

## Public Health Bulletin. 7<sup>th</sup> November 2017

Produced by NHS libraries in Thames Valley and Wessex

Please find below a list of news items from the past fortnight that may be of interest to those involved in public health. This Bulletin provides topical news and reports of relevance to public health teams, community health practitioners and anyone with an interest in health promotion. All content and links are provided for information only and we do not sponsor, endorse or otherwise approve of any mentioned website or the contents of the news items. Please refer to the terms and conditions of the relevant website should you wish to reproduce any of the information.

Details of alternative current awareness services which cover more academic/specialist sources of information can be found in the section *Other Bulletins*. Your local NHS library service can assist you in accessing other current awareness services/tailored alerts, locating peer reviewed journal articles and answer any other queries you may have regarding finding information.

The information about each news item only gives a brief overview so we recommend you view the original source by clicking on the title (or Ctrl+Click in the word document).

Please contact your local NHS library service if you no longer wish to receive this Bulletin, or if you know of anyone else who would like to join the mailing list. The Bulletins are also available on the Thames Valley Public Health Network at: <http://www.oxsph.org/bulletins.html> and the Wessex Public Health Network at: <http://www.wessexphnetwork.org.uk/resources/public-health-updates.aspx>

[Alcohol misuse](#)

[Black and ethnic minority groups](#)

[Chronic conditions](#)

[Communicable diseases](#)

[Diet & nutrition](#)

[Disability](#)

[Drug Misuse](#)

[Environmental health](#)

[Health promotion](#)

[Health protection](#)

[Health Services administration](#)

[HIV and AIDS](#)

[Infant and child health](#)

[Men's health](#)

[Mental health](#)

[Obesity](#)

[Older people](#)

[Oral health](#)

[Physical activity](#)

[Prison health](#)

[Screening](#)

[Sexual Health](#)

[Smoking](#)

[Social and economic issues](#)

[Women's health](#)

[Workplace health](#)

[Local news](#)

## Alcohol misuse

### [Public Health \(Minimum Price for Alcohol\) \(Wales\) Bill](#)

Wednesday 1<sup>st</sup> November 2017 Source: UK Health Forum:

<http://www.ukhealthforum.org.uk/>

The Bill provides for a minimum price for the sale and supply of alcohol in Wales by certain persons and makes it an offence for alcohol to be sold or supplied below that price.

### [National Statistics: alcohol and late night refreshment licensing, England and Wales, 31 March 2017](#)

Wednesday 1<sup>st</sup> November 2017 Source: UK Health Forum:

<http://www.ukhealthforum.org.uk/>

The Home Office has published statistics on alcohol and late night refreshment licensing in England and Wales.

### [LGA responds to latest alcohol-related death figures](#)

Tuesday 7<sup>th</sup> November 2017 Source: Local Government Association:

<https://www.local.gov.uk/>

"It is tragic that 7,327 men and women in the UK died because of alcohol last year. Behind these appalling statistics are real people - fathers, mothers, sons, daughters, husbands and wives".

### [Drinking amongst young people: NHS Digital 2016 school pupils survey](#)

Friday 3<sup>rd</sup> November 2017 Source: Alcohol Policy UK:

<http://www.alcoholpolicy.net/>

The latest figures on drinking amongst pupils aged up to 15 have been released in Smoking, Drinking and Drug Use Among Young People in England - 2016.

### [Alcohol Awareness Week](#)

Monday 6<sup>th</sup> November 2017 Source: Drink and Drugs News:

<https://drinkanddrugsnews.com>

Alcohol Awareness Week 2017 shines a spotlight on alcohol and families, sending the message that support is always available.

## Black and ethnic minority groups

### [NHS appeal for black blood donors 'drops straight knowledge'](#)

Tuesday 7<sup>th</sup> November 2017 Source: BBC : <http://www.bbc.co.uk/>

NHS Blood and Transplant has posted an appeal for more black people to donate blood, while heading off possible accusations of racism, with a series of gif-laden tweets.

## Chronic conditions

### [The selfie campaign urging you to 'Get Your Belly Out'](#)

Wednesday 25<sup>th</sup> October 2017 Source: BBC: <http://www.bbc.co.uk/>

Lorna, 35, was diagnosed with Crohn's disease aged 21 and describes the pain as similar to being "stabbed". Along with two other sufferers, she set up a campaign to

connect fellow sufferers and raise awareness through posting selfies with their ostomy bags.

### **New genetic variants associated with breast cancer identified**

Wednesday 25<sup>th</sup> October 2017    *Source:* NHS Choices: <https://www.nhs.uk/>  
"Do you have one of the 180 breast cancer genes? One in five women has a variant that raises her risk of the condition by a third" is the rather inaccurate headline in the Mail Online.

### **Blood-thinning drugs may reduce dementia risk in people with irregular heartbeats**

Wednesday 25<sup>th</sup> October 2017    *Source:* NHS Choices: <https://www.nhs.uk/>  
"Common blood thinning drugs halve the risk of dementia for patients who have an irregular heartbeat," reports the Mail Online.

### **Knitting 'knockers' for Kenyan breast cancer survivors**

Monday 30<sup>th</sup> October 2017    *Source:* BBC: <http://www.bbc.co.uk/>  
A group of breast cancer survivors in Kenya is making knitted prostheses for women who have been affected by the disease.

### **The nurse hired to combat cancer myths online**

Monday 30<sup>th</sup> October 2017    *Source:* BBC: <http://www.bbc.co.uk/>  
A cancer charity has appointed a digital nurse to combat "fake news" online, which they say leaves patients "scared and at risk of bogus cures".

### **'Radical changes' needed to £1bn stroke care**

Monday 30<sup>th</sup> October 2017    *Source:* BBC: <http://www.bbc.co.uk/>  
Caring for people who have suffered from stroke is costing Wales £1bn annually, according to a leading charity.

### **People with cystic fibrosis could be monitored through phone or video messaging, says NICE**

Wednesday 25<sup>th</sup> October 2017    *Source:* NICE: <https://www.nice.org.uk/>  
Patients with cystic fibrosis could avoid having to travel to specialist clinics if health professionals could monitor them using phone or video messaging.

### **Report shows prevalence of key conditions across England**

Thursday 26<sup>th</sup> October 2017    *Source:* NHS Digital: <https://digital.nhs.uk/>  
Figures released today by NHS Digital provide information on the prevalence of 21 conditions<sup>2</sup>, including asthma, hypertension, dementia, diabetes, and depression.

### **Afternoon open heart surgery 'leads to fewer complications'**

Friday 27<sup>th</sup> October 2017    *Source:* NHS Choices: <https://www.nhs.uk/>  
"Afternoon heart surgery has lower risk of complications, study suggests," says The Guardian.

### **Nutrient drink for Alzheimer's has disappointing result in trial**

Tuesday 31<sup>st</sup> October 2017    *Source:* NHS Choices: <https://www.nhs.uk/>  
A new study investigating the effects of a nutrient drink for Alzheimer's disease has led to very different headlines in the media.

### **'I was told I needed open heart surgery at 20'**

Sunday 29<sup>th</sup> October 2017

Source: BBC: <http://www.bbc.co.uk/>

A woman who was told she would need open heart surgery aged 20 is campaigning to raise awareness of heart disease in young people.

