

Public Health Bulletin. 4th October 2016

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Please find below a list of news items from the past fortnight that may be of interest to those involved in public health. This Bulletin provides topical news and reports of relevance to public health teams, community health practitioners and anyone with an interest in health promotion. All content and links are provided for information only and we do not sponsor, endorse or otherwise approve of any mentioned website or the contents of the news items. Please refer to the terms and conditions of the relevant website should you wish to reproduce any of the information.

Details of alternative current awareness services which cover more academic/specialist sources of information can be found in the section *Other Bulletins*. Your local NHS library service can assist you in accessing other current awareness services/tailored alerts, locating peer reviewed journal articles and answer any other queries you may have regarding finding information.

The information about each news item only gives a brief overview so we recommend you view the original source by clicking on the title (or Ctrl+Click in the word document).

Please contact your local NHS library service if you no longer wish to receive this Bulletin, or if you know of anyone else who would like to join the mailing list. The Bulletins are also available on the Thames Valley Public Health Network at: <http://www.oxsph.org/bulletins.html> and the Wessex Public Health Network at: <http://www.wessexphnetwork.org.uk/resources/public-health-updates.aspx>

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Alcohol misuse

[Public health successes and missed opportunities. Trends in alcohol consumption and attributable mortality in the WHO European Region, 1990-2014 \(2016\)](#)

Wed 28 Sep 2016

Source: UK Health Forum <http://www.ukhealthforum.org.uk>

The WHO European Region has a high level of alcohol consumption. This results in a substantial burden of alcohol-attributable mortality. The overall standardized rate for alcohol-attributable mortality in the Region rose between 1990 and 2014. This publication describes trends in alcohol consumption and attributable mortality.

Chronic conditions

[ESA benefit payments: Re-tests axed for chronically ill claimants](#)

Sat 1st October 2016

Source: BBC: <http://bbc.co.uk>

Tens of thousands of people claiming the main benefit for long-term sickness will no longer face repeated medical assessments to keep their payments.

[Ibuprofen-like painkillers linked to an increased risk of heart failure](#)

Thurs 29th September 2016

Source: NHS Choices: <http://www.nhs.uk/news/>

"Ibuprofen could raise the risk of heart failure by up to 83%," claims the Daily Mirror. But this headline massively overstates the danger of this painkiller.

[Acne won't extend your life, but might delay signs of ageing](#)

Wed 28th September 2016

Source: NHS Choices: <http://www.nhs.uk/news/>

"Spotty teenagers may have the last laugh over their peers with perfect skin after research found that those who suffer from acne are likely to live longer," says The Telegraph online.

[Chronic kidney disease paper awarded prestigious Research Paper of the Year](#)

Wed 28 Sep 2016

Source: RCGP <http://www.rcgp.org.uk>

A study into how patients react to diagnosis of Chronic Kidney Disease has won the prestigious Research Paper of the Year Award from the Royal College of General Practitioners (RCGP) and Primary Care People.

[Cancer clusters at nuclear sites 'not linked to radiation'](#)

Fri 30th September 2016

Source: BBC: <http://bbc.co.uk>

An investigation into clusters of cancer cases around Sellafield and Dounreay nuclear sites has found they were very unlikely to have been caused by radiation exposure.

[Cancer Research UK launches online course to help people talk about cancer](#)

Wed 28 Sep 2016

Source: Cancer Research UK <http://www.cancerresearchuk.org>

Cancer Research UK is launching its first [online course](#) to help people have more confident conversations about cancer. The free course, Talking About Cancer, aims to help prevent cases of cancer and improve early diagnosis. It is designed for health workers and professionals including doctors, nurses and volunteers who talk to others about cancer, particularly about prevention.

The course is also suitable for anyone interested in helping others improve their health.

Low cancer symptom awareness linked to lower chance of survival

Thurs 29 Sep 2016 *Source:* Cancer Research UK <http://www.cancerresearchuk.org>

In regions where cancer survival is poorer, people on average have lower awareness of cancer symptoms, according to [new findings](#) published yesterday in the British Journal of Cancer.

