

## **Public Health Bulletin.12<sup>th</sup> July 2016**

**Produced by NHS libraries in Thames Valley and Wessex**

Please find below a list of news items from the past fortnight that may be of interest to those involved in public health. This Bulletin provides topical news and reports of relevance to public health teams, community health practitioners and anyone with an interest in health promotion. All content and links are provided for information only and we do not sponsor, endorse or otherwise approve of any mentioned website or the contents of the news items. Please refer to the terms and conditions of the relevant website should you wish to reproduce any of the information.

Details of alternative current awareness services which cover more academic/specialist sources of information can be found in the section *Other Bulletins*. Your local NHS library service can assist you in accessing other current awareness services/tailored alerts, locating peer reviewed journal articles and answer any other queries you may have regarding finding information.

The information about each news item only gives a brief overview so we recommend you view the original source by clicking on the title (or Ctrl+Click in the word document).

Please contact your local NHS library service if you no longer wish to receive this Bulletin, or if you know of anyone else who would like to join the mailing list. The Bulletins are also available on the Thames Valley Public Health Network at: <http://www.oxsph.org/bulletins.html> and the Wessex Public Health Network at: <http://www.wessexphnetwork.org.uk/resources/public-health-updates.aspx>

[Alcohol misuse](#)

[Black and ethnic minority groups](#)

[Chronic conditions](#)

[Communicable diseases](#)

[Diet & nutrition](#)

[Environmental health](#)

[Health promotion](#)

[Health protection](#)

[Health Services administration](#)

[Infant and child health](#)

[Men's health](#)

[Mental health](#)

[Older people](#)

[Physical activity](#)

[Safety and accident prevention](#)

[Sexual Health](#)

[Smoking](#)

[Social and economic issues](#)

[Statistics](#)

[Women's health](#)

[Workplace health](#)

[Local news](#)

## Alcohol misuse

### [Youthful Abandon: Why are young people drinking less?](#)

Mon 4th July 2016

Source: UK Health Forum: <http://www.ukhealthforum.org.uk/>

A new report from the Institute of Alcohol Studies [Youthful Abandon: why are young people drinking less?](#) sheds light on why underage drinking has fallen in recent years.

### [Councils respond to statistics on alcohol-related hospital admissions](#)

Thurs 30 June 2016

Source: Local Government Association [www.local.gov.uk](http://www.local.gov.uk)

Cllr Izzi Seccombe, the LGA's Portfolio Holder for Community Wellbeing, responds to Health and Social Care Information Centre (HSCIC) statistics showing a rise in the number of hospital admissions and deaths linked to drinking alcohol.

### [Alcohol Brands Consumed by Young People in Treatment 2015](#)

Wed 29 June 2016

Source: UK Health Forum: <http://www.ukhealthforum.org.uk/>

The [findings](#) from the three surveys conducted by Alcohol Concern since 2012, including this one, are remarkably consistent; the same brands are commonly consumed by 'at risk' young people year after year.

## Black and ethnic minority groups

### [FGM: 'More community funding needed' to maintain progress](#)

Mon 11th July 2016

Source: BBC: <http://www.bbc.co.uk/>

Community groups involved in an initiative to tackle female genital mutilation in England and Wales have warned that future progress could be threatened by a lack of local funding.

## Chronic conditions

### [Joint action on chronic diseases and promoting healthy ageing across the life cycle: Good practices in health promotion and primary prevention of chronic diseases: Summary report](#)

Fri 1st July 2016

Source: UK Health Forum: <http://www.ukhealthforum.org.uk/>

JA-CHRODIS has produced a summary report on good practices in health promotion and primary prevention of chronic diseases across Europe.

### [Doctors warn acne could become resistant to antibiotics](#)

Tues 5th July 2016

Source: BBC: <http://www.bbc.co.uk/>

There's a warning that if doctors continue to prescribe antibiotics to treat acne over a long time, sufferers could become resistant to it. It means a strain of so-called "super acne" could develop which would be untreatable by antibiotics.

### [Skin cancer rise warning for over 55s](#)

Fri 1st July 2016

Source: BBC: <http://www.bbc.co.uk/>

Skin cancer rates in Scotland have more than doubled among those aged 55 and over in the past 20 years, a leading charity has reported.