### **Scottish cancer death rates 61% higher among poor**

Tuesday 31<sup>st</sup> October 2017

Source: BBC: <http://www.bbc.co.uk/>

Death rates from cancer are 61% higher in the most deprived areas of Scotland, according to the latest figures.

### **Beware potential signs of pancreatic cancer**

Wednesday 1<sup>st</sup> November 2017

Source: BBC: <http://www.bbc.co.uk/>

One in three adults might ignore potential symptoms of pancreatic cancer, according to a charity.

### **Pleas for organ donors to talk to families about choice**

Wednesday 1<sup>st</sup> November 2017

Source: BBC: <http://www.bbc.co.uk/>

Organ donors in Wales are being urged to speak to their families about their choice to donate to prevent relatives overriding their decision. Figures show 21 families denied consent for organs to be given or did not support deemed consent in 2016/17.

### **Health chiefs facing legal fight over cheaper eye drug**

Wednesday 1<sup>st</sup> November 2017

Source: BBC: <http://www.bbc.co.uk/>

Health chiefs face a legal fight over plans to give a cheap drug to patients with a debilitating eye condition.

### **Study shows dementia is biggest killer in affluent areas**

Thursday 2<sup>nd</sup> November 2017

Source: BBC: <http://www.bbc.co.uk/>

Dementia and Alzheimer's disease is the leading cause of death in affluent areas in Wales, new figures have shown.

### **Gut bacteria 'boost' cancer therapy**

Friday 3<sup>rd</sup> November 2017

Source: BBC: <http://www.bbc.co.uk/>

Bacteria living in the murky depths of the digestive system seem to influence whether tumours shrink during cancer therapy, say French and US researchers.

### **Diabetes charity warns over new firm offering advice**

Friday 3<sup>rd</sup> November 2017

Source: BBC: <http://www.bbc.co.uk/>

A national diabetes charity has issued a warning about a new business offering "potentially catastrophic advice".

### **Acid reflux drugs linked to increased stomach cancer risk**

Wednesday 1<sup>st</sup> November 2017

Source: NHS Choices: <https://www.nhs.uk/>

"A drug commonly used to treat acid reflux is linked to a more than doubled risk of developing stomach cancer," reports The Guardian.

### **Could a blood test in middle age predict dementia risk?**

Thursday 2<sup>nd</sup> November 2017

Source: NHS Choices: <https://www.nhs.uk/>

"Tissue inflammation blood test points to dementia risk," is the headline in The Times. Researchers in the US say people who have higher measures of inflammation in middle age are likely to have less brain tissue in some parts of their brain in older age.

### **Cancer treatment response may be affected by gut bacteria**

Friday 3<sup>rd</sup> November 2017

Source: NHS Choices: <https://www.nhs.uk/>

"Gut bacteria 'boost' cancer therapy," BBC News reports. The news comes from research into whether people with cancer might respond differently to cancer treatment depending on the bacteria in their gut.

### **People at a low risk of developing glaucoma can avoid unnecessary referral, says NICE.**

Wednesday 1<sup>st</sup> November 2017 Source: NICE: <https://www.nice.org.uk>

NICE's updated guideline on glaucoma will mean fewer people need to be referred for further specialist investigation and possible treatment.

### **Inherited risk of high cholesterol should be identified and treated as early as possible, NICE says in updated guidance**

Thursday 2<sup>nd</sup> November 2017 Source: NICE: <https://www.nice.org.uk/>

Medical records should be checked to identify people who may be at risk of common inherited cholesterol disorder familial hypercholesterolaemia (FH), NICE says.

## **Communicable diseases**

### **Typhoid vaccine set to have 'huge impact'**

Tuesday 24<sup>th</sup> October 2017

Source: BBC: <http://www.bbc.co.uk/>

A new vaccine that could prevent up to nine-in-10 cases of typhoid fever has been recommended by the World Health Organization.

### **Why plague caught Madagascar unaware**

Friday 3<sup>rd</sup> November 2017

Source: BBC: <http://www.bbc.co.uk/>

Madagascar is facing the worst outbreak of plague in 50 years. There have been more than 1,800 cases and 127 deaths since the start of August, according to new figures.

### **Malaria breath test shows promise**

Tuesday 7<sup>th</sup> November 2017

Source: BBC: <http://www.bbc.co.uk/>

People with malaria give off a distinctive "breath-print" that could be used as a test for the disease, according to American scientists.

### **Scarlet fever: managing outbreaks in schools and nurseries**

Monday 30<sup>th</sup> October 2017

Source: Public Health England: <https://www.gov.uk>

Guidelines to help health protection teams control outbreaks of scarlet fever in schools, nurseries and other childcare settings.

### **Zika virus: country specific risk**

Friday 3<sup>rd</sup> November 2017

Source: Public Health England: <https://www.gov.uk>

Countries or areas with current or past Zika transmission have been classified into one of three risk ratings.

### **Contaminated blood scandal to have 'full statutory inquiry'**

Friday 3<sup>rd</sup> November 2017

Source: BBC: <http://www.bbc.co.uk/>

A "full statutory inquiry" will be carried out into the contaminated blood scandal that left at least 2,400 people dead, the government has announced.

## Diet & nutrition

### [Eating mushrooms at breakfast may help you feel fuller](#)

Wednesday 25<sup>th</sup> October 2017    *Source:* NHS Choices: <https://www.nhs.uk/>  
"Starting the day with mushrooms could help you shed pounds from your waistline, new research has found," the Mail Online reports. US researchers wanted to see if regularly eating mushrooms for breakfast makes you feel fuller.

### [Local groups funded to promote healthy eating](#)

Tuesday 24<sup>th</sup> October 2017    *Source:* NHS Health Scotland:  
<http://www.healthscotland.scot/>  
Forty two voluntary and community groups have this week been allocated funding by Community Food and Health Scotland (CFHS), to promote and deliver healthy eating initiatives.

### [2017 - The State of Food Security and Nutrition in the World \(SOFI\) Report](#)

Wednesday 1<sup>st</sup> November 2017    *Source:* World Food Programme: <https://www.wfp.org/>  
This year's edition of The State of Food Security and Nutrition in the World marks the beginning of a regular monitoring of progress towards achieving the food security and nutrition targets set by the 2030 Agenda.

## Disability

### [Thousands share their invisible disabilities on Twitter](#)

Wednesday 25<sup>th</sup> October 2017    *Source:* BBC: <http://www.bbc.co.uk/>  
Using the hashtag #InvisiblyDisabledLooksLike, Twitter users across the world with hidden disabilities have been sharing pictures and stories to challenge society's perceptions.

### [Improving healthcare access for people with learning disabilities](#)

Friday 27<sup>th</sup> October 2017    *Source:* Public Health England: <https://www.gov.uk/>  
Guidance for social care staff on how to help people with learning disabilities get better access to medical services to improve their health.

### [Help older people with learning disabilities plan for the future, says NICE](#)

Friday 3<sup>rd</sup> November 2017    *Source:* NICE: <https://www.nice.org.uk/>  
NICE recommends health and social care professionals help older people with learning disabilities live healthy and fulfilling lives as they age, including planning for life-changing events.

