

## Public Health Bulletin. 15<sup>th</sup> May 2018

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Please find below a list of news items from the past fortnight that may be of interest to those involved in public health. This Bulletin provides topical news and reports of relevance to public health teams, community health practitioners and anyone with an interest in health promotion. All content and links are provided for information only and we do not sponsor, endorse or otherwise approve of any mentioned website or the contents of the news items. Please refer to the terms and conditions of the relevant website should you wish to reproduce any of the information.

Details of alternative current awareness services which cover more academic/specialist sources of information can be found in the section *Other Bulletins*. Your local NHS library service can assist you in accessing other current awareness services/tailored alerts, locating peer reviewed journal articles and answer any other queries you may have regarding finding information.

The information about each news item only gives a brief overview so we recommend you view the original source by clicking on the title (or Ctrl+Click in the word document).

Please contact your local NHS library service if you no longer wish to receive this Bulletin, or if you know of anyone else who would like to join the mailing list. The Bulletins are also available on the Thames Valley Public Health Network at: <http://www.oxsph.org/bulletins.html> and the Wessex Public Health Network at: <http://www.wessexphnetwork.org.uk/resources/public-health-updates.aspx>

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## Alcohol misuse

### [Evaluating the impact of Minimum Unit Pricing \(MUP\)](#)

01 May 2018 Source: NHS Health Scotland <http://www.healthscotland.scot/>  
On average, twenty-two people die every week in Scotland because of alcohol. In our poorest communities, the alcohol related death rate is almost six times higher than in the most affluent communities.

### [High earners more likely to drink alcohol, new statistics show](#)

01 May 2018 Source: NHS Digital <https://digital.nhs.uk/>  
The findings of a survey of drinking habits in England published yesterday show 79 per cent of adults earning £40,000 or more a year drank alcohol in the previous week in 2017, compared to 58 per cent of all adults.

### [Tobacco, alcohol and illegal drugs 'are a global health threat'](#)

14 May 2018 Source: NHS Choices <http://www.nhs.uk/news/>  
"Alcohol and tobacco are by far the biggest threat to human health around the world, while illegal drug harms 'don't even come close'," The Independent reports.

### [Global statistics on alcohol, tobacco and illicit drug use: 2017 status report](#)

14 May 2018 Source: Addiction <https://onlinelibrary.wiley.com/>  
This review provides an up-to-date curated source of information on alcohol, tobacco, and illicit drug use and their associated mortality and burden of disease. Limitations in the data are also discussed, including how these can be addressed in the future.

See also Statistics section  
**Statistics on Alcohol**

## Black and ethnic minority groups

### [Promoting health and preventing premature mortality in black, Asian and other minority ethnic groups](#)

06 May 2018 Source: NICE <https://www.nice.org.uk/>  
Quality standard [QS167] This quality standard covers promoting health and preventing premature mortality among black, Asian and other minority ethnic groups. It is relevant to all age groups and all settings.

## Children and young people

### [Bath additives for child eczema ineffective, study finds](#)

02 May 2018 Source: BBC News <http://www.bbc.co.uk/>  
Bath oils used to help treat eczema in children offer no meaningful benefit as part of their care, a trial has found. Emollient bath additives are estimated to make up as much as a third of the cost of treating eczema in the UK. But a new trial, published in the BMJ, found "no evidence of clinical benefit" when they were used in addition to other treatments for the condition.

### [HPV jab safe and effective, study finds](#)

09 May 2018 Source: BBC News <http://www.bbc.co.uk/>

The HPV vaccine routinely offered to teenage girls in the UK is safe and protects against a virus that can cause cancer of the cervix, an independent review has found. The analysis by the Cochrane Group provides solid evidence that should reassure parents considering having their daughters immunised, say experts.

#### **HPV vaccine 'safe and effective', says review**

09 May 2018 Source: NHS Choices <http://www.nhs.uk/news/>  
"HPV vaccine for schoolgirls gets full marks," reports ITV News.

#### **The Government's Green Paper on mental health: failing a generation**

09 May 2108 Source: UK Parliament <https://publications.parliament.uk/>  
The Government's proposed Green Paper on Transforming Children and Young People's Mental Health lacks ambition and will provide no help to the majority of those children who desperately need it, say the Education and Health and Social Care Committees in joint report.