Bowel cancer difficult to diagnose in primary care and further research will help GPs says RCGP

Tues 27th September 2016

Source: RCGP <http://www.rcgp.org.uk>

Dr Richard Roope, Cancer Lead for the RCGP, has responded to new figures from a Cancer Research UK-funded [study](#) published in the British Journal of Cancer today which revealed that around one in five bowel cancer patients diagnosed after an emergency presentation displayed at least one cancer 'alarm symptom'.

Skin cancer –quality standard (QS130)

Sept 2016 *Source:* National Institute for Health and Care Excellence www.nice.org.uk

This quality standard covers the prevention, assessment, diagnosis and management of skin cancer (malignant melanoma and non-melanoma) in children, young people and adults.

Does glucosamine really help joint pain?

Thurs 22nd September 2016

Source: BBC: <http://bbc.co.uk>

Lots of people take glucosamine to help them with pains in their joints, but is there hard evidence that it improves things, asks Dr Chris van Tulleken.

SIGN 153: British guideline on the management of asthma (2016 update)

Sept 2016 *Source:* Scottish Intercollegiate Guidelines Network www.sign.ac.uk

The update includes complete revision of diagnosis of asthma and major update to pharmacological management as well as revisions to sections on supported self and non-pharmacological management, management of acute asthma, difficult asthma and organisation and delivery of care.

Global Hearts Initiative. Working together to beat cardiovascular disease

Wed 28 Sep 2016

Source: UK Health Forum <http://www.ukhealthforum.org.uk>

To support governments in strengthening the prevention and control of cardiovascular disease (CVD), WHO and the United States Centers for Disease Control and Prevention (US CDC) are launching Global Hearts: a new initiative comprising three technical packages. Combined, these packages provide a set of high-impact, evidence-based

interventions that, when used together, will have a major impact on improving global heart health.

Communicable diseases

[Animal TB threatens human health say vets and doctors](#)

Sat 1st October 2016

Source: BBC: <http://bbc.co.uk>

Animal tuberculosis, which is spread through contaminated food, is a greater threat to human health than previously realised, leading doctors and vets have warned.

Diet & nutrition

[One in six young people eat fast food 'twice a day'](#)

Fri 30th September 2016

Source: BBC: <http://bbc.co.uk>

One in six young people eat fast food twice a day, according to a survey of the nation's eating habits.

[Grow It, Try It, Like It! Nutrition Education Kit Featuring MyPlate](#)

Wed 28 Sep 2016

Source: UK Health Forum <http://www.ukhealthforum.org.uk>

United States Department of Agriculture (USDA), have published, "Grow It, Try It, Like It! Nutrition Education Kit Featuring MyPlate." This is a garden-themed nutrition education kit for child care center staff that introduces children to: three fruits - peaches, strawberries, and cantaloupe, and three vegetables - spinach, sweet potatoes, and crookneck squash... to promote learning at home with fun parent/child activities and family-sized recipes that give tips for cooking with children.

[Healthy on Food Labeling](#)

Wed 28 Sep 2016

Source: UK Health Forum <http://www.ukhealthforum.org.uk>

FDA has started a public process to redefine the healthy nutrient content claim for food labeling. Redefining healthy is part of an overall plan to provide consumers with information and tools to enable them to easily and quickly make food choices consistent with public health recommendations and to encourage the development of healthier foods by the industry.

Disability

[FPA launches clinic for people with learning disabilities](#)

Tues 4th October, 2016

Source: FPA <http://www.fpa.org.uk>

An innovative project to improve access to services, information and advice around sexual health, sex and relationships for people with learning disabilities (PWLD) has launched in Hackney.

[Disability and the built environment inquiry](#)

Wed 28th Sep 2016

Source: UK Health Forum <http://www.ukhealthforum.org.uk>

Women and Equalities Committee are requesting submissions on the following scope of inquiry; The accessibility of our homes, buildings and public spaces is an issue not just for those of us with a permanent physical disability. With an ageing population, it is likely that more and more of us will experience reduced mobility in our lifetime. There are also other needs to consider, such as mental health.