## Drug Misuse

### [Ex-policewoman's cannabis use to relieve pain from MS](#)

Wednesday 25<sup>th</sup> October 2017    *Source:* BBC: <http://www.bbc.co.uk/>  
Meet Sue Cox: Former police officer, grandmother... and committed cannabis user. The 64-year-old said the devastating effects of multiple sclerosis have left her dependent on the illegal drug for the pain relief she feels it gives her.

### [Why opioids are such an American problem](#)

Wednesday 25<sup>th</sup> October 2017 Source: BBC: <http://www.bbc.co.uk/>

When it comes to taking opioids, the United States has the dubious honour of leading the world.

### [People who inject drugs: non-fatal overdose monitoring](#)

Friday 3<sup>rd</sup> November 2017 Source: Public Health England: <https://www.gov.uk/>

Report on non-fatal overdose monitoring data collected from the unlinked anonymous monitoring (UAM) survey of HIV, hepatitis B and hepatitis C in people who inject drugs (PWID).

### [People who inject drugs: infection risks, guidance and data](#)

November 2017 Source: Public Health England: <https://www.gov.uk/>

People who inject drugs (PWID) are vulnerable to a wide range of viral and bacterial infections. These infections can result in high levels of illness and in death.

## **Environmental health**

### [Superbug 'sleuthing' finds secret outbreaks](#)

Thursday 26<sup>th</sup> October 2017 Source: BBC: <http://www.bbc.co.uk/>

A feat of "genomic sleuthing" has uncovered 173 secret outbreaks of the superbug MRSA, a study shows.

### [Superbug-related deaths hit at least 15-year Wales low](#)

Tuesday 31<sup>st</sup> October 2017 Source: BBC: <http://www.bbc.co.uk/>

Deaths involving some of the most-common superbugs have hit their lowest levels in Wales for at least 15 years, official figures have shown.

### [Which has cleaner air: Eastbourne or London?](#)

Tuesday 31<sup>st</sup> October 2017 Source: BBC: <http://www.bbc.co.uk/>

The UK cities with atmospheres considered harmful by the World Health Organization are revealed in a new report by the Royal College of Physicians.

### [Impact of Air and Water Pollution on the Environment and Public Health](#)

Monday 30<sup>th</sup> October 2017 Source: UK Health Forum:

<http://www.ukhealthforum.org.uk/>

This Lords Library Briefing was prepared for the debate which took place in the House of Lords on 26 October 2017 on the impact of air and water pollution on the environment and public health.

## **Health protection**

### [How a graphene tattoo could monitor your health](#)

Wednesday 25<sup>th</sup> October 2017 Source: BBC: <http://www.bbc.co.uk/>

A graphene-based tattoo that could function as a wearable electronic device to monitor health has been developed at the University of Texas.

### ['Incredible' editing of life's building blocks](#)

Wednesday 25<sup>th</sup> October 2017 Source: BBC: <http://www.bbc.co.uk/>

Scientists have demonstrated an "incredibly powerful" ability to manipulate the building

blocks of life in two separate studies. The studies - which could eventually treat diseases - have been described as clever, important and exciting.

### **Why is it so difficult to develop new antibiotics?**

Friday 27<sup>th</sup> October 2017

Source: BBC: <http://www.bbc.co.uk/>

Over-reliance on and misuse of antibiotics has led to warnings of a future without effective medicines. Why is it so difficult for scientists to discover new drugs?

### **Taking antibiotics when you don't need them puts you at risk**

Tuesday 24<sup>th</sup> October 2017

Source: Public Health England: <https://www.gov.uk>

It is estimated that at least 5,000 deaths are caused every year in England because antibiotics no longer work for some infections.

### **Antibiotic resistance is now "common" in urinary tract infections**

Tuesday 24<sup>th</sup> October 2017

Source: NICE: <https://www.nice.org.uk/>

The number of urinary tract infections (UTIs) caused by drug resistant bacteria is increasing, new data shows.

### **Antibiotics should not be used to treat the majority of sinus infections, NICE says**

Friday 27<sup>th</sup> October 2017

Source: NICE: <https://www.nice.org.uk/>

NICE is advising healthcare professionals to tell their patients that a sinus infection will likely clear-up without antibiotics and that there is little evidence oral decongestants will help to relieve their symptoms.

## **Health services administration**

### **Hackers breach top plastic surgery clinic**

Tuesday 24<sup>th</sup> October 2017

Source: BBC: <http://www.bbc.co.uk/>

A high-profile plastic surgery clinic has said it is "horrified" after hackers allegedly stole data during a cyber-attack.

### **NHS Airbnb-style scheme 'not ruled out' by minister**

Sunday 29<sup>th</sup> October 2017

Source: BBC: <http://www.bbc.co.uk/>

The idea of NHS hospital patients recuperating in Airbnb-style accommodation has not been ruled out, health minister Philip Dunne has said.

### **Patients face 'distressing readmissions'**

Thursday 26<sup>th</sup> October 2017

Source: BBC: <http://www.bbc.co.uk/>

The number of patients in England being readmitted to hospital within 30 days of discharge has risen by nearly a quarter in the last four years, a watchdog has said.

### **Scotland's health 'is not improving', auditors warn**

Thursday 26<sup>th</sup> October 2017

Source: BBC: <http://www.bbc.co.uk/>

Scotland's health "is not improving" as the NHS faces "significant challenges", Audit Scotland has warned.

### **Warning over NHS Wales Brexit 'catastrophe'**

Thursday 26<sup>th</sup> October 2017

Source: BBC: <http://www.bbc.co.uk/>

Any Brexit which means leaving the single market could be catastrophic for the NHS and particularly devastating in Wales, a health academic has warned.

### **NHS 'could have prevented' WannaCry ransomware attack**

Friday 27<sup>th</sup> October 2017

Source: BBC: <http://www.bbc.co.uk/>

NHS trusts were left vulnerable in a major ransomware attack in May because cyber-security recommendations were not followed, a government report has said.

### **NHS workers warned about consequences of snooping into patients' medical records**

Tuesday 24<sup>th</sup> October 2017

Source: Information Commissioners Office:

<https://ico.org.uk/>

NHS employees who are tempted to look at patient records without a valid legal reason should consider the potential implications for both themselves and the health service.

### **Social care spending up £556m as costs also rise**

Wednesday 25<sup>th</sup> October 2017

Source: NHS Digital: <https://digital.nhs.uk/a>

Annual spending by local authorities on social care rose by £556 million in 2016/17 to £17.5 billion, new figures show.

### **Health and Social Care Network (HSCN) successfully launches with first live customer**

Thursday 26<sup>th</sup> October 2017

Source: NHS Digital: <https://digital.nhs.uk/>

The first customer has connected to the Health and Social Care Network, which allows health and care organisations to work better together to provide improved care for patients.

### **'Nosy' midwife struck off for viewing friends' records**

Monday 30<sup>th</sup> October 2017

Source: BBC: <http://www.bbc.co.uk/>

A midwife who admitted being "stupidly nosy" for looking up dozens of confidential medical records has been struck off.