#### **Mental health plans 'failing a generation', say MPs**

09 May 2108 Source: BBC News <http://www.bbc.co.uk/>  
Sally, now 20, believes her mental distress should have been spotted years before she received treatment that helped her. She says she became ill when she first started secondary school.

#### **LGA responds to Committee's report on children's mental health green paper**

08 May 2018 Source: Local Government Assoc. <http://www.local.gov.uk/>  
"As a starting point, we want to see councils and schools given the funding to offer independent mental health counselling so pupils have access to support as and when they need it."

#### **Young people, internet use and wellbeing; A report series screen time**

08 May 2108 Source: South West Grid for Learning <https://swgfl.org.uk/>  
The South West Grid for Learning Trust (SWGfL), has published a report looking at screentime and its role on young people's wellbeing. Among other things, It shows that many young people said "Fear of Missing Out" is one of the main reasons they will spend "too much" time online.

#### **UNICEF highlights global "breastfeeding gaps" between rich and poor**

08 May 2108 Source: UNICEF <https://www.unicef.org.uk/>

UK breastfeeding rates some of the lowest in the world

- Despite the benefits of breastfeeding, 1 in 5 babies in high-income countries are not breastfed at all, compared to just 1 in 25 in low- and-middle-income countries
- UK breastfeeding rates some of the lowest in the world

#### **Sharp rise under-11s referred for mental health help**

14 May 2108 Source: BBC News <http://www.bbc.co.uk/>

There has been a sharp rise in the number of children under 11 referred for mental health treatment by schools in the last four years, figures show. Data obtained by children's charity the NSPCC shows that schools in England have made a total of 123,713 referrals for specialist help since 2014-15. But more than half of these came from primary schools. The youngest child referred for help was three years old

### [LGA responds to NSPCC report on school referrals for mental health treatment](#)

14 May 2018 Source: Local Government Assoc. <http://www.local.gov.uk/>

“Providing just a small proportion of the funding the Government is spending on mental health support nationally on school counselling is one way the Government can ensure every child and young person enjoys the bright future they deserve.”

### [Tackling childhood obesity](#)

14 May 2018 Source: Scottish Government <http://www.gov.scot/>

FM meets Jamie Oliver to outline ambition to halve child obesity rate. Scotland will aim to halve childhood obesity by 2030, First Minister Nicola Sturgeon has announced.

See also Communicable diseases section

### **Measles outbreaks across England**

## **Chronic conditions**

### [Guidance Postural care services: making reasonable adjustments](#)

08 May 2108 Source: Public Health England <https://www.gov.uk/>

Information on the importance of postural care support and meeting the needs of people with postural care needs and learning disabilities.

### [Hundreds of people with blood cancer given more treatment options after NICE recommends three drugs](#)

06 May 2018 Source: NICE <https://www.nice.org.uk/>

NICE has recommended three blood cancer drugs, brentuximab vedotin, midostaurin and arsenic trioxide be made available on the NHS.

### [Cancer delays 'leave patients at risk'](#)

10 May 2108 Source: BBC News <http://www.bbc.co.uk/>

The lives of cancer patients are being put at risk, experts say, as the NHS struggles to see people quickly enough. Patients are meant to start cancer treatment within 62 days of it being suspected, but nowhere in the UK has achieved this for more than two years.

### [Cancer patients urged to discuss 'end of life' plans](#)

15 May 2108 Source: BBC News <http://www.bbc.co.uk/>

Vital conversations about cancer patients' end of life wishes are often not had until it is too late, according to a new report.

### [Government doubles investment in brain cancer research with £40 million 'Tessa Jowell Brain Cancer Research Mission'](#)

15 May 2018 Source: HM Government <https://www.gov.uk/>

The government has announced a renewed focus on brain cancer research, in honour of Tessa Jowell. The Tessa Jowell Brain Cancer Research Mission covers several of Baroness Jowell's campaign requests, and will include a boosted research fund, an annual global symposium and new commitments to clinical excellence in her name.

### [New peanut allergy blood test developed](#)

03 May 2108 Source: BBC News <http://www.bbc.co.uk/>

Scientists have developed a blood test for peanut allergies that they say is less risky and more cost-efficient than other tests.

### **People no longer being treated for irregular pulse 'may still have stroke risk'**

1 May 2018 Source: NHS Choices <http://www.nhs.uk/news/>

"More than 1.5 million heart flutter patients should be on blood-thinning drugs to prevent stroke, study says," reports The Telegraph. The paper is referring to a condition called atrial fibrillation (AF), which affects around 1 million people in the UK.