Drug Misuse

[Freshers at University warned to avoid “smart drugs”](#)

Mon 26 Sept 2016

Source: MHRA <https://www.gov.uk>

Freshers and university students are being warned of the possible dangers to their health from taking prescription medicines with the aim of scoring higher marks. Recent MHRA research showed 14% of those sampled were likely to buy the so-called ‘smart drugs’ eg modafinil.

[Online antibiotics risk efforts to curb growing global resistance, warns RCGP](#)

Sat 1 October 2016

Source: RCGP <http://www.rcgp.org.uk>

Responding to research by 5 Live Investigates, Professor Maureen Baker, Chair of the Royal College of GPs, said: “Resistance to antibiotics is a global and growing threat and we need to work together as a society to raise public awareness that antibiotics are not always the answer to minor, self-limiting conditions...”

Environmental health

[GM chemicals in cleaning products are 'potent allergens'](#)

Thurs 22nd September 2016

Source: NHS Choices: <http://www.nhs.uk/news/>

"GM enzymes used in household products 'are potent allergens'," reports The Daily Mail following research on the potential for genetically modified enzymes to cause allergies.

Health promotion

[How being alone may be the key to rest](#)

Tues 27th September 2016

Source: BBC: <http://bbc.co.uk>

How much rest do we think we need, who is getting the most, and what are the most restful activities? The results of the world's largest survey on rest indicate that to feel truly rested, a lot of us want to be alone.

[The doctor who wants to make his town better](#)

Mon 26th September 2016

Source: BBC: <http://bbc.co.uk>

GP Mark Spencer explains why he is overseeing an ambitious year-long project in his town aimed at improving the health of people in his town.

Health protection

[Medicine Nobel for cell recycling work](#)

Mon 3rd October 2016

Source: BBC: <http://bbc.co.uk>

The 2016 Nobel Prize in physiology or medicine goes to Yoshinori Ohsumi of Japan for discoveries about the secrets of how cells can remain healthy by recycling waste.

[Zuckerberg and Chan aim to tackle all disease by 2100](#)

Wed 21st September 2016

Source: BBC: <http://bbc.co.uk>

Facebook's founder Mark Zuckerberg and his wife Priscilla Chan have pledged \$3bn (£2.3bn) to fund medical research over the next decade.

[Global pledge to stamp out drug-resistant infections](#)

Wed 21st September 2016

Source: BBC: <http://bbc.co.uk>

The 193 countries of the United Nations are to sign a landmark declaration to rid the world of drug-resistant infections or "superbugs".

Health services administration

[General practice must factor strongly in plans to boost doctors numbers, says RCGP](#)

Tues 4 October 2016

Source: RCGP <http://www.rcgp.org.uk>

Responding to Health Secretary Jeremy Hunt's pledge to increase medical school placements, to be made at the Conservative party conference today, Professor Maureen Baker, Chair of the Royal College of GPs, said:

"We need thousands more doctors, we need thousands more GPs, and it's important that we maximise the home grown talent and potential we have so that our NHS has enough doctors to deliver the excellent patient care it is world-renowned for.

[GPs and Psychiatrists join forces to combat 'banter' that threatens patient care](#)

Fri 30 Sept 2016

Source: RCGP <http://www.rcgp.org.uk>

Two of the country's top doctors have come together to denounce damaging 'banter' in medical schools that they claim is contributing to a shortfall of GPs across the country, and stifling efforts towards achieving parity of esteem between physical and mental health.

[LGA responds to PACAC report on unsafe discharge from hospital](#)

Wed 28 September 2016 Source: Local Government Association www.local.gov.uk

Cllr Izzi Seccombe, Chairman of the LGA's Community Wellbeing Board, responds to a report by the Public Administration and Constitutional Affairs Committee on unsafe discharge from hospital.

