

Public Health Bulletin. 20th June 2017

Produced by NHS libraries in Thames Valley and Wessex

Please find below a list of news items from the past fortnight that may be of interest to those involved in public health. This Bulletin provides topical news and reports of relevance to public health teams, community health practitioners and anyone with an interest in health promotion. All content and links are provided for information only and we do not sponsor, endorse or otherwise approve of any mentioned website or the contents of the news items. Please refer to the terms and conditions of the relevant website should you wish to reproduce any of the information.

Details of alternative current awareness services which cover more academic/specialist sources of information can be found in the section *Other Bulletins*. Your local NHS library service can assist you in accessing other current awareness services/tailored alerts, locating peer reviewed journal articles and answer any other queries you may have regarding finding information.

The information about each news item only gives a brief overview so we recommend you view the original source by clicking on the title (or Ctrl+Click in the word document).

Please contact your local NHS library service if you no longer wish to receive this Bulletin, or if you know of anyone else who would like to join the mailing list. The Bulletins are also available on the Thames Valley Public Health Network at: <http://www.oxsph.org/bulletins.html> and the Wessex Public Health Network at: <http://www.wessexphnetwork.org.uk/resources/public-health-updates.aspx>

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Alcohol misuse

Even moderate drinking may damage the brain

Wednesday 7th June 2017

Source: NHS Choices: <http://www.nhs.uk/>

"Even moderate drinking can damage the brain," The Guardian reports. A new study, involving brain scans and cognitive testing, suggests that moderate drinking, over many years, could damage areas of the brain linked to memory and cognitive function.

Chronic conditions

Huntington's disease trial test is 'major advance'

Thursday 8th June 2017

Source: BBC: <http://www.bbc.co.uk/>

Scientists say they may have found the world's first blood test that predicts when someone at risk is likely to get Huntington's disease and tracks how quickly damage to the brain occurs.

Antibiotics and vitamin C could kill cancer cells

Monday 12th June 2017

Source: NHS Choices: <http://www.nhs.uk/news/>

"Vitamin C and antibiotics could be up to 100 times more effective than drugs at killing cancer cells – without the side effects," reports the Mail Online. The news comes from the results of a study that found a new two-pronged approach using the antibiotic doxycycline followed by vitamin C could kill cancer cells.

Risk of aspirin-related bleeding is higher in the over-75s

Wednesday 14th June 2017

Source: NHS Choices: <http://www.nhs.uk/news/>

"People over 75 taking daily aspirin after a stroke or heart attack are at higher risk of major – and sometimes fatal – stomach bleeds than previously thought," BBC News reports.

Drug that creates a 'real sun-tan' could prevent cancer

Tuesday 13th June 2017

Source: BBC: <http://www.bbc.co.uk/>

Scientists have developed a drug that mimics sunlight to make the skin tan, with no damaging UV radiation involved.

Highest proportion of prostate cancer cases diagnosed early are picked up in general practice, says RCGP

Tuesday 13th June 2017

Source: Royal College of General Practitioners:

<http://www.rcgp.org.uk/>

Professor Helen Stokes-Lampard, Chair of the RCGP, has responded to a study by Prostate Cancer UK about family history and its link to increased risk of the disease among men.

'Monumental U-turn' on cancer drug

Thursday 15th June 2017

Source: BBC: <http://www.bbc.co.uk/>

A pioneering and life-extending drug repeatedly deemed too expensive will now be offered on the NHS in England. It is the result of a confidential deal between the health service and the drug company Roche.

Cardiff scientist to 'train' virus to fight ovarian cancer

Monday 19th June 2017

Source: BBC: <http://www.bbc.co.uk/>

A Cardiff scientist is to explore whether viruses can be "trained" to tackle ovarian cancer after being given a £250,000 Cancer Research UK grant.