### **'Despicable' fraud costs NHS in England £1bn a year**

Wednesday 1<sup>st</sup> November 2017

Source: BBC: <http://www.bbc.co.uk>

More will be done to protect the NHS in England from "despicable" acts of fraud, the head of the health service's new anti-fraud body has said.

### **EU nurses 'turning their backs on UK'**

Thursday 2<sup>nd</sup> November 2017

Source: BBC: <http://www.bbc.co.uk/>

The decline in EU nurses and midwives wanting to work in the UK since the referendum is continuing, figures show.

### **Five new medicines to be fast-tracked annually to NHS patients**

Friday 3<sup>rd</sup> November 2017

Source: BBC: <http://www.bbc.co.uk/>

The government has announced a plan to speed up the time it takes for new, life-changing medicines to reach patients.

### **Directors at 'unsafe' mental health trust got pay rise**

Friday 3<sup>rd</sup> November 2017

Source: BBC: <http://www.bbc.co.uk/>

Four directors at an "unsafe" mental health trust received £10k pay rises, despite failing to improve standards.

### **NHS offers smartphone GP appointments**

Monday 6<sup>th</sup> November 2017

Source: BBC: <http://www.bbc.co.uk/>

A 24-hour service has been launched for NHS patients, offering GP consultations via videolink on smartphones.

### **New GP app could lead to patients being 'cherry picked' and create 'twin track' general practice, warns RCGP**

Monday 6<sup>th</sup> November 2017      Source: Royal College of General Practitioners: <http://www.rcgp.org.uk>

Professor Helen Stokes-Lampard, Chair of the Royal College of GPs, said: "Some patients will see this as a 'golden ticket' to get quick and easy access to a GP.

### **NHS staff 'working on edge of safety'**

Tuesday 7<sup>th</sup> November 2017      Source: BBC: <http://www.bbc.co.uk/>

NHS staff in England are working on the "edge of safety" as rising demand is outstripping the increasing numbers being employed, health bosses say.

### **Investigation: WannaCry cyber attack and the NHS**

Monday 30<sup>th</sup> October 2017      Source: National Audit Office: <https://www.nao.org.uk/>

This report investigates the NHS's response to the cyber attack that affected it in May 2017 and the impact on health services.

### **What does becoming a multispecialty community provider mean for GPs?**

Friday 27<sup>th</sup> October 2017      Source: NHS England: <https://www.england.nhs.uk/>

New models of care are destined to transform health and care for patients – but what does that mean for GPs in an area considering a new way of working and what impact does this have on patients and practice teams?

### **The £97m bill for 'midwife shortage'**

Tuesday 31<sup>st</sup> October 2017      Source: BBC: <http://www.bbc.co.uk/>

UK maternity units are turning to expensive temporary staffing arrangements such as overtime and agency staff to plug gaps in midwife rotas, union leaders say.

## **Infant & child health**

### **The best start: the future of children's health. Valuing school nurses and health visitors in England. England report policy.**

Wednesday 25<sup>th</sup> October 2017      Source: UK Health Forum: <http://www.ukhealthforum.org.uk/>

This report, published by the Royal College of Nursing, shows that there has been a significant decline in school nurses and an emerging trend of reductions in the health visiting workforce.

### **Indian surgeons separate twins joined at the head**

Friday 27<sup>th</sup> October 2017      Source: BBC: <http://www.bbc.co.uk/>

Surgeons in the Indian capital, Delhi, have separated twin boys who were conjoined at the tops of their heads.

### **'I'm scared of my own autistic child'**

Monday 30<sup>th</sup> October 2017      Source: BBC: <http://www.bbc.co.uk/>

Parents struggling to cope with their violent autistic children are not being properly supported by local authorities, the National Autistic Society says.

### **New guidance to improve vision screening for young children**

Tuesday 24<sup>th</sup> October 2017      Source: Public Health England: <https://www.gov.uk/>

The new guidance ensures sight tests are carried out consistently across schools in England.

### **NICE approves gene therapy for rare 'bubble baby syndrome'**

Tuesday 24<sup>th</sup> October 2017      Source: NICE: <https://www.nice.org.uk/>

Strimvelis, a treatment for an ultra-rare inherited immune deficiency condition that has been dubbed 'bubble baby syndrome' has been approved by NICE in draft guidance.

### **Hair dye dangers warning for children**

Monday 30<sup>th</sup> October 2017      Source: BBC: <http://www.bbc.co.uk/>

Children's lives could be at risk because some hairdressing salons are not following guidelines on hair dye products, BBC Wales has found.

### **Autism assistance dog Rishi helps 11-year-old Jake**

Thursday 2<sup>nd</sup> November 2017      Source: BBC: <http://www.bbc.co.uk/>

A charity that helps young people with autism by teaming them up with specially-trained dogs is appealing for more support.

### **Telford mother's baby son died after developing rickets**

Sunday 5<sup>th</sup> November 2017      Source: BBC: <http://www.bbc.co.uk/>

Rickets, which affects bone development and in some cases the heart and brain, was thought to be largely eradicated. But a new two-year study has found at least 50 children a year are getting the disease.

### **New innovation in digital standards to improve child health information**

Wednesday 1<sup>st</sup> November 2017      Source: NHS Digital: <https://digital.nhs.uk/>

An innovative way to share important information about a child's health has been launched today and will support the prevention of childhood illness, improve health and wellbeing and involve parents more closely in their children's care and development.

### **Foster carers housing lone child refugees to receive specialist training**

Wednesday 1<sup>st</sup> November 2017      Source: The Guardian: <https://www.theguardian.com>

Scheme helping 1,000 carers announced as government prepares to hear ruling of court case regarding end of the Dubs scheme.

## **Men's health**

### **Charities, Social Enterprises and Men & Boys' Health: Survey**

Wednesday 25<sup>th</sup> October 2017      Source: UK Public Health Forum:

<http://www.ukhealthforum.org.uk/>

The Men's Health Forum are keen to find out more about what other organisations are doing to improve men and boys' health.

### **Male infertility treatment 'insensitive'**

Wednesday 1<sup>st</sup> November 2017 Source: BBC: <http://www.bbc.co.uk/>

Male infertility care can be insensitive and one-sided, says charity Fertility Network UK which has surveyed men seeking help to become fathers. Men can feel excluded, with female partners being the main focus of attention in clinics, it found.

## **Mental health**

### **Daydreaming brain network used in autopilot**

Tuesday 24<sup>th</sup> October 2017 Source: BBC: <http://www.bbc.co.uk/>

The part of the brain associated with daydreaming also allows us to perform tasks on autopilot, a study has found. A collection of brain regions known as the "default mode network" (DMN) is active when we are daydreaming or thinking about the past or future.

### **Clarke Carlisle on his mental health crisis**

Tuesday 24<sup>th</sup> October 2017 Source: BBC: <http://www.bbc.co.uk/>

Former Burnley defender Clark Carlisle describes the moment a man found him in Liverpool, as he struggled with his mental health.

### **Postnatal depression: Call for new fathers to be screened**

Wednesday 25<sup>th</sup> October 2017 Source: BBC: <http://www.bbc.co.uk/>

A man who suffered depression after the birth of his son says all new fathers should be screened for the illness.

