.bbc.co.uk/news>  
A 90-year-old woman "comes alive" during singing classes for dementia patients, her daughter has said. Pauline Goodger said the sessions in Wollaton, Nottingham, help her mother Alma to access memories of songs she knew in her youth.

### [UK Research and Innovation launches new Mental Health Networks](#)

6 September 2018      Source: Economic & Social Research Council:  
<https://esrc.ukri.org/>  
Eight new Mental Health Networks have been announced by UK Research and Innovation (UKRI) today, to bring researchers, charities and other organisations together to address important mental health research questions.

### [Staff taught to make rail line 'dementia friendly'](#)

7 September 2018      Source: BBC News: <https://www.bbc.co.uk/news>  
BBC Radio 5 Live has been to see the UK's first 'dementia friendly' rail line, where staff are being taught to recognise when people living with dementia are travelling.

### [NHS chief calls for Premier League clubs to tackle gambling addiction](#)

5 September 2018      Source: BBC News: <https://www.bbc.co.uk/news>  
Premier League football clubs should do more to help tackle gambling addiction, the head of NHS England has said.

See also **Children & young people** section

See also **Physical activity** section

See also **Workplace health** section

## **Obesity**

### [Public asked for views on calorie labelling when eating out](#)

14 September 2018      Source: Department of Health and Social Care:  
<https://www.gov.uk/government/organisations/department-of-health-and-social-care>  
The 12-week consultation aims to help families make healthier choices about what they eat in restaurants, cafes and takeaways.

### [Calorie count on menus plan will hit small restaurants - Treasury](#)

5 September 2018      Source: BBC News: <https://www.bbc.co.uk/news>  
Plans to force restaurants in England to put calorie counts on menus could push up prices and lead to thousands of job losses, the Treasury has warned.

See also **Diet & nutrition** section

## Older people

### Care homes are alive with the sound of music

17 September 2018      *Source:* Care Quality Commission: <https://www.cqc.org.uk/>  
Care homes across England celebrated the last night of the proms in style, with live music, performance and dance. We joined forces with Live Music Now to challenge care homes to take part in the [Live Music in Care challenge](#) to help highlight the important role that live music can play, and we were blown away with the response

### Healthy older people do not benefit from taking aspirin

17 September 2018      *Source:* NHS Website: <https://www.nhs.uk/news/>  
"Millions of healthy people who take aspirin to ward off illness in old age are unlikely to benefit from the drug, a trial has found," The Guardian reports.

### Active in older age

11 September 2018      *Source:* Scottish Government: <https://www.gov.scot/>  
Older people in care are to get the support they need to increase their activity levels and improve their quality of life.

See also **Health protection** section

See also **Mental health** section

See also **Oral health** section

## Oral health

### Commissioning better oral health for vulnerable older people

7 September 2018      *Source:* Public Health England:  
<https://www.gov.uk/government/organisations/public-health-england>  
These resources are designed to support commissioners in improving the oral health of vulnerable older people in all settings. The toolkit gives an overview of the impact of oral diseases in vulnerable older people and presents the evidence of what works to improve oral health to inform commissioning.

## Physical activity

### Can cold water swimming treat depression?

13 September 2018      *Source:* BBC News: <https://www.bbc.co.uk/news>  
Like many other people who swim in cold water regularly, I love it, but I also believe it has mental health benefits. And the first case report on cold water swimming published in [British Medical Journal Case Reports](#) shows that it may be an effective treatment for depression.

### Lack of exercise puts one in four people at risk, WHO says

5 September 2018      *Source:* BBC News: <https://www.bbc.co.uk/news>  
Very little progress has been made in reducing levels of inactivity worldwide, experts have warned.

See also **Older people** section

## Safety

### Amesbury nerve agent incident: statement from Chief Medical Officer

5 September 2018

Source: UK Government: <https://www.gov.uk/>

Professor Dame Sally Davies has made a statement about public safety, following the identification of suspects involved in the Salisbury attack.

## Sexual health

### Busting the myths around sex virus HPV

13 September 2018

Source: BBC News: <https://www.bbc.co.uk/news>

High levels of shame and ignorance are associated with HPV, the sexually-transmitted virus which affects 80% of people, a survey has discovered.

### Contraceptive services 'at a crossroads' due to frustrating cuts, says RCGP

12 September 2018

Source: Royal College of General Practitioners:

<http://www.rcgp.org.uk/>

Responding to a BBC investigation into cuts to sexual and reproductive health services, Professor Helen Stokes-Lampard said: "We're at a crossroads, whereby all the progress we've made is under serious threat, and we fear it will be some of our most vulnerable patients who are affected most."

### More than 8 million women of reproductive age are now living in an area where cuts to contraception budgets have taken place

12 September 2018

Source: Faculty of Sexual & Reproductive Healthcare of the

Royal College of Obstetricians & Gynaecologists: <https://www.fsrh.org>

Almost half of councils in England have cut contraceptive services since the public health budget cuts in 2015, new data by the Advisory Group on Contraception (AGC) reveals.

## Smoking

### Vapers rise 'to more than three million' in Britain

14 September 2018

Source: BBC News: <https://www.bbc.co.uk/news>

The number of vapers in Great Britain has topped three million for the first time - four times the number in 2012, according to a survey by Action on Smoking and Health.

### Perceptions of cigarette pack inserts promoting cessation and dissuasive cigarettes among young adult smokers in the UK: a cross-sectional online survey

5 September 2018

Source: BMJ Open: <https://bmjopen.bmj.com/>

Study to explore young adult smokers' perceptions of cigarette pack inserts promoting cessation and cigarettes designed to be dissuasive.