Blood test may show if prostate cancer treatment is working

Monday 19th June 2017

Source: NHS Choices: <http://www.nhs.uk/news/>

"Prostate cancer blood test helps target treatment," BBC News reports. A study found a blood test could detect which men with advanced prostate cancer would benefit from new drug treatment.

Cholesterol-lowering jab 'shows promise' for heart disease

Tuesday 20th June 2017

Source: NHS Choices: <http://www.nhs.uk/news/>

"Cholesterol-lowering jab to help prevent heart disease," reports BBC Online.

The headline refers to a recent mouse study that aimed to see whether a new vaccine could reduce cholesterol and lower the risk of heart disease.

Inappropriate prescribing in chronic kidney disease: A systematic review of prevalence, associated clinical outcomes and impact of interventions

June 2017

Source: PubMed: <https://www.ncbi.nlm.nih.gov/>

International Journal of Clinical Practice

Inappropriate prescribing (IP) in chronic kidney disease is associated with adverse events leading to a risk of prolonged hospital stay and mortality. Computer-based decision support or clinical pharmacist intervention were both demonstrated to reduce rates of IP.

Glucose Self-monitoring in Non-Insulin-Treated Patients With Type 2 Diabetes in Primary Care Settings

June 2017

Source: Journal of the American Medical Association:

<http://jamanetwork.com/>

RCT (n=450) found no statistically significant differences in HbA1c levels at one year, health-related quality of life or adverse events between patients with type 2 diabetes who performed self-monitoring of blood glucose (SMBG) versus controls.

Communicable diseases

Yemen cholera cases pass 100,000 amid 'unprecedented' epidemic

Thursday 8th June 2017

Source: BBC: <http://www.bbc.co.uk/>

The number of suspected cases of cholera resulting from a severe outbreak in Yemen has passed 100,000, the World Health Organization says.

DR Congo polio outbreak 'from poor vaccine coverage'

Wednesday 14th June 2017

Source: BBC: <http://www.bbc.co.uk/>

Two outbreaks of polio have been identified in the Democratic Republic of Congo, in a blow to the goal of wiping out the disease from the world. The World Health Organization said there was a high risk the vaccine-derived virus could spread.

Avian flu confirmed at a farm near Diss, South Norfolk

Tuesday 6th June 2017

Source: Department of Health: <https://www.gov.uk/>

Public Health England advises that the risk to public health from the virus is very low and the Food Standards Agency is clear that bird flu does not pose a food safety risk for UK consumers.

Is a new flu pandemic just three mutations away?

Friday 16th June 2017

Source: NHS Choices: <http://www.nhs.uk/news/>

"Just three mutations are needed to make bird flu a potential pandemic strain that could kill millions," is the alarming headline from the Mail Online. However, the chance of all three mutations occurring has been described as "relatively low".

Diet & nutrition

Is white bread just as healthy as brown?

Thursday 8th June 2017

Source: NHS Choices: <http://www.nhs.uk/news/>

"Sliced white bread is 'just as healthy as brown', shock findings reveal," The Sun reports. A small study looking at the effects of eating different types of bread – white versus brown sourdough – found no significant differences.

'Seductive names' make vegetables more appealing

Tuesday 13th June 2017

Source: BBC: <http://www.bbc.co.uk/>

How do you get more people to eat their greens? Give vegetables seductive names, say US researchers. A team at Stanford tried it out on students in the university cafeteria and found veggie sales went up by 25% when indulgent labels were used.

Warning over protein supplements use

Tuesday 13th June 2017

Source: BBC: <http://www.bbc.co.uk/news/>

Bodybuilders and fitness fanatics could be taking too many, according to dietitians.

Vegetarian dieting may lead to greater weight loss

Thursday 15th June 2017

Source: NHS Choices: <http://www.nhs.uk/news/>

"Dieters who follow a vegetarian eating plan lose nearly twice as much weight," the Daily Mail reports following the results of a new study.