### **Pupil: 'Yoga tells the worries to go away'**

Thursday 26<sup>th</sup> October 2017 Source: BBC: <http://www.bbc.co.uk/>

At this special educational needs school in north London, children on the autism spectrum practice yoga every week. It's been so successful that the school is sending its teachers on a yoga teacher training course so that they can incorporate yoga classes into the curriculum.

### **Resignation syndrome: Sweden's mystery illness**

Thursday 26<sup>th</sup> October 2017 Source: BBC: <http://www.bbc.co.uk/>

For nearly two decades Sweden has been battling a mysterious illness called Resignation Syndrome, it affects only the children of asylum-seekers, who withdraw completely, ceasing to walk or talk, or open their eyes.

### **Mental health challenge for local authorities**

Wednesday 25<sup>th</sup> October 2017 Source: UK Health Forum:

<http://www.ukhealthforum.org.uk/>

This Challenge has been set by the Mental Health Consortia, who are working together to improve mental health across England.

### **Young people 'not receiving mental health care they need'**

Friday 27<sup>th</sup> October 2017 Source: BBC: <http://www.bbc.co.uk/>

Young people are facing long waiting times and unequal access to mental health services, a review by the Care Quality Commission (CQC) has said.

### **The hopes and fears of young people facing life-limiting conditions**

Friday 27<sup>th</sup> October 2017 Source: BBC: <http://www.bbc.co.uk/>

A pioneering project has begun which aims to get young people with life-limiting conditions to express their emotions and opinions.

### **Marriage may help lower dementia risk**

Monday 30<sup>th</sup> October 2017

Source: NHS Choices: <https://www.nhs.uk/>

"Marriage and having close friends may help protect against dementia, according to Loughborough University researchers," BBC News reports.

### **10 things to know about sleep as the clocks go back**

Saturday 28<sup>th</sup> October 2017

Source: BBC: <http://www.bbc.co.uk/>

People across the UK will wake up having gained an hour's sleep on Sunday morning, as the clocks go back heralding darker evenings and shorter days. But how much do we know about sleep and its impact on our lives, from our health and mood, to how long we'll live?

### **Millions to benefit from groundbreaking mental health support**

Thursday 26<sup>th</sup> October 2017

Source: Prime Minister's Office: <https://www.gov.uk/>

More than 2 million public sector workers are set to receive unprecedented mental health support.

### **'How my horror make-up looks helped my depression'**

Tuesday 31<sup>st</sup> October 2017

Source: BBC: <http://www.bbc.co.uk/>

From a nightmarish clown to an angry goblin, or a White Walker, Manchester make-up artist Beth can become a terrifying monster in a matter of hours. She says creating horror looks has helped her cope with depression and an eating disorder.

### **Judge rules mentally ill patient must have breast surgery**

Tuesday 31<sup>st</sup> October 2017

Source: BBC: <http://www.bbc.co.uk/>

Doctors can operate on a mentally ill woman who does not accept her breast cancer diagnosis, a judge has ruled.

### **Just a few nights of bad sleep upsets your brain**

Wednesday 1<sup>st</sup> November 2017

Source: BBC: <http://www.bbc.co.uk/>

Thanks to the clocks going back, many of us managed to grab a little bit of extra shut-eye over the weekend.

### **Hunt challenges social media giants on cyber-bullying**

Wednesday 1<sup>st</sup> November 2017

Source: BBC: <http://www.bbc.co.uk/>

Health Secretary Jeremy Hunt is meeting social media giants, including Facebook and Twitter, to challenge them on cyber-bullying. He says the industry must be "part of the solution" regarding young people's mental health.

### **Tunisia attack: Dog helps teenager after terror trauma**

Thursday 2<sup>nd</sup> November 2017

Source: BBC: <http://www.bbc.co.uk/>

A teenager who witnessed a terror attack in Tunisia is being helped to cope with the trauma by an NHS therapy dog.

### **'My therapist reignited my sex abuse trauma'**

Thursday 2<sup>nd</sup> November 2017

Source: BBC: <http://www.bbc.co.uk/>

The ineffective regulation of those practising talking therapies - such as counselling and psychotherapy - is leaving patients at risk of harm, the BBC's Victoria Derbyshire

programme has been told.

### **Children at risk from ADHD diagnosis delays, experts warn**

Friday 3<sup>rd</sup> November 2017

Source: BBC: <http://www.bbc.co.uk/>

Slow, complicated delays in diagnosing attention deficit hyperactivity disorder are putting UK children at risk, a report has found.

### **Suicidal thoughts – a seafarer's story**

Friday 3<sup>rd</sup> November 2017

Source: BBC: <http://www.bbc.co.uk/>

It is estimated that 90% of global trade is carried by ship, but little is known about the lives of the thousands of people who work in shipping and at sea. Now new research suggests that the rate of suicide is increasing among seafarers.

### **'I'll be there for you': Helping a friend who's struggling**

Friday 3<sup>rd</sup> November 2017

Source: BBC: <http://www.bbc.co.uk/>

How do you react when your best friend has mental health problems? It's easy to say the wrong thing, so many of us end up saying nothing at all. But there are ways you can start the conversation and be there for someone who's unwell.

### **Scientists find key to unwanted thoughts**

Friday 3<sup>rd</sup> November 2017

Source: BBC: <http://www.bbc.co.uk/>

Have you ever wanted to stop ruminating on something and just been unable to? Scientists could have the secret. They have identified a chemical in the brain's "memory" region that allows us to suppress unwanted thoughts.

### **Psychiatrist vacancies 'double in four years' in England**

Saturday 4<sup>th</sup> November 2017

Source: BBC: <http://www.bbc.co.uk/>

One in 10 consultant psychiatrist roles is currently unfilled in NHS organisations in England, says a report by the Royal College of Psychiatrists.

### **'I paint sunflowers on my self-harm scars'**

Sunday 5<sup>th</sup> November 2017

Source: BBC: <http://www.bbc.co.uk/>

Amelia Halls was diagnosed with anxiety and depression and has struggled with self-harming since she was 14 years old. The 19-year-old archaeology student says she now paints on her body as "a replacement for self-harming".

### **'Speed up mental health support for children in care'**

Monday 6<sup>th</sup> November 2017

Source: BBC: <http://www.bbc.co.uk/>

"It felt like no-one was there for me and no-one cared - I was crying myself to sleep every night."

### **Police investigate 17 child sexting cases a day**

Monday 6<sup>th</sup> November 2017

Source: BBC: <http://www.bbc.co.uk/>

Police investigations into children sharing sexual images of themselves and others have more than doubled in two years, figures have shown. Forces in England and Wales recorded 6,238 underage "sexting" offences in 2016-17, a rate of 17 a day.

### **'UK wellbeing rises after Brexit vote'**

Tuesday 7<sup>th</sup> November 2017

Source: BBC: <http://www.bbc.co.uk/>

In the year after the UK narrowly voted to exit the European Union, there was a small but significant increase in the population's feeling of wellbeing, official statistics show.

### [Autism self-assessment framework exercise](#)

Monday 6<sup>th</sup> November 2017      *Source:* Public Health England: <https://www.gov.uk/>  
Results from the 2016 Autism self-assessment framework (SAF) exercise.