See also Children and young people section

### **Bath additives for child eczema ineffective, study finds**

See also Health protection section

### **Daily saunas may reduce stroke risk**

### **Folic acid 'may help reduce stroke risk in people with high blood pressure'**

## **Communicable diseases**

### **Update of EU recommendations for 2018/2019 seasonal flu vaccine composition**

01 May 2018 Source: European Medicines Agency <http://www.ema.europa.eu/>

The European Medicines Agency (EMA) has issued an update of the European Union (EU) recommendations for the influenza virus strains that vaccine manufacturers should include in vaccines for the prevention of seasonal influenza from autumn 2018.

### **Measles outbreaks across England**

11 May 2018 Source: Public Health England <https://www.gov.uk/>

Public Health England is advising the public to ensure they have had 2 doses of MMR vaccine after outbreaks of measles are confirmed across England.

## **Diet & nutrition**

### **SACN publishes consultation on saturated fats and health**

08 May 2018 Source: Scientific Advisory Committee on Nutrition

<https://www.gov.uk/>

Scientific Advisory Committee on Nutrition is consulting on a draft review of saturated fats, recommending intake should not exceed 10% of daily calories.

### **London Mayor Sadiq Khan plans TfL 'junk food' advert ban**

11 May 2018 Source: BBC News <http://www.bbc.co.uk/>

Junk food advertising could be banned across the entire Transport for London (TfL) network, City Hall has announced. The Mayor of London, Sadiq Khan, says he wants to tackle the "ticking time bomb" of child obesity in the capital.

See also Chronic conditions section

### **New peanut allergy blood test developed**

See also Children and young people section

### **Tackling childhood obesity**

## Disability

### Improving lives of disabled Scots

30 Apr 2018 Source: Scottish Government <http://www.gov.scot/>  
New funding of £1 million will help employers with support and advice to enable more disabled people to move into work, First Minister Nicola Sturgeon has announced.

### Sight Loss, Home and the Built Environment

02 May 2018 Source: Housing LIN <https://www.housinglin.org.uk/>  
The pages provide guidance resources, reports and individual stories that explore the issues facing people with sight loss in their daily lives and show the importance of well-designed housing, practical advice and support, social connections and appropriate technology. The resources are divided into six themes including one on health and wellbeing.

## Drug Misuse

See also Alcohol misuse

**Tobacco, alcohol and illegal drugs 'are a global health threat'**

**Global statistics on alcohol, tobacco and illicit drug use: 2017 status report**

## Environmental health

### UK parks boost quality of life by £34bn

07 May 2108 Source: BBC News <http://www.bbc.co.uk/>  
Parks and green spaces generate health benefits that would cost more than £34bn if they did not exist, research by Fields in Trust has suggested. The charity, which protects green spaces, also found that parks save the NHS about £111m a year. The report coincides with the launch of a five-year plan to protect parks.

### Do 'environmental bads' such as alcohol, fast food, tobacco, and gambling outlets cluster and co-locate in more deprived areas in Glasgow City, Scotland?

May 2018 Source: Open Access Journal Article from Health & Place  
<https://www.sciencedirect.com/>

This study utilised an innovative application of spatial cluster analysis to examine the socio-spatial patterning of outlets selling potentially health-damaging goods/services, such as alcohol, fast food, tobacco and gambling, within Glasgow City, Scotland. For all categories of outlets combined, numbers of clusters increased linearly from the least to the most income deprived areas (i.e. one cluster within the least deprived quintile to ten within the most deprived quintile). Co-location of individual types of outlets (alcohol, fast food, tobacco and gambling) within similar geographical areas was also evident. This type of research could influence interventions to tackle the co-occurrence of unhealthy behaviours and contribute to policies tackling higher numbers of 'environmental bads' within deprived areas

### Unicef UK response to latest WHO data on air pollution

03 May 2108 Source: UNICEF <https://www.unicef.org.uk/>  
93% of UK cities breaching safe levels of air pollution

Responding to the new World Health Organisation data, Amy Gibbs, Director of Advocacy at Unicef UK, said: "These figures point to an extremely worrying situation for children whose health continues to be put at risk by toxic pollutants in the air they breathe. With 93% of UK cities breaching safe levels of air pollution, addressing this crisis is more urgent than ever.