Coconut oil 'as unhealthy as beef fat and butter'

Friday 16th June 2017

Source: BBC: <http://www.bbc.co.uk/>

Coconut oil is as unhealthy as beef dripping and butter, say US heart experts. It is packed with saturated fat which can raise "bad" cholesterol, says the American Heart Association in updated advice.

Sugary cereals named and shamed by Liverpool health bosses

Monday 19th June 2017

Source: BBC: <http://www.bbc.co.uk/>

Health officials have named and shamed what they say are the most sugary breakfast cereals. Some, including Kellogg's Frosties and Coco Pops, contain three-and-a-half sugar cubes or more per 40g serving, Public Health Liverpool (PHL) found.

Drug Misuse

[Call for drug safety testing at summer music festivals](#)

Thursday 8th June 2017

Source: BBC: <http://www.bbc.co.uk/>

All music festivals should provide drug testing facilities, where people can go and find out if substances are safe, says the Royal Society for Public Health.

Environmental health

[Urban Green Space Interventions and Health. A review of impacts and effectiveness.](#)

Wednesday 7th June 2017 Source: UK Health Forum: <http://www.ukhealthforum.org.uk/>

There is a wide range of international agreements and commitments to enhance and support the establishment of green spaces in urban settings, as these are considered to provide a range of benefits to the urban population. Yet, little is known on the most effective ways to deliver urban interventions on green spaces, and how to make sure that the environmental, social and health benefits are maximized.

[Paris pollution victim sues France for bad air](#)

Wednesday 7th June 2017

Source: BBC: <http://www.bbc.co.uk/>

A Parisian woman is taking the French state to court for failing to protect her health from the effects of air pollution.

[National Clean Air Day: 15 June 2017](#)

Wednesday 7th June 2017 Source: UK Health Forum: <http://www.ukhealthforum.org.uk/>

Global Action Plan have joined forces with councils, hospitals, schools, and businesses and councils in six cities across England as part of National Clean Air Day.

[Consultation on a revised air quality plan for the achievement of EU air quality limit values for nitrogen dioxide \(NO2\) in the UK](#)

Tuesday 6th June 2017

Source: UK Health Forum: <http://www.ukhealthforum.org.uk/>

The UK Government, the Scottish Government, the Welsh Government and the Department of Agriculture, Environment and Rural Affairs in Northern Ireland are seeking views on a revised Plan to reduce levels of nitrogen dioxide around roads within the shortest possible time.

[Mars recalls chocolates over salmonella fear](#)

Friday 9th June

Source: BBC: <http://www.bbc.co.uk/>

Chocolate maker Mars is recalling some bars of Galaxy, Maltesers Teasers and bags of Minstrels due to the "potential presence of salmonella".

[How to keep your baby safe in hot weather](#)

Friday 16th June 2017

Source: BBC: http://www.bbc.co.uk

The advice is from the NHS website and parents.

[Air pollution plan 'unfair' on local authorities](#)

Thursday 15th June 2017

Source: BBC: http://www.bbc.co.uk/n

The UK government is abdicating its responsibilities and "unfairly shifting the burden" of dealing with dirty air on to local authorities, says an industry body.

Heat health warning: 2017

Friday 16th June 2017

Source: Public Health England: <https://www.gov.uk/>

Hot weather forecasts for parts of England have prompted warnings to take care from Public Health England (PHE).

Health protection

Doctor's call to 'equally protect' boys with HPV vaccine

Wednesday 7th June 2017

Source: BBC: <http://www.bbc.co.uk/>

A doctor is calling for boys to receive a vaccine currently only given to girls to protect against cancer.

WHO update of the Essential Medicines List should benefit doctors and patients

Tuesday 6th June 2017

Source: Royal College of General Practitioners:

<http://www.rcgp.org.uk/>

Responding to the World Health Organisation's update of the Essential Medicines List, Professor Helen Stokes-Lampard, Chair of the Royal College of GPs, said: "Growing resistance to antibiotics is a serious threat to our patients' health worldwide, so we welcome the World Health Organisation taking action to help curb this.