[Nursing homes 'closing each week'](#)

Wed 28th September 2016

Source: BBC: <http://bbc.co.uk>

Nursing homes are closing at the rate of at least one per week in England, due mainly to a shortage of nurses, official figures suggest.

[CQC review of how NHS trusts investigate and learn from deaths](#)

Wed 21st Sep 2016

Source: CQC <http://www.cqc.org.uk/>

NHS England commissioned [a report](#) that looked at the deaths of people using mental health or learning disability services run by Southern Health Foundation Trust. It set out a number of failings. These included that the trust had no effective overall way of reporting, investigating and learning from deaths.

The government has asked the CQC to look at how NHS trusts across the country investigate deaths to find out whether similar problems can be found elsewhere. They will look particularly closely at how trusts investigate and learn from deaths of people using learning disability or mental health services.

[Receive an alert](#) when this report is published in Dec 2016.

[Commissioning for better health outcomes](#)

Weds 21st Sept 2016

Source: UK Health Forum <http://www.ukhealthforum.org.uk>

Commissioners are vital in the process of making the most of collective resources to improve health outcomes for local citizens. The role of commissioning is no longer about identifying and procuring services for individuals but bringing people together to enable citizens to live a fulfilling and independent life for as long as possible.

[Role for whole of Government in improving mental health support](#)

Thurs 22nd Sept 2016

Source: UK Parliament <http://www.parliament.uk/>

In a new [report](#), the Public Accounts Committee concludes that while the Government has a "laudable ambition" to improve these services, "we are sceptical about whether this is affordable, or achievable without compromising other services".

The Committee finds pressure on the NHS budget will make it very difficult to achieve 'parity of esteem' between mental and physical health and that this is a task "for the whole of government".

HIV & AIDS

[HIV stats show regional variations in late diagnoses](#)

Tues 4th October 2016

Source: FPA <http://www.fpa.org.uk>

The importance of early diagnosis of HIV around the UK was reiterated in new figures released today.

[One in 10 children has 'Aids defence'](#)

Thurs 29th September 2016

Source: BBC: <http://bbc.co.uk>

A 10th of children have a "monkey-like" immune system that stops them developing Aids, a study suggests.

Infant & child health

[Warning over babies sleeping in car seats](#)

Tues 4th October 2016

Source: NHS Choices: <http://www.nhs.uk/news/>

"Long periods sleeping in car seats may be dangerous for young babies," the Daily Mail reports.

[Take the time to listen to vulnerable children, say inspectorates](#)

Friday 30 Sep 2016

Source: <http://www.wired-gov.net>

[Time to listen](#), a new report, finds that child sexual exploitation can be tackled best when all partners take responsibility for their roles, while also working collaboratively, with strategic goals clearly identified, understood and agreed across agencies.

[Universal child health programme launched](#)

Tuesday 27 Sep 2016

Source: The Welsh Government <http://gov.wales>

Healthy Child Wales, a programme that will ensure every child up to the age of seven receives consistent and universal health services in Wales, was launched by the Minister for Social Services and Public Health Rebecca Evans yesterday.

[Childhood vaccinations 'down again'](#)

Thurs 22nd Sep 2016

Source: BBC: <http://bbc.co.uk>

The percentage of under-twos in England receiving most routine vaccinations is down slightly for the third year in a row, NHS figures show.

[Button batteries pose 'deadly' risk to toddlers](#)

Thurs 22nd Sep 2016

Source: BBC: <http://bbc.co.uk>

Surgeons are warning of the potentially deadly risk posed to young children by button batteries.

[Codeine: Time To Say "No"](#)

Sept 2016

Source: NICE www.nice.org.uk

This clinical report presents up-to-date information regarding risks related to pharmacogenetic variations in codeine metabolism and outlines the therapeutic and safety implications in the treatment of pain or cough in children.

[Floods severely affect children and young people: it's time to stop ignoring their experience](#)

Friday 23 Sep 2016

Source: Economic and Social Research Council www.esrc.ac.uk

Research with flood-affected children reveals serious impacts on wellbeing but also a desire to take on a role in flood risk management.