## Health promotion

### [5 healthy habits that could add more than a decade to your life](#)

01 May 2018 Source: NHS Choices <http://www.nhs.uk/news/>

"People who stick to five healthy habits in adulthood can add more than a decade to their lives," reports The Guardian

### [Should we sleep and wake early to boost our health?](#)

13 May 2108 Source: BBC News <http://www.bbc.co.uk/>

When a recent study looked at health differences between late and early risers, it appeared to make grim reading for night owls. Increased risk of early death, psychological disorders and respiratory illness were the stark findings from the paper, which backed up other research suggesting late-nighters are more likely to suffer ill health. But is being a night owl really bad for you and does it mean some of us should ditch the late nights and lie-ins to become more like morning larks?

## Health protection

### [Ditch cranberry juice for urine infections](#)

08 May 2108 Source: BBC News <http://www.bbc.co.uk/>

Drinking lots of cranberry juice is no way to fix a urine infection, say new draft guidelines from health body the National Institute for Health and Care Excellence. Although some studies have claimed it may help, NICE says there is not enough good evidence to recommend it

### [New guidance will help combat drug resistant urinary tract infections, says NICE](#)

08 May 2018 Source: NICE <https://www.nice.org.uk/>

NICE has published new guidance to help healthcare professionals optimise the treatment of urinary tract infections (UTIs).

### [Daily saunas may reduce stroke risk](#)

04 May 2018 Source: NHS Choices <http://www.nhs.uk/news/>

"A daily sauna could cut your risk of stroke by as much as 61%," the Mail Online reports. However, this headline is based on findings from a small subgroup of 197 people who were taking saunas 4 to 7 times a week amongst a study population of 1,628 Finnish people. Few people in the study had less than one Finnish-style sauna a week. This frequency and type of sauna bathing would be unusual in the UK.

### [Folic acid 'may help reduce stroke risk in people with high blood pressure'](#)

08 May 2018 Source: NHS Choices <http://www.nhs.uk/news/>

"Supplements can slash the risk of those with high blood pressure having a stroke by almost 75%," reports the Mail Online. But the evidence presented in the study in question is not as strong as the news website reports.

### **Severe allergic reactions in surgery 'caused by antibiotics'**

14 May 2108 Source: BBC News <http://www.bbc.co.uk/>

Antibiotics are the main cause of life-threatening allergic reactions during surgery, a new report suggests. The Royal College of Anaesthetists says more patients are claiming to be allergic to penicillin, leading to other riskier antibiotics being used.

## **Health services administration**

### **Bid to overturn homeopathy crackdown**

02 May 2108 Source: BBC News <http://www.bbc.co.uk/>

Campaigners are seeking to overturn a decision by NHS bosses to recommend GPs no longer prescribe homeopathy. The British Homeopathic Association has won the right to have a judicial review of the move. It was proposed last year by NHS England after a consultation, which the BHA is arguing was flawed.

### **NHS seeks out 'standout stars'**

02 May 2018 Source: NHS England <https://www.england.nhs.uk/>

Health and care staff who have gone over and above the call of duty are in line for UK-wide recognition as part of the [NHS's 70th birthday celebrations](#). Patients, staff and the public are being invited to nominate employees that have made an exceptional contribution to patient care, health and care services and local communities over the last 70 years. Nominations will be put to a public vote in May, culminating in a shortlist of [Health and Care's Top 70 Stars](#).

### **Jeremy Hunt orders urgent action on patient safety at independent hospitals**

08 May 2018 Source: Department of Health and Social Care <https://www.gov.uk/>

The Health and Social Care Secretary has written to independent healthcare providers following a damning report by the Care Quality Commission. Independent hospitals must 'get their house in order and improve safety', the Health and Social Care Secretary Jeremy Hunt has said.

### **NHS England to fast track clinical trials and improve access for patients**

02 May 2018 Source: NHS England <https://www.england.nhs.uk/>

New processes to simplify the NHS research set up process and cut delays will be implemented this year.

### **Prince William praises 'wonderful' NHS staff**

14 May 2108 Source: BBC News <http://www.bbc.co.uk/>

The NHS is "one of our country's greatest treasures", Prince William will say on Monday in a video message to those working in the health service. In a special recording to be played at an awards ceremony for NHS staff, the prince will say they are the "most wonderful thing" about the service. He will describe their "skill, care, and dedication" as "inspirational".