### [CQC completes initial review of mental health services for children and young people](#)

Monday 30<sup>th</sup> October 2017      *Source:* Care Quality Commission:  
<http://www.cqc.org.uk/>

This report looks at the quality and accessibility of mental health services for children and young people. It summarises the current state of knowledge from across a range of sources.

### [NHS England Prevent Mental Health Guidance and new e-Learning package now available](#)

Thursday 2<sup>nd</sup> November 2017      *Source:* NHS England: <https://www.england.nhs.uk>  
The guidance is aimed at providers of NHS mental health services and contains information applicable to mental health professionals who work within them.

### [Video interaction guidance: using video feedback to support new parents under stress](#)

Tuesday 24<sup>th</sup> October 2017      *Source:* Mental Health Foundation:  
<https://www.mentalhealth.org.uk>

Becoming a parent is an overwhelming time for most men and women and this becomes even harder when you are facing additional challenges such as poverty, housing difficulties, language and cultural barriers, or a lack of support networks.

### [The truth about self-harm](#)

Wednesday 25<sup>th</sup> October 2017      *Source:* The Mental Health Foundation:  
<https://www.mentalhealth.org.uk/>

This booklet aims to help you understand more about self-harm and what to do if you are worried about yourself or someone else.

### [Discussing the health expectancy of people with bipolar disorder and schizophrenia](#)

Wednesday 1<sup>st</sup> November 2017      *Source:* The Mental Health Foundation:  
<https://www.mentalhealth.org.uk/>

Mental Health Foundation and The British Journal of Psychiatry podcast.

### [Computerised cognitive behavioural therapy](#)

Monday 6<sup>th</sup> November 2017      *Source:* The Mental Health Foundation:  
<https://www.mentalhealth.org.uk/>

What is computerised cognitive behavioural therapy? Who is it aimed at? Does it fill a gap?

Please also refer to **Workplace Health** section for Thriving at Work: a review of mental health and employers review.

## Obesity

### Scottish government crackdown on unhealthy food offers

Thursday 26<sup>th</sup> October 2017      Source: BBC: <http://www.bbc.co.uk/>

The promotion of food and drink high in fat, sugar and salt is to be restricted in Scotland, ministers have confirmed.

### Adult weight management: key performance indicators

Wednesday 1<sup>st</sup> November 2017      Source: Public Health England: <https://www.gov.uk/>

Sets out the key performance indicators (KPIs) recommended for tier 2 adult weight management services.

## Oral health

### Dentist fines: Mistakes over addresses hitting thousands

Tuesday 24<sup>th</sup> October 2017      Source: BBC: <http://www.bbc.co.uk/>

Many fines incorrectly imposed after dental treatment are because of mistakes over patients' addresses, says a health watchdog.

### Cardiff dentist Mark Roberts struck off over 'basic hygiene'

Tuesday 24<sup>th</sup> October 2017      Source: BBC: <http://www.bbc.co.uk/>

A Cardiff dentist who breached "basic and fundamental standards of care and hygiene" has been struck off.

### 'Baby teeth DO matter' – Vaughan Gething

Wednesday 25<sup>th</sup> October 2017      Source: Welsh Government: <http://gov.wales/>

Baby teeth DO matter, that was the message from Health Secretary Vaughan Gething when he visited Pontcae Medical Practice in Merthyr Tydfil.

### Rotten teeth 'more likely' in deprived areas

Thursday 2<sup>nd</sup> November 2017      Source: BBC: <http://www.bbc.co.uk/>

Children from Blackburn are four times more likely to have fillings than their counterparts in South Gloucestershire, says a new report on dental health.

### Hepatitis B vaccine advice for dental professionals

Friday 27<sup>th</sup> October 2017      Source: Public Health England: <https://www.gov.uk/>

This is interim occupational health guidance for dental professionals affected by the global shortage of hepatitis B vaccine.

### Child oral health

Friday 27<sup>th</sup> October 2017      Source: House of Commons Library:

<http://researchbriefings.parliament.uk/>

This briefing contains background information, parliamentary material, press articles, and other relevant material which Members may find useful in preparation for the debate.

## Physical activity

### PE and Sports Premium doubles to £320 million

Tuesday 24<sup>th</sup> October 2017      Source: Department for Education:  
<https://www.gov.uk/>

Funding will improve the quality of PE and sport provision in our schools, helping children to be healthy and active.

### How fear puts girls off PE

Tuesday 7<sup>th</sup> November 2017      Source: BBC: <http://www.bbc.co.uk/>

25,000 secondary students in England and Northern Ireland were surveyed by Youth Sport Trust and Women in Sport, which found that more than 80% understood the importance of being active but almost half of boys and nearly two-thirds of girls were less than keen on taking part themselves.

### Sport, dance and physical activity: secondary analysis

Wednesday 1<sup>st</sup> November 2017      Source: UK Health Forum:  
<http://www.ukhealthforum.org.uk/>

This report published by the What Works Wellbeing explores the relationship between subjective wellbeing (SWB) and participation in sport or physical activity among healthy people aged 16 to 25.

## Prison health

### Mental health in prisons examined

Monday 30<sup>th</sup> October 2017      Source: UK Health Forum:  
<http://www.ukhealthforum.org.uk/>

The Public Accounts Committee examines the £400 million spent on prisoners mental and physical health in 2016–17 in England.

### Deaths and serious incidents in police custody

Monday 30<sup>th</sup> October 2017      Source: Home Office: <https://www.gov.uk/>

This independent review into serious incidents and deaths in custody, undertaken by Dame Elish Angiolini, began its work in October 2015.

## Screening

### Call for women to get life-saving smear test after uptake drops

Tuesday 7<sup>th</sup> November 2017      Source: Public Health England: <https://www.gov.uk/>  
PHE is urging women to have cervical screening after latest figures show a drop in attendance.

### Newborn blood spot screening: failsafe solution user guide

Tuesday 31<sup>st</sup> October 2017      Source: Public Health England: <https://www.gov.uk/>

How to use the newborn blood spot screening failsafe solution (NBSFS) - the national IT system - to minimise risk to babies.

### Newborn blood spot screening: failsafe procedures

Wednesday 1<sup>st</sup> November 2017      Source: Public Health England: <https://www.gov.uk/>

The newborn blood spot failsafe processes help ensure that all babies born in England are offered screening.

### **Sickle cell and thalassaemia screening: handbook for laboratories**

Thursday 2<sup>nd</sup> November 2017      *Source:* Public Health England: <https://www.gov.uk/>  
These documents set out policy and standards for laboratories working with the sickle cell and thalassaemia (SCT) screening programme.

## **Sexual health**

### **Trans Reproductive Health Survey**

Wednesday 25<sup>th</sup> October 2017      *Source:* Public Health England:  
<https://surveys.phe.org.uk/T>

Public Health England (PHE) is inviting all self-identified trans people (and those with a trans history) in the UK over the age of 16 to complete this survey about reproductive health.

### **Australia gonorrhoea cases surge 63%**

Monday 6<sup>th</sup> November 2017      *Source:* BBC: <http://www.bbc.co.uk/>

The number of cases of gonorrhoea in Australia has soared by 63% in the past five years, a new study has found.