### [Heart attacks linked to media statin reports ... reports media](#)

Wed 29th June 2016

Source: NHS Choices: <http://www.nhs.uk/news/>

"Don't give up your statins: Experts say warnings that made patients stop taking vital drug have put lives at risk," the Daily Mail reports. This was the same newspaper that told us two weeks ago that "statins may be a waste of time", so you might be forgiven for being a little confused.

### [Decisions on statins must be made between doctors and patients, says RCGP](#)

Tues 28th June 2016

Source: RCGP: <http://www.rcgp.org.uk/>

Dr Maureen Baker, Chair of the Royal College of GPs, said: "It goes without saying that when an issue receives media attention, and the way things are reported in the media, it will impact on people's opinions and behaviour – and this can influence the decisions they make about their health.

### [Health matters: improving the prevention and diagnosis of bowel cancer](#)

Tues 28th June 2016

Source: UK Health Forum: <http://www.ukhealthforum.org.uk/>

Public Health England (PHE) wants to see fewer people develop bowel cancer and encourage more eligible people to come forward for screening, to achieve an uptake target of 75%. This resource highlights what we know about how bowel cancer affects people, with an aim to help achieve these goals.

## **Communicable diseases**

### [Viral hepatitis 'kills as many as Aids or TB'](#)

Thurs 7th July 2016

Source: BBC: <http://www.bbc.co.uk/>

Viral hepatitis is one of the leading killers across the globe, with a death toll that matches Aids or tuberculosis, research in the Lancet suggests. The report estimates that hepatitis infections and their complications led to 1.45m deaths in 2013 - despite the existence of vaccines and treatments.

### [Fungal infection 'threat' to human health](#)

Tues 5th July 2016

Source: BBC: <http://www.bbc.co.uk/>

Fungal infections kill more people than malaria or breast cancer but are not considered a priority, say scientists.

### [Ebola crisis team wins award for lifesaving advice](#)

Mon 4th July 2016

Source: WiredGov: [www.wired-gov.net](http://www.wired-gov.net)

Advice, guidance and protocols provided by an award-winning team of anthropologists during the Ebola crisis increased the effectiveness of medical and humanitarian responses, saving lives and reducing the spread of the disease.

## [Ibuprofen 'disables' Ebola virus](#)

Thurs 30<sup>th</sup> June 2016

Source: BBC: <http://www.bbc.co.uk/>

The painkiller ibuprofen and the cancer drug toremifene can disable the Ebola virus, say researchers. Scientists used the UK's national synchrotron facility - Diamond Light Source - to analyse the virus in incredible detail.

## **Diet & nutrition**

### [Weight Management Economic Assessment Tool](#)

Thurs 7th July 2016

Source: UK Health Forum: <http://www.ukhealthforum.org.uk/>

This updated weight management economic assessment tool is designed to help public health professionals make an economic assessment of existing or planned weight management interventions. Commissioners can use it to compare the costs of an intervention with potential cost savings. ...The tool has been developed by Public Health England in conjunction with a panel of experts.

### [Study finds link between saturated fats and early death](#)

Wed 6th July 2016

Source: NHS Choices: <http://www.nhs.uk/news/>

"Eating more saturated fats raises risk of early death, says US study," The Guardian reports. A major study involving more than 80,000 women would seem to contradict recent high-profile reports that a diet rich in saturated fat is safe.

### [Pasta-rich diet may 'prevent pounds from piling on', says study](#)

Tues 5th July 2016

Source: NHS Choices: <http://www.nhs.uk/news/>

"Pasta DOESN'T make you fat – it actually helps weight loss," the Daily Mail reports. In the latest round of the nutrition wars, carbs are fighting back, with a study showing that a diet rich in pasta was linked to lower body mass index (BMI).

### [FSA urges public to 'face freezer fears' in a bid to tackle food waste](#)

Mon 4th July 2016

Source: Food Standards Agency <http://www.food.gov.uk>

Misconceptions about how to freeze food safely are contributing to food waste in the UK, according to new research by the Food Standards Agency.

### [Good maternal nutrition: The best start in life](#)

Mon 4th July 2016

Source: UK Health Forum: <http://www.ukhealthforum.org.uk/>

This publication presents a summary of the most recent evidence on maternal nutrition, the prevention of obesity and noncommunicable disease.