### **'Three-quarters of public worried about nurse staffing'**

13 May 2108 Source: BBC News <http://www.bbc.co.uk/>

Three in four people do not think there are enough nurses to care safely for patients in the NHS, a survey suggests. The poll of 1,600 UK adults - carried out by YouGov for the

Royal College of Nursing - found 74% were concerned about staffing levels. Latest figures for England show one in nine posts is vacant.

### **CQC publishes review of how local health and social care systems work together in Liverpool**

11 May 2018 Source: Care Quality Commission <http://www.cqc.org.uk>  
The Care Quality Commission has published its findings following a local system review of Liverpool. This report is one of 20 targeted reviews of local authority areas looking specifically at how people move through the health and social care system, with a focus on how services work together.

## **Men's health**

### **Potential new cure found for baldness**

09 May 2018 Source: BBC News <http://www.bbc.co.uk/>  
A potential new cure for baldness has been discovered using a drug originally intended to treat osteoporosis. Researchers found the drug had a dramatic effect on hair follicles in the lab, stimulating them to grow

## **Mental health**

### **Foundation responds to Scottish government suicide prevention consultation**

03 May 2018 Source: Mental Health Foundation  
<https://www.mentalhealth.org.uk/>  
The draft Suicide Prevention Action Plan represents an opportunity for Scotland to become a world leader again in suicide prevention, as it was during early years of Choose Life.

### **Mental Health Foundation calls for new national body to drive suicide prevention in Scotland**

03 May 2018 Source: Mental Health Foundation  
<https://www.mentalhealth.org.uk/>  
Existing structures are no longer fit for purpose. The lack of support for bereaved families is an injustice. We are today calling for a radical shake up of Scotland's suicide prevention work, describing existing arrangements as "no longer fit for purpose".

### **Foundation responds to Scottish government loneliness consultation**

04 May 2018 Source: Mental Health Foundation  
<https://www.mentalhealth.org.uk/>  
Research conducted by the Mental Health Foundation has shown that loneliness is one of the leading public health challenges of our time - it can be as damaging to health as smoking 15 cigarettes per day.

### **Improved mental health care funding for new mums**

08 May 2018 Source: BBC News <http://www.bbc.co.uk/>  
New and expectant mothers in England will be able to access help with mental health problems more easily within the next year, according to NHS England. More than £20m will be spent on services in underserved parts of the country.

### [Mental Health Foundation announces new wellbeing Pocket Book partnership](#)

08 May 2018 Source: Mental Health Foundation

<https://www.mentalhealth.org.uk/>

The Mental Health Foundation has partnered with wellbeing start-up, My Time, to launch a collection of stylish puzzle pocket books designed to improve and help protect mental health at work like never before.

### [Stress: are we coping?](#)

14 May 2018 Source: Mental Health Foundation

<https://www.mentalhealth.org.uk/>

For Mental Health Awareness Week 2018 we are focusing on stress. This report looks at the prevalence of stress in the UK and its implications. It also focuses on what we can do to manage and reduce stress and our recommendations for the government in creating a stress-free UK.

### [Stressed nation: 74% of UK 'overwhelmed or unable to cope' at some point in the past year](#)

14 May 2018 Source: Mental Health Foundation

<https://www.mentalhealth.org.uk/>

A UK-wide stress survey has found that almost three quarters of adults (74%) have at some point over the past year felt so stressed they felt overwhelmed or unable to cope.

### [Mental health "game-changer" care leads to 75 per cent reduction in hospital admissions](#)

14 May 2018 Source: NHS England <https://www.england.nhs.uk/>

Improved mental health care for patients with physical ailments has reduced demand for GP appointments and cut hospital admissions by three quarters in a pilot scheme as part of a programme of new services that NHS England is rolling out across the country.

See also Children and young people section

**The Government's Green Paper on mental health: failing a generation**

**Mental health plans 'failing a generation', say MPs**

**Young people, internet use and wellbeing; A report series screen time**

**Sharp rise under-11s referred for mental health help**

See also Chronic conditions section

**Guidance Postural care services: making reasonable adjustments**

## **Obesity**

### [Weight loss and loose skin: Patients 'forgotten' by NHS](#)

02 May 2018 Source: BBC News <http://www.bbc.co.uk/>

A senior plastic surgeon has told Newsbeat people who were obese and now have saggy skin are often "forgotten". Mark Soldin thinks a lot of people should be able to get the treatment on the NHS - and he's been "fighting hard for patients to get better access".