Therapy could stop superbugs on farms

Thursday 8th June 2017

Source: BBC: <http://www.bbc.co.uk/>

Researchers at Leicester University have shown that it might be possible to develop an alternative to antibiotics for treating diseases in pigs. They have identified a range of viruses, called bacteriophages, that can be used to kill common pig infections. The aim is to reduce the risk of antibiotic resistant bacteria emerging on farms that could also infect humans.

Catch whooping cough and get £3,500

Thursday 15th June 2017

Source: BBC: <http://www.bbc.co.uk/>

How much money would it take to persuade you to be deliberately infected with whooping cough for the sake of medical science?

Management of potential bloodborne virus exposure following severe serial penetrating injury attack

June 2017

Source: Public Health England: www.gov.uk

Serial attacks with bladed or other forms of penetrating weapons carry the possibility of transmission of blood borne viral infections (hepatitis C, hepatitis B and HIV).

Health services administration

Nursing and midwifery vacancy rates at record high

Tuesday 6th June 2017

Source: BBC: <http://www.bbc.co.uk/>

Nursing leaders are warning the NHS in Scotland has "too few nurses" after vacancies rose to record levels. Latest figures show the nursing and midwifery vacancy rate stands at 4.5% - the highest ever reported.

Hospital long waits highest since 2008

Friday 9th June 2017

Source: BBC: <http://www.bbc.co.uk/>

The number of patients in England waiting longer than 18 weeks for routine treatment is the largest since September 2008, official figures show.

Care worker zero-hours contracts tackled by Welsh Government

Monday 12th June 2017

Source: BBC: <http://www.bbc.co.uk/news/>

A planned curb on zero-hours contracts for thousands of care workers has been unveiled by the Welsh Government. Workers will be given the choice after three months whether they want to carry on with the arrangement or move onto a minimum-hours contract.

EU nurse applicants drop by 96% since Brexit vote

Monday 12th June 2017

Source: BBC: <http://www.bbc.co.uk/news/>

There has been a sharp drop in nurses registering to work in the UK since the EU referendum, figures suggest. Last July, 1,304 nurses from the EU joined the Nursing and Midwifery Council register, compared to 46 in April this year, a fall of 96%.

Worries over care home fees and funding

Wednesday 14th June 2017

Source: BBC: <http://www.bbc.co.uk/>

Care homes may be charging families for extended periods after a resident has died as well as large upfront fees, a competition inquiry has revealed. The concerns emerged from the initial findings of a review by the Competition and Markets Authority (CMA) which began in December.

NHS trusts tell their stories of improvement

Wednesday 14th June 2017

Source: Care Quality Commission:

<http://www.cqc.org.uk/>

What do NHS trusts do to turn themselves around? Our collection of case studies on eight trusts – published today – looks at the steps each one took on its own improvement journey.

£6 million centre to help tackle major policy challenges

Wednesday 14th June 2017

Source: Economic and Social Research

Council: <http://www.esrc.ac.uk/>

Cardiff University is to host a new £6 million research centre which will help to ensure that governments and public services have access to the best available evidence to help them tackle the major policy challenges of our day.

NICE to work with partners on developing new ways to measure quality of life across health and social care

Tuesday 13th June 2017

Source: NICE: <https://www.nice.org.uk/>

NICE is taking part in a project that will examine how quality of life measures used to evaluate healthcare treatments such as drugs can be extended into areas of social care and public health.

Project unveils 25 years of lifestyle changes

Wednesday 14th June 2017

Source: NHS Digital: <https://www.digital.nhs.uk/>

A new tool shows how people in England's smoking, drinking and healthy eating habits have changed over the past 25 years, in a new, easy to understand, format.

Medicine information leaflets 'too scary', say experts

Tuesday 20th June 2017

Source: BBC: <http://www.bbc.co.uk/>

There is too much focus on the potential side-effects of medicines on information leaflets inside packs and not enough on their benefits, says the Academy of Medical Sciences.