### [Every Meal Matters - Food Donation Guidelines](#)

Mon 4th July 2016

Source: UK Health Forum: <http://www.ukhealthforum.org.uk/>

FEBA (European Federation of Food Banks), FoodDrinkEurope and EuroCommerce launched a new guide to encourage and make it easier for food manufacturers and retailers to donate their food surpluses to food banks.

### Portion Sizes for children aged 1-4 years

Mon 4th July 2016

Source: UK Health Forum: <http://www.ukhealthforum.org.uk/>

Infant & Toddler Forum have produced a guide on portion size ranges as a guide on how much to offer 1-4 year olds, then allow children to eat to their appetite.

### Listeriosis guidance published

Thurs 30th June 2016

Source: Food Standards Agency <http://www.food.gov.uk>

New [guidance](#) has been published, aimed at healthcare and social care organisations, to help reduce the risk of vulnerable groups in their care contracting listeriosis.

### 'Stop demonising butter,' say researchers

Thurs 30th June 2016

Source: NHS Choices: <http://www.nhs.uk/news/>

"Butter has been wrongly 'demonised' as unhealthy," reports the Daily Express following the publication of a study that found eating butter did not increase the risk of heart disease, stroke and diabetes.

### Sports drinks may have adverse effects on teens' dental health

Wed 29th June 2016

Source: NHS Choices: <http://www.nhs.uk/news/>

"High numbers of younger teenagers are risking tooth decay and obesity by regularly having high-sugar sport drinks," BBC News reports.

### The impact of taxation and signposting on diet: An online field study with breakfast cereals and soft drinks

Tues 28 June 2016

Source: UK Health Forum: <http://www.ukhealthforum.org.uk/>

This [report](#) from Centre for Health Economics presents a large scale study where a nationally representative sample of 1,000 participants were asked to make real purchases within an online supermarket platform. The study captured the effect of price changes, and of the signposting of such changes, for breakfast cereals and soft drinks. [...] Signposting represents a complementary nudge policy that could enhance the impact of the tax without imposing severe welfare loss, though the effectiveness may depend on the product category.

## **Environmental health**

### UK Climate Change Risk Assessment Evidence Report 2017. Synthesis report: priorities for the next five years

Tues 12th July 2016

Source: UK Health Forum: <http://www.ukhealthforum.org.uk/>

The Committee on Climate Change's (CCC)'s, Adaptation Sub-Committee (ASC), new independent report to Government, 'UK Climate Change Risk Assessment Evidence Report' sets out the most urgent risks and opportunities arising for the UK from climate change. The report is the result of more than three years of work involving hundreds of leading scientists and experts from the public and private sectors and civil society. The risk assessment has been peer reviewed by UK and international specialists.

### [Tackling air pollution from diesel cars through tax: options for the UK](#)

Mon 4th July 2016

Source: UK Health Forum: <http://www.ukhealthforum.org.uk/>

New report by UCL's Institute for Sustainable Resources for Green Budget Europe outlines options for fiscal reform.

### [Energy and Air Pollution](#)

Tues 28 June 2016

Source: UK Health Forum: <http://www.ukhealthforum.org.uk/>

Air pollution is a major public health crisis, with many of its root causes and cures to be found in the energy sector. [...] Without changes to the way that the world produces and uses energy, the ruinous toll from air pollution on human life is set to rise. That is why this [World Energy Outlook \(WEO\) Special Report](#) is dedicated, for the first time, to the links between energy, air pollution and health. It sets out in detail the scale, causes and effects of the problem and the ways in which the energy sector can contribute to a solution.

## **Health promotion**

### [Event: Public Health England Annual Conference 2016, 13 to 14 September 2016, Coventry, London](#)

Source: UK Health Forum: <http://www.ukhealthforum.org.uk/>

The theme of this year's conference is Evidence into action, and the conference will promote and showcase the application and translation of science and research, to support effective local and national action to improve public health.

## **Health protection**

### [Reduced antibiotic prescribing did not raise serious infection rates](#)

Thurs 7th July 2016

Source: NHS Choices: <http://www.nhs.uk/news/>

"Surgeries that handed out the fewest pills do not have higher rates of serious illnesses," the Daily Mail reports.