## Social & economic issues

### Baby bundle idea for newborns and tackling poverty backed

10 September 2018

Source: BBC News: <https://www.bbc.co.uk/news>

Plans to give new parents a free goody box of essential items will be considered if Mark Drakeford becomes Wales' next first minister. Baby bundles, similar to those [launched across Scotland in 2017](#), would contain things such as clothes and blankets, presented in a Moses basket.

### [Over half of homeless people suffer from chronic pain](#)

10 September 2018

Source: Homeless Link: <https://www.homeless.org.uk/>

Groundswell's new peer-research reveals that chronic pain is having a significant impact on the lives of homeless people. It's time to acknowledge this hidden issue and find ways to better support people affected by physical pain.

See also **Statistics** section

## **Statistics**

### [Deaths spiked during UK heatwave](#)

17 September 2018

Source: BBC News: <https://www.bbc.co.uk/news>

There was a spike in deaths in England at the start of this summer's heatwave, [new data reveals](#). But statisticians say it is too early to tell how many of them can be attributed directly to the heat.

### [Latest global cancer data](#)

12 September 2018

Source: International Agency for Research on Cancer:

<http://www.iarc.fr>

Cancer burden rises to 18.1 million new cases and 9.6 million cancer deaths in 2018.

### [Health profile for England: 2018](#)

11 September 2018

Source: Public Health England:

<https://www.gov.uk/government/organisations/public-health-england>

The second annual report combining data and knowledge with information from other sources to give a broad picture of the health of people in England in 2018.

See also **Drug Misuse** section

## **Women's health**

### [Pregnancy weight gain 'going unmeasured'](#)

18 September 2018

Source: BBC News: <https://www.bbc.co.uk/news>

Midwives are calling for official guidance on how much weight is healthy for women to put on during pregnancy.

### [Labour calls for ban on early foetus sex test](#)

17 September 2018

Source: BBC News: <https://www.bbc.co.uk/news>

Labour is calling for a ban on parents-to-be being told the sex of their baby after early blood tests, amid fears it may lead to abortions of girls.

### [FPA calls for legislation to protect women seeking abortions from protestors](#)

13 September 2018

Source: Family Planning Association: <https://www.fpa.org.uk/>

FPA is pleased that the government has recognised the deeply negative experiences some woman face while accessing abortion services, but we are disappointed that Home Secretary, Sajid Javid has chosen not to take action to protect them.

### [Egg freezing in your 40s 'not sensible'](#)

12 September 2018

Source: BBC News: <https://www.bbc.co.uk/news>

Clinics must make it clear that there is little point in women over 40 freezing their eggs, because the odds of a future pregnancy are very slim, says UK fertility regulator the HFEA.

### [Inducing labour at or after 41 weeks reduces risks to infants](#)

11 September 2018

Source: National Institute for Health Research:

<https://www.nihr.ac.uk/>

Inducing labour after the due date slightly lowers the risk of stillbirth or infant death soon after birth compared with watchful waiting... The findings from a large review of 30 trials are in line with NICE guidance and may help women to make informed choices about whether or when to induce labour.

## **Workplace health**

### [Time for employers to place workplace health & wellbeing front of mind](#)

11 September 2018

Source: CBI: <http://www.cbi.org.uk/>

In a new guide from the CBI, [Front of mind: Prioritising workplace health & wellbeing](#), 347 businesses – employing nearly 1.7 million people - of all sizes across the UK were surveyed or interviewed to understand what steps they are taking to improve workplace health & wellbeing.

### [Poor mental health at work 'widespread'](#)

11 September 2018

Source: BBC News: <https://www.bbc.co.uk/news>

Poor mental health affects half of all employees, according to a survey of 44,000 people carried out by the mental health charity Mind.

## **Local news: []**

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<b>Other Bulletins</b>
<p><b>Super Six Bulletin</b>            This is a weekly Bulletin that details original articles in the BMJ, JAMA, New England Journal of Medicine and The Lancet, Annals of Internal Medicine and Annals of Emergency Medicine  <a href="http://cash.libraryservices.nhs.uk/subject-a-z/m/medicine/major-research/">http://cash.libraryservices.nhs.uk/subject-a-z/m/medicine/major-research/</a></p>
<p><b>Daily Health News</b>            The Daily Health Bulletin is produced by the Knowledge Service from the EMBED Health Consortium  <a href="http://cash.libraryservices.nhs.uk/subject-a-z/d/daily-health-news/">http://cash.libraryservices.nhs.uk/subject-a-z/d/daily-health-news/</a></p>
<p><b>Healthcare Public Health</b>            Monthly bulletin containing news and information about key public health issues including health service commissioning, updates from Public Health England, local authorities, Faculty of Public Health and others agencies, resources and good practice.  <a href="http://www.healthcarepublichealth.net/newsletters.php">http://www.healthcarepublichealth.net/newsletters.php</a></p>
<p><b>PHE Bulletin (Public Health England)</b>            The PHE Bulletin is issued monthly and contains public health news and information.  <a href="https://www.gov.uk/government/collections/phe-bulletin">https://www.gov.uk/government/collections/phe-bulletin</a></p>
<p><b>Public Health and Social Care Bulletin</b>            This is published weekly and created by Kent &amp; Medway Public Health Observatory. It provides an update on what is new in public health and social care, both nationally and locally.  <a href="http://www.kpho.org.uk/library-services/keeping-up-to-date/e-bulletin-archive">http://www.kpho.org.uk/library-services/keeping-up-to-date/e-bulletin-archive</a></p>



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