10-min appointments unfit for discussing complicated health matters, says RCGP

Monday 19th June 2017

Source: Royal College of General Practitioners:

<http://www.rcgp.org.uk/>

Professor Helen Stokes-Lampard, Chair of the RCGP, has responded to a report published today by The Academy of Medical Sciences on patients' views of medical research.

HIV & AIDS

Preventing HIV risk in Southern Africa

Monday 12th June 2017

Source: Economic and Social Research Council:

<http://www.esrc.ac.uk/>

Research on HIV prevention led to a Cash plus Care programme that has helped over two million girls in ten African countries avoid contracting HIV/AIDS since 2014.

Infant & child health

Babies put into their own room at six months 'sleep longer'

Tuesday 6th June 2017

Source: NHS Choices: <http://www.nhs.uk/news/>

"Babies moved into their own room at six months sleep better and are lower risk of obesity, poor sleep patterns and tantrums," reports The Sun.

An egg a day may prevent stunted growth in infants

Thursday 8th June 2017

Source: NHS Choices: <http://www.nhs.uk/news/>

"An egg a day appears to help young children grow taller," BBC News reports.

Research involving young children in Ecuador found babies given one egg a day for six months had improved growth compared with controls, as well as a reduced risk of stunted growth.

UNICEF UK: UK not yet meeting its international obligations to UK children

Thursday 15th June 2017

Source: UNICEF UK: <https://www.unicef.org.uk/>

The UK Government still has some way to go to ensure it meets the commitments it made to implement the Sustainable Development Goals (SDGs) at home, resulting in positive change for the country's children, reveals a new Unicef report.

Men's health

Older fathers have 'geekier sons'

Tuesday 20th June 2017

Source: BBC: <http://www.bbc.co.uk/>

Men who delay starting a family are more likely to have "geekier" sons, a study suggests. They were brighter, more focused and less bothered about fitting in - according to the "Geek Index" devised by King's College London.

Mental health

Jade takes a stand against her body dysmorphic disorder

Tuesday 13th June 2017

Source: BBC: <http://www.bbc.co.uk/>

Jade and her mum Margaret discuss how much it has affected her life how it has brought them closer together.

Broken heart syndrome may have lasting damage, say researchers

Monday 19th June 2017

Source: BBC: <http://www.bbc.co.uk/news>

A condition known as "broken heart syndrome" may cause longer-lasting damage than previously thought, a study has found.

Eating disorder survivor on fighting back

Tuesday 20th June 2017

Source: BBC: <http://www.bbc.co.uk/>

Lucy, 19, overcame an eating disorder and now goes back to the Royal Free Hospital in London, where she was treated, to help others with the condition.

Sarah Fletcher overcomes anorexia to become mother

Tuesday 20th June 2017

Source: BBC: <http://www.bbc.co.uk/>

A woman who was told her eating disorders meant she would never have children is celebrating the arrival of a "surprise" baby.

How To Maintain Your Emotional Wellbeing During Tragic News Events

Thursday 15th June 2017

Source: The Mental Health Foundation:

<https://twitter.com/mentalhealth>

As Dr Mark Williamson, director of Action For Happiness, told HuffPost UK, maintaining good mental wellbeing through tragedy isn't about turning a blind eye to the news, but learning how to navigate it.

Obesity

Childhood Obesity Essentials

Wednesday 7th June 2017

Source: UK Health Forum: <http://www.ukhealthforum.org.uk/>

The College of Contemporary Health 6-hour online short course for professionals is designed to give you core knowledge in this critical health area.

Being overweight, not just obese, still carries serious health risks

Tuesday 13th June 2017

Source: NHS Choices: <http://www.nhs.uk/news/>

"Four million people died in 2015 as a result of being too tubby, struck by cancer, heart disease, diabetes and other killer conditions," reports The Sun.