Mental health

Mental health campaign Time To Change gets £20m boost

Sun 2nd October 2016

Source: BBC: <http://bbc.co.uk>

A campaign that aims to tackle the stigma around mental health has been given £20m in funding from the Department of Health, Comic Relief and the Big Lottery Fund.

Young women at 'highest mental health risk'

Thurs 29th Sep 2016

Source: BBC: <http://bbc.co.uk>

Young women are the highest risk group in England for mental health problems, according to new data from NHS Digital.

RCGP response to NHS Digital figures on mental health in adults

Thurs 29 Sept 2016

Source: RCGP <http://www.rcgp.org.uk>

Commenting on the Adult Psychiatric Morbidity Survey in England, published by NHS Digital today, Professor Maureen Baker, Chair of the Royal College of GPs, said: "Whilst these figures might seem alarming, they are hopefully indicative of reducing stigma associated with mental health in society, and that more people with mental health conditions are seeking medical assistance..."

New Survey highlights need for prevention revolution as record numbers of people found to be living with mental health problems

Thurs 29 Sept 2016

Source: Mental Health Foundation www.mentalhealth.org.uk

An authoritative [new survey](#) of mental health and wellbeing in England by NHS Digital has found that, when asked, in the past week, 1 in 6 adults experienced a common mental health problem, such as anxiety or depression. An increase of 0.8% since the last survey in 2007 despite an increasing number of people accessing services.

Take 10 Together for World Mental Health Day

Tues 27 Sep 2016

Source: UK Health Forum <http://www.ukhealthforum.org.uk>

This World Mental Health Day, MHFA England is calling on everyone to 'Take 10 Together'. Check in on someone - a friend, a family member, a colleague or student - and have a 10-minute conversation with them about their mental health and wellbeing. This toolkit includes various templates and ready-to-use materials that businesses, Mental Health First Aiders, charities, schools and other organisations can use in the lead up to World Mental Health Day on 10th October 2016.

Foundation takes UK lead on European digital mental health innovation project

Tues 27 Sept 2016

Source: Mental Health Foundation www.mentalhealth.org.uk

The Mental Health Foundation has been chosen as the UK partner in a new European Union-funded project to improve the quality of and access and availability to e-mental health support. The €5.3million project, funded through the Interreg North West Europe Innovation Programme, will run until November 2019. eMEN is a collaboration led by the Netherlands with partners in Belgium, France, Germany, Ireland and the UK who combine technological, clinical, research and policy expertise.

[Student mental health 'lacks support'](#)

Thurs 22nd September 2016

Source: BBC: <http://bbc.co.uk>

Universities are struggling to cope with rising demand for mental health services for students, says a think-tank report.

[Face-down restraint continuing in NHS mental health wards](#)

Wed 21st September 2016

Source: BBC: <http://bbc.co.uk>

Face-down physical restraint is still being used in mental health wards in England, despite the government and the NHS saying it should stop.

Obesity

[A Healthy Weight for Ireland: Obesity Policy and Action Plan 2016 2025](#)

Wed 28 Sept 2016

Source: UK Health Forum <http://www.ukhealthforum.org.uk>

The Department of Health, Healthy Ireland is the Government's desire to assist its people to achieve better health and in particular to reduce the levels of overweight and obesity. It also acknowledges that the solutions are multiple and that every sector has a role in reducing the burden of this condition.

[Gut bacteria may be linked to 'dangerous' body fat](#)

Mon 26th September 2016

Source: NHS Choices: <http://www.nhs.uk/news/>

The BBC reports that: "The make-up of the bacteria found in human faeces may influence levels of dangerous fat in our bodies."

[People with 'obesity gene' can still lose weight](#)

Wed 21st September 2016

Source: NHS Choices: <http://www.nhs.uk/news/>

"No excuses not to slim as 'fat gene' found not to affect ability to lose weight," reports The Daily Telegraph.