### **Doxycycline as post-exposure prophylaxis for STIs: PHE response**

Friday 3<sup>rd</sup> November 2017      *Source:* Public Health England: [https://www.gov.uk](https://www.gov.uk/)

Joint PHE and BASHH position statement on doxycycline post-exposure prophylaxis (PEP) for sexually transmitted infections (STIs).

### **35,000 people demand government action to prevent contraception crisis in the UK**

Thursday 2<sup>nd</sup> November 2017      *Source:* Family Planning Association:  
<https://www.fpa.org.uk/>

Following revelations of worrying gaps in contraceptive services, the sexual health charity FPA is today handing in a petition signed by over 35,000 people in the UK to Chancellor Philip Hammond MP, calling on him to take action to avoid a contraception crisis that could cost the UK billions of pounds.

## **Smoking**

### **E-cigarettes: Cross-party group of MPs launches inquiry**

Wednesday 25<sup>th</sup> October 2017      *Source:* BBC: <http://www.bbc.co.uk/>

MPs are to carry out an inquiry into e-cigarettes amid concerns there are "significant gaps" in what is known about them and how they are regulated.

### **Warning over dangers of smoking around pets**

Monday 30<sup>th</sup> October 2017      *Source:* BBC: <http://www.bbc.co.uk/n>

Nursing and veterinary experts are trying to raise awareness about how smoking can be dangerous for animals.

### **CLeaR local tobacco control assessment**

Friday 3<sup>rd</sup> November 2017      *Source:* Public Health England: <https://www.gov.uk/guidance/guidance-for-local-authorities-public-health-bodies-and-the-nhs-on-using-deep-dive-self-assessment-tools-to-improve-their-tobacco-control-work>

### **40,000 healthcare professionals trained to help smokers quit**

Friday 3<sup>rd</sup> November 2017      *Source:* Public Health England: <https://www.gov.uk/government/news/public-health-england-event-in-birmingham-promotes-government-tobacco-control-plan-and-the-drive-to-make-the-nhs-smoke-free-by-2019>

## **Social & economic issues**

### **Cold homes, fuel poverty and race, 08 November 2017, London, UK**

Wednesday 25<sup>th</sup> October 2017      *Source:* UK Health Forum: <http://www.ukhealthforum.org.uk/>

This Race Equality Foundation event will explore what is known about communities' experience of fuel poverty. It will look at the experience, the evidence and how to tackle fuel poverty and cold homes.

### **UK Dementia Congress 2017: dementia and housing session**

Wednesday 25<sup>th</sup> October 2017      *Source:* homeless link: <http://www.homeless.org.uk/c>  
The housing sector has a critical role to play in supporting people with dementia to live well, and many housing organisations are already rolling out innovations in this area.

### **A second class ending - end of life care for people who are homeless**

Wednesday 1<sup>st</sup> November 2017      *Source:* Care Quality Commission: <http://www.cqc.org.uk/>

There is huge variation in the quality of care that people receive at the end of their life. Homeless people face significant health inequalities: the average age of death is just 47 years. Their end of life care needs and preferences also differ considerably from the rest of the population.

### **How does socioeconomic position affect our health? - Science Weekly podcast**

Wednesday 1<sup>st</sup> November 2017      *Source:* The Guardian: <https://www.theguardian.com/science/2017/nov/01/how-does-socioeconomic-position-affect-our-health-podcast>  
This week, Ian Sample and Nicola Davis explore the complex relationship between poverty, stress, and life expectancy.

## **Women's health**

### **IVF treatment: Your stories of pregnancy and parenthood**

Wednesday 25<sup>th</sup> October 2017      *Source:* BBC: <http://www.bbc.co.uk/health/2017/10/171025-ivf-pregnancy-stories>  
When Sophie Sulehria and husband Jonny Baker shared their struggle with IVF many readers got in touch with their own experiences. Here are some of their stories.

### **IVF: Patients face postcode lottery for treatment**

Monday 30<sup>th</sup> October 2017      *Source:* BBC: <http://www.bbc.co.uk/health/2017/10/171030-ivf-postcode-lottery>  
Nearly 90% of clinical commissioning groups (CCGs) fail to offer would-be-mothers the recommended three cycles of IVF treatment, new figures show. Of the 208 CCGs in England, only 24 meet national guidelines and seven offer no treatment at all.

### **IVF: Five things you might not know**

Saturday 4<sup>th</sup> November 2017 Source: BBC: <http://www.bbc.co.uk/>  
It's 40 years since the first IVF baby was conceived.

### **Meet the woman behind the breastfeeding emoji**

Tuesday 24<sup>th</sup> October 2017 Source: BBC: <http://www.bbc.co.uk/>  
The new picture of a mother with her baby was proposed by a nurse at University College London Hospital.

### **Abortion stories: From a 'sense of relief' to a 'broken heart'**

Thursday 26<sup>th</sup> October 2017 Source: BBC: <http://www.bbc.co.uk/>  
One in three women will have an abortion in their lifetime, yet it is rarely talked about.

### **Women in Scotland allowed abortion pill at home**

Thursday 26<sup>th</sup> October 2017 Source: BBC: <http://www.bbc.co.uk/>  
Women in Scotland are the first in the UK to be allowed to take the abortion pill at home.

### **How solar-powered suitcases are helping babies in Nepal**

Tuesday 31<sup>st</sup> October 2017 Source: BBC: <http://www.bbc.co.uk/>  
This is a solar suitcase. Connected to a solar panel on the roof, the device is a miniature power station that provides light, heat and battery charging and a baby monitor.

### **Early blood test could indicate risk of miscarriage**

Wednesday 1<sup>st</sup> November 2017 Source: BBC: <http://www.bbc.co.uk/>  
A blood test in the first 12 weeks of pregnancy could indicate a risk of miscarriage or premature birth, early research suggests.

### **Surrogate mother of 'twins' finds one is hers**

Friday 3<sup>rd</sup> November 2017 Source: BBC: <http://www.bbc.co.uk/>  
A surrogate mother from California, who gave birth to two babies, found out one of the children was biologically hers.

### **Scotland offers free abortions to women from Northern Ireland**

Monday 6<sup>th</sup> November 2017 Source: BBC: <http://www.bbc.co.uk/>  
Women from Northern Ireland can now have free abortions through the NHS in Scotland. Abortions are illegal in Northern Ireland except for cases where the woman's health is at risk.

### **NI women 'waiting longer' to have babies**

Tuesday 7<sup>th</sup> November 2017 Source: BBC: <http://www.bbc.co.uk/>  
Women in Northern Ireland are waiting an average of four years longer before having their babies, new statistics suggest.

### **MPs support Ealing anti-abortion protest zones, says poll**

Tuesday 7<sup>th</sup> November 2017 Source: BBC: <http://www.bbc.co.uk/>  
More than half of MPs support a council's decision to introduce "buffer zones" outside abortion clinics to prevent protests, a poll suggests.

### **Northern Ireland abortion campaigners given human rights award – on same day they challenge the law in Supreme Court**

Thursday 26<sup>th</sup> October 2017 Source: Family Planning Association:

<https://www.fpa.org.uk/>

After many decades of fighting for abortion rights in Northern Ireland, campaigners were awarded Liberty's prestigious Human Rights 'Long Walk' Award – on the same day that they challenged Northern Ireland's strict abortion law in court.