Obese mums more likely to give birth to babies with birth defects

Thursday 15th June 2017

Source: NHS Choices: <http://www.nhs.uk/news/>

"Women who are obese when they conceive are more likely to have a baby with serious birth defects," The Guardian reports.

Scottish food watchdog wants 'revolution' on food sales

Friday 16th June 2017

Source: BBC: <http://www.bbc.co.uk/>

Supermarkets and other food retailers are fueling Scotland's obesity epidemic, according to new research.

Older people

Ending the silence on older victims of rape

June 2017

Source: Economic and Social Research Council:

<http://www.esrc.ac.uk/>

Research prompted the first national study of rape and sexual assault of people over 60, highlighting this hidden, unrecorded offence and increasing support for victims.

Prisoners cover axed meals on wheels for the elderly

Tuesday 20th June 2017

Source: BBC: <http://www.bbc.co.uk/>

Prisoners have taken over part of a meals on wheels service for elderly people after a council scrapped it.

Oral health

Healthy Teeth, Happy Smiles! Leicester City Council

Wednesday 14th June 2017

Source: Public Health England: <https://www.gov.uk/>

Healthy Teeth, Happy Smiles! is an early intervention programme from birth to improve the oral health of preschool children.

Health matters: child dental health

Wednesday 14th June 2017

Source: Public Health England: <https://www.gov.uk/>

This resource outlines how health professionals can help prevent tooth decay in children under 5.

Physical activity

Owning a dog may encourage older people to exercise

Friday 9th June 2017

Source: NHS Choices: <http://www.nhs.uk/news/>

"NHS should prescribe dogs to keep over-65s fit," the Daily Mail reports. The headline was prompted by the results of a new study with the rather unsurprising finding that older adults who own dogs walk more than those who don't.

Can a mile a day improve your health?

Tuesday 13th June 2017

Source: BBC: <http://www.bbc.co.uk/news/>

Come rain or shine these pupils from Lancashire run a daily mile, and doctors say it's making a difference to their school work and health.

Screening

Sleep disorder testing carried out by NHS doubles

Tuesday 20th June 2017

Source: BBC: <http://www.bbc.co.uk/>

The number of tests carried out by the NHS to diagnose people with sleep disorders across England has doubled in the past decade, figures reveal.

Sexual health

[New statistics on sexually transmitted infections raise concerns for services](#)

Tuesday 6th June 2017 *Source:* Family Planning Association: <http://www.fpa.org.uk/>
Figures released by Public Health England today show the total number of new cases of sexually transmitted infections (STIs) in England decreased by 4% in 2016, with 417,584 diagnoses.

[HPV vaccination pilot for men who have sex with men \(MSM\)](#)

Monday 12th June 2017 *Source:* Public Health England: <https://www.gov.uk/>
Detailed guidance, training material, leaflet and vaccination card for use in selected clinics involved in the human papillomavirus (HPV) pilot programmes for men who have sex with men (MSM).

Smoking

[The WHO Framework Convention on Tobacco Control an Accelerator for Sustainable Development](#)

Tuesday 6th June 2017 *Source:* UK Health Forum: <http://www.ukhealthforum.org.uk/>
In line with the 2030 Agenda and the HHD strategy 2016-21: Connecting the Dots, UNDP and the WHO Framework Convention on Tobacco Control (WHO FCTC) Secretariat have produced this Discussion Paper to support Parties to the Convention, development partners, civil society, academia and other stakeholders to accelerate tobacco control and sustainable development in an integrated manner.

[Pregnant women smoking rates 'concern' in England](#)

Thursday 15th June 2017 *Source:* NHS Choices: <http://www.nhs.uk/>
The reduction in smoking rates among pregnant women in England has slowed down in the past year, prompting concern from health charities.

[Prevalence of smoking falls among adults in England](#)

Thursday 15th June 2017 *Source:* NHS Digital: <https://www.digital.nhs.uk/>
The percentage of adults aged 18+ in England who smoke has fallen from 19.9 per cent in 2010 to 15.5 per cent in 2016¹.