### [HPV cervical cancer test introduced in England](#)

Mon 4th July 2016

Source: BBC: <http://www.bbc.co.uk/>

The NHS in England is introducing a "superior" test for cervical cancer, following a successful pilot programme. Women invited for a routine smear test will now automatically be checked for an infection called HPV (Human Papilloma Virus), which has been strongly linked to cervical cancer.

## **Health services administration**

### [Health and care integration toolkit to launch](#)

Wed 6th July 2016

Source: Local Government Association [www.local.gov.uk](http://www.local.gov.uk)

A tool kit of resources to help local health and care leaders move further and faster on achieving their vision of integration will today be unveiled at the Local Government Association's annual conference.

### [Public health's role in local government and NHS integration](#)

Mon 4th July 2016

Source: UK Health Forum: <http://www.ukhealthforum.org.uk/>

Local Government Association and Association of Directors of Public Health surveys and case studies have indicated that while in some local economies, public health is fully involved in the integration agenda, this is not the case everywhere.

### [GP returners to receive free RCGP membership](#)

Wed 29th June 2016

Source: RCGP: <http://www.rcgp.org.uk/>

GPs who return to frontline patient care in the UK through "return to practice" schemes in each of the four nations will now receive a year's free RCGP membership, the College has announced.

### [NHS must be beyond reproach when it comes to the use of patient data](#)

Wed 6th July 2016

Source: RCGP: <http://www.rcgp.org.uk/>

The RCGP has responded to the National Data Guardian for Health and Care's Review of Data Security, Consent and Opt-Outs, published today.

### [Brexit 'will make NHS staff shortages worse'](#)

Thurs 30<sup>th</sup> June 2016

Source: BBC: <http://www.bbc.co.uk/>

The vote to leave the EU risks making staffing shortages in the NHS worse, health leaders are warning.

## **Infant & child health**

### [Thumb sucking and nail biting not key to preventing child allergies](#)

Mon 11th July 2016

Source: NHS Choices: <http://www.nhs.uk/news/>

"Children who suck their thumbs and bite their nails suffer fewer allergies, study finds," The Daily Telegraph reports.

### [Call for health services to do more for children at risk of harm](#)

Fri 8th July 2016

Source: CQC: <http://www.cqc.org.uk>

The Care Quality Commission (CQC) has issued a call to healthcare leaders and staff to do more to identify and listen to children at risk of harm, in a report published today. '[Not seen, not heard](#)' looks at how effective health services are in providing early help to children in need, the health and wellbeing of looked-after children and how these services identify and protect children at risk of harm.

### [Nursery school policies should be in line with clinical guidance, says College](#)

Wed 6th July 2016

Source: RCGP: <http://www.rcgp.org.uk/>

Responding to research published in the British Journal of General Practice today, Dr Maureen Baker, Chair of the Royal College of GPs, said: “We understand the concerns that childcare providers have in admitting children with acute infective conjunctivitis (AIC), as they don’t want to put other children in their care at risk. But policies to exclude children with AIC are not in line with official clinical guidelines, and this has a number of serious implications for patients, their families and wider society...”

### **Hundreds of babies born drug-dependent**

Tues 5th July 2016

Source: BBC: <http://www.bbc.co.uk/>

Almost one in 500 babies in hospitals in England is born dependent on substances their mother took while pregnant, a BBC investigation has found.

### **Guidelines urge improved care for terminally-ill children**

Sun 3rd July 2016

Source: BBC: <http://www.bbc.co.uk/>

NICE (National Institute for Health and Care Excellence) has published draft guidance this week which seeks to improve care for the estimated 40,000 children and young people in England living with a life-limiting condition.

### **Infant feeding: commissioning services**

Mon 4th July 2016

Source: UK Health Forum: <http://www.ukhealthforum.org.uk/>

Public Health England and Unicef UK have developed guidance to support the commissioning of evidence-based interventions to improve breastfeeding rates across England. There is overwhelming evidence that proves breastfeeding provides substantial health benefits for mothers and babies which are experienced well beyond the period of breastfeeding itself.

### **Zika-damaged babies could appear normal, says study**

Thurs 30<sup>th</sup> June 2016

Source: BBC: <http://www.bbc.co.uk/>

Babies with brains damaged by the Zika virus might still appear normal, a large study of Brazilian babies shows.