## **Physical activity**

### [Openactive Accelerator Launched](#)

01 May 2018

Source: Sport England <https://www.sportengland.org/>

Ten startups will spend the next six months developing new ways for people to get physically active. The OpenActive Accelerator, a revolutionary initiative run by us and the Open Data Institute (ODI), has selected 10 startups that will spend the next six months developing new services – including apps and websites – to help people discover events and clubs in their local area.

### [Welsh Government pushes the pace on walking and cycling](#)

03 May 2018

Source: Welsh Government <https://gov.wales/>

First Minister Carwyn Jones will meet with cyclists at Cardiff's bike café today (Thursday 3 May 2018) to talk with them about the Welsh Government's £60 million investment in Active Travel. Earlier this week, the Welsh Government announced it is investing £60 million over the next three years to create new active travel routes across Wales, connecting people's homes to schools, jobs and their local community

### [Walk, cycle and discover this summer](#)

03 May 2018

Source: Transport for London <https://tfl.gov.uk/>

TfL is launching a range of activities this summer to encourage people to get active

### [Dame Kelly Holmes backs parkrun for the NHS's 70 birthday on June 9 to get the nation active](#)

12 May 2018

Source: NHS England <https://www.england.nhs.uk/>

Olympic gold medallist and former nursing assistant Dame Kelly Holmes is urging the nation to get active in the year the NHS turns 70 and take part in a special celebratory parkrun. The sporting superstar urged people of all ages and abilities to join in a local parkrun for the NHS on Saturday 9 June to celebrate the contribution of the NHS to the nation, whilst encouraging people to get active.

## **Prison health**

### ['Spice epidemic in jails risk to nurses'](#)

15 May 2018

Source: BBC News <http://www.bbc.co.uk/>

An epidemic of a laboratory-created cannabis substitute in UK prisons is putting nurses called in to treat inmates at risk, union leaders say. The Royal College of Nursing said it had members who had been left unwell after treating prisoners who had taken the illegal drug, known as "spice".

## **Sexual health**

### [Is sex addiction a real condition?](#)

06 May 2018

Source: BBC News <http://www.bbc.co.uk/>

The American author Mark Twain is often, possibly apocryphally, quoted as saying that quitting smoking was easy - he'd done it 100 times. As a society we accept the existence of addictions to substances, such as nicotine, alcohol and other drugs - and the harm they can cause. But when it comes to sex, some experts still disagree over whether addiction is real or a myth.

## Social & economic issues

### [Towards a sustainable adult social care and support system](#)

04 May 2018 Source: Local Government Assoc. <http://www.local.gov.uk/>

Ahead of the green paper on the future of adult social care, we are publishing a series of think pieces where sector experts address issues at the heart of the debate to help define what a system fit for future generations might look like.

### [Adult social care – a national or a local service?](#)

15 May 2018 Source: Local Government Assoc. <http://www.local.gov.uk/>

This is the second think piece in the LGA's series 'Towards a sustainable adult social care and support system'.

### [Dying homeless](#)

14 May 2018 Source: Homeless Link <https://www.homeless.org.uk/>

At least 78 homeless people died last winter, an average of at least two a week, according to new research by the Bureau of Investigative Journalism

### [Equality Commission calls for end to Scotland's hidden disability housing crisis](#)

11 May 2018 Source: Equality and Human Rights Commission

<https://www.equalityhumanrights.com/>

Scotland's disabled people are being failed by government policy and local government inaction, which leaves thousands with no decent home to live in, says an Equality and Human Rights Commission inquiry into disabled people's housing released today.

See also Health services administration section

**CQC publishes review of how local health and social care systems work together in Liverpool**

## Statistics

### [Statistics on Alcohol](#)

01 May 2018 Source: NHS Digital <http://www.content.digital.nhs.uk/>

This statistical report presents a range of information on alcohol use and misuse by adults and children drawn together from a variety of sources for England unless otherwise stated. More information can be found in the source publications which contain a wider range of data and analyses.

### [Measuring National Well-being: Quality of Life in the UK, 2018](#)

08 May 2018 Source: Office of National Statistics <https://www.ons.gov.uk/>

Office for National Statistics have published the latest assessments of change, which focuses on the main differences between age groups. This is part of the the Measuring National Well-being programme.