Social & economic issues

[Being married 'protects your health'](#)

Wednesday 7th June 2017 *Source:* BBC: <http://www.bbc.co.uk/>
Marriage appears to be good for your health, boosting your survival chances if you have a major heart risk factor such as high cholesterol, say researchers.

Women's health

[Women travelling to England for abortions](#)

Tuesday 13th June 2017 *Source:* BBC: <http://www.bbc.co.uk/>
New figures show that 180 women travelled from Scotland to England for an abortion last year. The British Pregnancy Advisory Service said this highlighted the difficulty in obtaining late-stage terminations for women north of the border.

Abortion: NI women not entitled to NHS terminations in England

Wednesday 14th June 2017

Source: BBC: <http://www.bbc.co.uk/>

The UK's highest court has rejected an appeal by a mother and daughter in their legal battle for women from Northern Ireland to receive free abortions on the NHS in England.

New stats raise concerns of increase in Northern Irish women unable to access abortion

Tuesday 13th June 2017

Source: Family Planning Association: <http://www.fpa.org.uk/>

Statistics from the Department of Health released this morning, show that 724 women from Northern Ireland travelled to England or Wales to have an abortion in 2016.

Experts urge new breastfeeding 'conversation'

Monday 19th June 2017

Source: BBC: <http://www.bbc.co.uk/>

New mothers need to be offered better support with breastfeeding, according to some of Scotland's leading experts in maternal and infant health.

Fluoxetine and congenital malformations: a systematic review and meta-analysis of cohort studies

June 2017

Source: British Journal of Clinical Pharmacology:

<http://bpspubs.onlinelibrary.wiley.com/>

Meta-analysis of 16 cohort studies found that maternal fluoxetine use during the first trimester is associated with a slightly increased risk of cardiovascular malformations in infants and that this increase is due not only to an increase in septal defects.

Workplace health

Work Foundation - An end to workplace taboos surrounding women's health conditions

June 2017 Source: The Work Foundation: <http://www.theworkfoundation.com/>

Under-recognised chronic gynaecological health conditions are holding-back women's productivity and could be damaging their career and earning potential. A new report launched by the Work Foundation highlights that women's health conditions, such as endometriosis or infertility, having a long-term condition during pregnancy, and the experience of the menopause, are still considered taboo and are under-recognised in the workplace.

Let workers shed suits in hot weather, says trade union body

Monday 19th June 2017

Source: BBC: <http://www.bbc.co.uk/>

The TUC is calling on employers to relax their workplace dress codes to save us sweltering again in ties, jackets and long sleeves.

Local news: []

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Other Bulletins

Super Six Bulletin

This is a weekly Bulletin that details original articles in the BMJ, JAMA, New England Journal of Medicine and The Lancet, Annals of Internal Medicine and Annals of Emergency Medicine
<http://cash.libraryservices.nhs.uk/cash-service/rss-newsfeed-menu/medicine/big-four-bulletin/>

Daily Health Bulletin

The Daily Health Bulletin is produced by the Knowledge Service of the West and South Yorkshire and Bassetlaw Commissioning Support Unit.
<http://cash.libraryservices.nhs.uk/cash-service/daily-health-bulletin/>

Healthcare Public Health

Monthly bulletin containing news and information about key public health issues including health service commissioning, updates from Public Health England, local authorities, Faculty of Public Health and others agencies, resources and good practice.
<http://www.healthcarepublichealth.net/newsletters.php>

PHE Bulletin (Public Health England)

The PHE Bulletin is issued monthly and contains public health news and information.
<https://www.gov.uk/government/collections/phe-bulletin>

Public Health and Social Care Bulletin

This is published weekly and created by Kent & Medway Public Health Observatory. It provides an update on what is new in public health and social care, both nationally and locally.
<http://www.kpho.org.uk/library-services/keeping-up-to-date/e-bulletin-archive>



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