### **First UK hospital gives baby boxes to parents**

Wed 29<sup>th</sup> June 2016

Source: BBC: <http://www.bbc.co.uk/>

A hospital in London is the first in the UK to give out baby boxes to all new parents. The trial is based on an idea from Finland where every newborn child is given a cardboard box to sleep in and a starter kit of clothes, nappies and toys.

### **'Bath daily' advice for eczema children**

Wed 29<sup>th</sup> June 2016

Source: BBC: <http://www.bbc.co.uk/>

If your child has eczema it is fine to give them a dunk in the bath every day, as long as you apply lots of moisturising emollient cream to their skin afterwards, say US researchers.

### **Volunteering and early childhood outcomes: A review of the evidence**

Wed 29<sup>th</sup> June 2016

Source: UK Health Forum: <http://www.ukhealthforum.org.uk/>

In 2015, the Big Lottery Fund engaged Parents 1st to carry out an [evidence review](#) exploring if and how volunteering, peer support and 'community champions' projects can support child development outcomes. The review was commissioned as part of A Better Start (ABS), a £215million investment, launched in October 2012, which aims to improve the life chances of the most vulnerable babies and children in England.

## Men's health

### [1 in 8 advanced prostate cancers may be linked to faulty genes](#)

Fri 8th July 2016

Source: NHS Choices: <http://www.nhs.uk/news/>

"Nearly one in eight men who develop [advanced] prostate cancer carry mutations in genes which repair damage to DNA," The Daily Telegraph reports.

## Mental health

### [Antidepressant prescribing in England doubles in past decade](#)

Wed 6th July 2016

Source: Mental Health Foundation: [www.mentalhealth.org.uk](http://www.mentalhealth.org.uk)

A new [report](#) published by the Health and Social Care Information Centre has found that "that the number of antidepressant items prescribed and dispensed in England has more than doubled in the last decade".

### [Antidepressants prescribing figures may indicate greater awareness of mental health, says RCGP](#)

Tues 5 July 2016

Source: RCGP: <http://www.rcgp.org.uk/>

Clinical Lead for Mental Health at the RCGP, Dr Liz England, has responded to HSCIC figures on antidepressants prescribing released today.

### [Tackling mental illness in children should begin before birth](#)

Thurs 7th July 2016

Source: Local Government Association [www.local.gov.uk](http://www.local.gov.uk)

Tackling mental illness in children should begin before they are born, at a time when expectant mothers can suffer mental health problems, say councils.

### [Dementia Review: Research, policy and data on the island of Ireland](#)

Fri 1st July 2016

Source: UK Health Forum: <http://www.ukhealthforum.org.uk/>

The Institute of Public Health in Ireland have launched a new online dementia resource. [DementiaReview.ie](http://DementiaReview.ie) is an online resource which provides a summary and overview of data, research and policy on dementia across the island of Ireland over the five year period between 2010 and 2014.

### [Can gardening improve the nation's health?](#)

Mon 4th July 2016

Source: BBC: <http://www.bbc.co.uk/>

A growing body of research suggests gardening is good for both physical and mental health.

### [Documentary follows autistic boy obsessed with Disney](#)

Thurs 30<sup>th</sup> June 2016

Source: BBC: <http://www.bbc.co.uk/>

The transformative power of Disney animation is illustrated in the new documentary Life, Animated which shows how the family of an isolated autistic boy began to communicate with him through cartoon characters.

## **Older people**

### [We need to talk about getting old, says charity](#)

Mon 11<sup>th</sup> July 2016

Source: BBC: <http://www.bbc.co.uk/>

Too many people avoid talking about getting old, particularly conversations about end-of-life care, suggests a survey by a charity for older people.

## **Physical activity**

### [Physical Activity and Health: Working Together to get the Nation Moving](#)

Tues 12<sup>th</sup> July 2016

Source: UK Health Forum: <http://www.ukhealthforum.org.uk/>

The Sport and Recreation Alliance and ukactive have launched a brand new health report to provide an up-to-date picture of the public health and commissioning landscape in England. [Physical Activity and Health: Working Together to get the Nation Moving](#) sets out the key role the sport, recreation and physical activity sector can play in tackling poor physical and mental health.