Oral health

[LGA responds to latest dental statistics](#)

Friday 23rd Sep 2016

Source: Local Government Association www.local.gov.uk

Chairman of the Local Government Association's Community Wellbeing Board, Cllr Izzi Seccombe, responds to new dental statistics published today by NHS Digital. "It is deeply worrying that more than a third of children have not been to the dentist in the past 12 months..."

Physical activity

[A child for all seasons. Addressing seasonal variation in children's physical activity. Evidence Brief 12: September 2016](#)

Wed 28 Sep 2016

Source: UK Health Forum <http://www.ukhealthforum.org.uk>

Understanding how physical activity changes across the year is important because it helps identify periods when children might require additional support to be active.

[Fitness trackers 'don't help you lose weight'](#)

Fri 23rd September 2016

Source: NHS Choices: <http://www.nhs.uk/news/>

"Fitness trackers may not help weight loss," reports Sky News on a new trial which investigated whether using wearable technology helped people lose more weight compared to standard weight-loss programmes.

Safety & accident prevention

[Cosmetic surgery check-list for patients](#)

Tues 4th October 2016

Source: BBC: <http://bbc.co.uk>

The Royal College of Surgeons is offering patients seeking cosmetic surgery practical advice about how to pick the right hospital and doctor.

[European-wide drive to push down the number of deaths on the road](#)

Tues 20th September 2016

Source: ROSPA <http://www.rospa.com>

Family safety charity RoSPA is calling on all road users to reflect on their behaviour and attitude as part of a European-wide push to reduce death and serious injuries.

Screening

[Urine test for CJD 'a possibility'](#)

Tues 4th October 2016

Source: BBC: <http://bbc.co.uk>

Urine could potentially be used for a quick and simple way to test for CJD or "human mad cow disease", say scientists in the journal JAMA Neurology.

[A world without Down's syndrome?](#)

Thurs 29th September 2016

Source: BBC: <http://bbc.co.uk>

Ninety per cent of people in the UK who know their child will be born with Down's syndrome have an abortion - so there are concerns a new, highly accurate test to identify babies with the condition, will lead to even more terminations.

Sexual health

[FPA celebrates World Contraception Day](#)

Mon 26th September 2016

Source: FPA <http://www.fpa.org.uk>

To mark World Contraception Day 2016, the FPA are busting some common myths and misconceptions.

[Harmful sexual behaviour among children and young people - guidance \(NG55\)](#)

Sept 2016

Source: NICE www.nice.org.uk

This guideline covers children and young people who display harmful sexual behaviour, including those on remand or serving community or custodial sentences. It aims to ensure these problems don't escalate and possibly lead to them being charged with a sexual offence.

Smoking

[Health matters: Tobacco packs](#)

Wed 21st Sept 2016

Source: UK Health Forum <http://www.ukhealthforum.org.uk>

Resources to help health professionals and local authorities to capitalise on the roll out of standard tobacco packs to encourage smokers to quit.

Social & economic issues

[Pressure to look perfect hits girls' confidence, say Guides](#)

Tues 4th October 2016

Source: BBC: <http://bbc.co.uk>

Girls in the UK are markedly less confident about their looks than they were five years ago, research by Girlguiding suggests.

[Carers' A&E visits can be preventable, says report](#)

Fri 30th September 2016

Source: BBC: <http://bbc.co.uk>

One in 10 unpaid carers who called 999 or took their loved one to A&E did so because they did not know where else to go, a report by Carers UK suggests.

[Housing for health](#)

Wed 28 Sep 2016

Source: UK Health Forum <http://www.ukhealthforum.org.uk>

The Public Health England's (PHE's) Housing for health collection contains strategies, plans, advice, and guidance about the relationship between health and the home. These resources can help local authorities, health and social care commissioners and decision makers make plans to improve health and wellbeing through the places people live.

[Councils respond to latest homelessness figures](#)

Wed 28 Sep 2016

Source: Local Government Association www.local.gov.uk

Cllr Martin Tett, Housing spokesman for the Local Government Association, says significant budget cuts, falling social housing availability and welfare reforms mean councils cannot tackle the challenge of homelessness alone.