### **'How abortions changed our lives'**

Friday 27<sup>th</sup> October 2017

Source: BBC: <http://www.bbc.co.uk/>

Abortion was partially legalised in England, Wales and Scotland 50 years ago. BBC 5 live brings together two women who've had an abortion, then and now.

## **Workplace health**

### **Celebrating 40 years of union safety reps**

Thursday 26<sup>th</sup> October 2017

Source: TUC: <https://www.tuc.org.uk/>

It's 40 years since trade union health and safety reps had a legal right under the 1977 SRSC Regulations to improve health and safety in the workplace. Let us celebrate the difference this has made to workplaces up and down the country.

### **Thriving at Work: a review of mental health and employers**

Thursday 26<sup>th</sup> October 2017

Source: Department of Health: <https://www.gov.uk/>

An independent review of mental health and employers by Lord Dennis Stevenson and Paul Farmer.

### **Mental health the last workplace taboo: Stevenson Farmer review**

Thursday 26<sup>th</sup> October 2017

Source: Equality and Human Rights Commission:

<https://www.equalityhumanrights.com/>

Responding to the publication of Thriving at Work, the Stevenson/Farmer review of mental health and employers, Equality and Human Rights Commission Chief Executive Rebecca Hilsenrath said.

### **Prime Minister announces new drive to end the gender pay gap**

Saturday 28<sup>th</sup> October 2017

Source: Prime Minister's Office: <https://www.gov.uk/>

What if men took career breaks and had 'Care' responsibilities? Prime Minister Theresa May called on companies to take steps to improve workplace equality.

### **Britain's annual injury and ill health statistics released**

Wednesday 1<sup>st</sup> November 2017

Source: Health and Safety Executive:

<http://press.hse.gov.uk/>

The latest annual injury and ill health statistics from the Health and Safety Executive (HSE) show 1.3 million workers were suffering from work related ill-health and there were 609,000 workplace injuries in 2016/17.

### **How to support mental health at work**

Thursday 26<sup>th</sup> October 2017

Source: The Mental Health Foundation:

<https://www.mentalhealth.org.uk/>

For many of us, work is a major part of our lives. It is where we spend much of our time, where we get our income and often where we make our friends. Having a fulfilling job can be good for your mental health and general wellbeing.

## **Local news: Hampshire and IOW**

### **Serving freshly cooked school dinners at value for money prices**

Mon 6<sup>th</sup> November 2017    *Source:* Hampshire County Council: [www.hants.gov.uk](http://www.hants.gov.uk)

Hampshire County Council is set to review the price of freshly-cooked, healthy school meals in a bid to maintain value for money, despite financial pressures caused by rising costs from the impact of the National Living Wage and food inflation

### **Southampton researchers lead 'first of its kind' study to extend lives of men with incurable prostate cancer**

Thurs 2<sup>nd</sup> November 2017    *Source:* University of Southampton: [www.soton.ac.uk](http://www.soton.ac.uk)

Researchers from the University of Southampton are set to lead a new precision medicine study for prostate cancer which has the potential to extend the lives of 9,000 men every year in the UK.

### **Bowel cancer patients without vital social support are twice as likely to have poorer overall health**

Thurs 2<sup>nd</sup> November 2017    *Source:* University of Southampton: [www.soton.ac.uk](http://www.soton.ac.uk)

Bowel cancer patients who lack a key type of social support are more than twice as likely to experience poorer overall health and quality of life, according to new research by the University of Southampton and Macmillan Cancer Support published today in the journal Psycho-Oncology.

### **New cancer drug shows promise in helping patients with blood cancer**

Tues 31<sup>st</sup> October 2017    *Source:* University of Southampton: [www.soton.ac.uk](http://www.soton.ac.uk)

An immunology discovery from the laboratories at the University of Southampton has now been shown to improve the outcomes of a common type of blood cancer in patients.

### **Southampton professor calls for global recognition of human rights and dignity for older people**

Fri 27<sup>th</sup> October 2017    *Source:* University of Southampton: [www.soton.ac.uk](http://www.soton.ac.uk)

A University of Southampton professor is working with the United Nations to better understand the challenges and opportunities facing older people around the world.

### **Use POWeR to help you lose weight – new free online tool launches this week**

Mon 30<sup>th</sup> October 2017    *Source:* Hampshire County Council: [www.hants.gov.uk](http://www.hants.gov.uk)

With around two thirds of Hampshire adults now overweight, a new, easy to use online tool has been launched to help anyone struggling to shift the pounds.

## **IOW**

### **SMART cycling app hits charity target**

Mon 6<sup>th</sup> November 2017

*Source:* IOW Council: [www.iwight.com](http://www.iwight.com)

Ryde Arena Community Action Group has had a fundraising boost of £658 after the October challenge of the Bicycle Island app hit its charity target for the first time.

### Call blocking device protects vulnerable

Mon 6<sup>th</sup> November 2017

Source: IOW Council: [www.iwight.com](http://www.iwight.com)

From today, free call blockers will be available on a first come, first served basis to people with dementia, who are currently receiving scam or nuisance calls.

### Have your say on recycling and waste

Thurs 2<sup>nd</sup> November 2017

Source: IOW Council: [www.iwight.com](http://www.iwight.com)

The Isle of Wight Council, in partnership with Amey, is asking for feedback on recycling and waste services.

### Key partnership set for renewal

Weds 1<sup>st</sup> November 2017

Source: IOW Council: [www.iwight.com](http://www.iwight.com)

A key and successful partnership with Hampshire that has brought major improvements to education and children's social care on the Island is set to be renewed long-term.

### Sensitive approach on roadside memorials

Thurs 26<sup>th</sup> October 2017

Source: IOW Council: [www.iwight.com](http://www.iwight.com)

A new approach balancing sensitivity with safety for roadside memorials on the Isle of Wight has been approved.

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## **Other Bulletins**

### **Super Six Bulletin**

This is a weekly Bulletin that details original articles in the BMJ, JAMA, New England Journal of Medicine and The Lancet, Annals of Internal Medicine and Annals of Emergency Medicine  
<http://cash.libraryservices.nhs.uk/cash-service/rss-newsfeed-menu/medicine/big-four-bulletin/>

### **Daily Health Bulletin**

The Daily Health Bulletin is produced by the Knowledge Service of the West and South Yorkshire and Bassetlaw Commissioning Support Unit.  
<http://cash.libraryservices.nhs.uk/cash-service/daily-health-bulletin/>

### **Healthcare Public Health**

Monthly bulletin containing news and information about key public health issues including health service commissioning, updates from Public Health England, local authorities, Faculty of Public Health and others agencies, resources and good practice.  
<http://www.healthcarepublichealth.net/newsletters.php>

### **PHE Bulletin (Public Health England)**

The PHE Bulletin is issued monthly and contains public health news and information.  
<https://www.gov.uk/government/collections/phe-bulletin>

**Public Health and Social Care Bulletin**

This is published weekly and created by Kent & Medway Public Health Observatory. It provides an update on what is new in public health and social care, both nationally and locally.

<http://www.kpho.org.uk/library-services/keeping-up-to-date/e-bulletin-archive>



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