## Women's health

### [Breast scan error 'shortened up to 270 lives' - Hunt](#)

02 May 2018 Source: BBC News <http://www.bbc.co.uk/>

Up to 270 women in England may have died because they did not receive invitations to a final routine breast cancer screening, the Health Secretary Jeremy Hunt says.

### [Women offered NHS breast screening after missed invitations](#)

02 May 2018 Source: Public Health England <https://www.gov.uk/>

Up to 309,000 women aged between 70 and 79 will be offered the opportunity for a catch-up NHS breast screening test this year. The decision follows analysis by Public Health England (PHE) dating back to 2009, which found that a number of invitations for a final test had not been sent out to women, between their 68th and 71st birthday. The total number of older women affected since 2009 is estimated to be approximately 450,000.

### [Breast screening: What went wrong?](#)

02 May 2108 Source: BBC News <http://www.bbc.co.uk/>

Health Secretary Jeremy Hunt has announced an independent review into why 450,000 women in England failed to receive invitations for a final routine breast cancer screening between the ages of 68 and 71. So what went wrong with the NHS's screening programme?

### [Oily fish and fresh beans may be linked to a later menopause](#)

02 May 2018 Source: NHS Choices <http://www.nhs.uk/news/>

"Oily fish could delay the menopause by three years," reports The Daily Telegraph. A study of 914 UK women aged 40 to 65 found those who ate more oily fish and beans reached the menopause later compared with women who ate more refined carbohydrates, like rice and pasta.

### [Women who eat fast food may take longer to get pregnant](#)

04 May 2018 Source: NHS Choices <http://www.nhs.uk/news/>

"Women who eat too much junk food are twice as likely to be infertile," is the deeply misleading headline from the Mail Online. The study it's reporting on did not look at women who could not get pregnant. In fact, it was a study of nearly 6,000 pregnant women. It questioned what they ate in the month before they became pregnant and how long it took them to get pregnant after they started trying.

### [Vigorous activity may be linked to improved chance of pregnancy](#)

10 May 2018 Source: NHS Choices <http://www.nhs.uk/news/>

"Just 4 hours of vigorous exercise each week can boost a woman's chances of getting pregnant," reports the Mail Online. A study of 1,214 women, who had previously had 1 or 2 miscarriages, found they were more likely to get pregnant during a 6-month period if they did more than 4 hours of vigorous physical activity a week.

See also Mental health section

**Improved mental health care funding for new mums**

**Local news: []**

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<b>Other Bulletins</b>
<p><b>Super Six Bulletin</b>            This is a weekly Bulletin that details original articles in the BMJ, JAMA, New England Journal of Medicine and The Lancet, Annals of Internal Medicine and Annals of Emergency Medicine  <a href="http://cash.libraryservices.nhs.uk/subject-a-z/m/medicine/major-research/">http://cash.libraryservices.nhs.uk/subject-a-z/m/medicine/major-research/</a></p>
<p><b>Daily Health News</b>            The Daily Health Bulletin is produced by the Knowledge Service from the EMBED Health Consortium  <a href="http://cash.libraryservices.nhs.uk/subject-a-z/d/daily-health-news/">http://cash.libraryservices.nhs.uk/subject-a-z/d/daily-health-news/</a></p>
<p><b>Healthcare Public Health</b>            Monthly bulletin containing news and information about key public health issues including health service commissioning, updates from Public Health England, local authorities, Faculty of Public Health and others agencies, resources and good practice.  <a href="http://www.healthcarepublichealth.net/newsletters.php">http://www.healthcarepublichealth.net/newsletters.php</a></p>
<p><b>PHE Bulletin (Public Health England)</b>            The PHE Bulletin is issued monthly and contains public health news and information.  <a href="https://www.gov.uk/government/collections/phe-bulletin">https://www.gov.uk/government/collections/phe-bulletin</a></p>
<p><b>Public Health and Social Care Bulletin</b>            This is published weekly and created by Kent &amp; Medway Public Health Observatory. It provides an update on what is new in public health and social care, both nationally and locally.  <a href="http://www.kpho.org.uk/library-services/keeping-up-to-date/e-bulletin-archive">http://www.kpho.org.uk/library-services/keeping-up-to-date/e-bulletin-archive</a></p>



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