[The Scottish Health Survey 2015](#)

Wed 21st Sept 2016

Source: UK Health Forum <http://www.ukhealthforum.org.uk>

The Scottish Health Survey (SHeS) provides a detailed picture of the health of the Scottish population in private households and is designed to make a major contribution to the monitoring of health in Scotland.

[Commuting and health in Cambridge](#)

Wed 21st Sept 2016

Source: UK Health Forum <http://www.ukhealthforum.org.uk>

A shift towards more active lifestyles could be a 'best buy' for improving public health. Local authorities have a role to play in achieving this. For example, they can make it easier for people to walk or cycle as part of everyday journeys such as going to work. But it can be hard to study the effects of changing transport systems. This means that there is little good evidence to guide investment.

Statistics

Student doctor numbers to rise by 25%

Tues 4th October 2016

Source: BBC: <http://bbc.co.uk>

The number of medical school places will increase by 25% from 2018 under plans to make England "self-sufficient" in training doctors.

Personal well-being in the UK: local authority update, 2015 to 2016

Wed 28 Sep 2016

Source: UK Health Forum <http://www.ukhealthforum.org.uk>

The Office for National Statistics has published a statistical bulletin, which estimates the personal well-being for UK local authorities from the financial year ending 2012 to financial year ending 2016.

LGA responds to latest immunisation figures

Thurs 22nd Sept 2016

Source: Local Government Association www.local.gov.uk

Chairman of the LGA's Community Wellbeing Board, Cllr Izzi Seccombe, responds to the latest immunisation figures published today by NHS Digital.

IVF rates in England 'at 12-year low'

Thurs 22nd September 2016

Source: BBC: <http://bbc.co.uk>

Campaigners say the provision of free IVF on the NHS in England has fallen to its lowest level since guidelines were introduced in 2004.

Women's health

Women taking the contraceptive pill 'more likely to be depressed'

Fri 30th September 2016

Source: NHS Choices: <http://www.nhs.uk/news/>

"Are you on the Pill? You're more likely to be depressed: Women who use contraception are up to 70% more likely to be on antidepressants," reports the Mail Online.

Period pain affects 'most women workers'

Fri 23rd September 2016

Source: BBC: <http://bbc.co.uk>

Most women workers have experienced period pain that affects their ability to work, a survey suggests.

Breast cancer patients 'should be offered cheap bone drug'

Thurs 22nd September 2016

Source: BBC: <http://bbc.co.uk>

Thousands of post-menopausal women with breast cancer are missing out on cheap drugs that could prevent their disease spreading, research suggests.

Local news: []

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Other Bulletins

Super Six Bulletin

This is a weekly Bulletin that details original articles in the BMJ, JAMA, New England Journal of Medicine and The Lancet, Annals of Internal Medicine and Annals of Emergency Medicine
<http://cash.libraryservices.nhs.uk/cash-service/rss-newsfeed-menu/medicine/big-four-bulletin/>

Daily Health Bulletin

The Daily Health Bulletin is produced by the Knowledge Service of the West and South Yorkshire and Bassetlaw Commissioning Support Unit.
<http://cash.libraryservices.nhs.uk/cash-service/daily-health-bulletin/>

Healthcare Public Health

Monthly bulletin containing news and information about key public health issues including health service commissioning, updates from Public Health England, local authorities, Faculty of Public Health and others agencies, resources and good practice.

<http://www.healthcarepublichealth.net/newsletters.php>

PHE Bulletin (Public Health England)

The PHE Bulletin is issued monthly and contains public health news and information.

<https://www.gov.uk/government/collections/phe-bulletin>

Public Health and Social Care Bulletin

This is published weekly and created by Kent & Medway Public Health Observatory. It provides an update on what is new in public health and social care, both nationally and locally.

<http://www.kpho.org.uk/library-services/keeping-up-to-date/e-bulletin-archive>



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