### [Physical activity strategy for the WHO European Region 20162025](#)

Mon 4<sup>th</sup> July 2016

Source: UK Health Forum: <http://www.ukhealthforum.org.uk/>

The WHO Regional Office for Europe prepared this strategy [which] focuses on physical activity as a leading factor in health and well-being in the European Region, with particular attention to the burden of noncommunicable diseases associated with insufficient activity levels and sedentary behaviour.

## **Safety & accident prevention**

### [Healthcare company fined after death of elderly resident](#)

Thursday 30<sup>th</sup> June 2016

Source: HSE: <http://www.hse.gov.uk>

A care home company based in Middlesex has been fined after an elderly resident of a Surrey home died from scalding injuries.

### [More must be done to tackle road accidents as decline in deaths and injury stalls](#)

Thursday 30<sup>th</sup> June 2016

Source: ROSPA <http://www.rospa.com>

More must be done to continue to tackle death and injury on Britain's roads, after new figures suggest that the exceptional decline in fatalities over the past decade is now beginning to stagnate.

### [Blind cord safety message being taken around the world](#)

Mon 27<sup>th</sup> June 2016

Source: ROSPA <http://www.rospa.com>

The global spotlight is being shone on blind cord safety, as RoSPA and other organisations across the world join to highlight the potentially deadly danger posed to children in our own homes.

## Sexual health

### [Syphilis and gonorrhoea 'still on the rise' in England](#)

Tues 5th July 2016

Source: BBC: <http://www.bbc.co.uk/>

Syphilis and gonorrhoea sexually transmitted infections are continuing to rise in England, new figures show.

### [Scotland teenage pregnancies continue to decrease but still regional variations](#)

Tues 5th July 2016

Source: Family Planning Association [www.fpa.org.uk](http://www.fpa.org.uk)

The overall rate of teenage pregnancy in Scotland has continued to decrease, [figures published today show](#). But there are still big regional variations which need to be tackled.

### [Sexually transmitted infection diagnoses decreased in England in 2015](#)

Tues 5th July 2016

Source: Family Planning Association [www.fpa.org.uk](http://www.fpa.org.uk)

[Figures](#) released by Public Health England today show the total number of new cases of sexually transmitted infections (STIs) in England decreased by 3% in 2015, with 434,456 diagnoses

## Smoking

### [UKHF supports updated e-cigarettes public health consensus statement](#)

Tues 5th July 2016

Source: UK Health Forum: <http://www.ukhealthforum.org.uk/>

The statement re-states the UK Health Forum position that in light of the more recent evidence - e-cigarettes are significantly less harmful than smoking.

### [Use of e-cigarettes in public places and workplaces](#)

Tues 5th July 2016

Source: UK Health Forum: <http://www.ukhealthforum.org.uk/>

Public Health England (PHE) is publishing a new framework advice for businesses and employers to help them create their own policies on the use of e-cigarettes.

### [A study into young people's e-cigarette awareness and usage in Wales - 2016](#)

Mon 4th July 2016

Source: UK Health Forum: <http://www.ukhealthforum.org.uk/>

The aim of this report is to provide an insight into the awareness and use of electronic cigarettes (e-cigarettes) among young people aged under 18 living in Wales.

### [Implementation of smoke-free legislation in England: The smoke-free \(private vehicles\) regulations 2015](#)

Mon 4th July 2016

Source: UK Health Forum: <http://www.ukhealthforum.org.uk/>

From 1st October 2015 the existing smokefree law, which makes public places and work premises and vehicles smokefree, is being extended. The Smoke-free (Private Vehicles) Regulations 2015 will require all private vehicles to be smokefree when they are enclosed, contain more than one person and a person under 18 is present in the vehicle.

### [An assessment of the economic cost of smoking in Ireland](#)

Fri 1st July 2016

Source: UK Health Forum: <http://www.ukhealthforum.org.uk/>

This [report](#) presents a study to assess the economic cost of smoking in Ireland.

### [Smoke-free spaces on the island of Ireland - Snapshot report 2016](#)

Fri 1st July 2016

Source: UK Health Forum: <http://www.ukhealthforum.org.uk/>

Reducing second-hand smoke (SHS) exposure has become a central component of tobacco control policies across the island of Ireland.

## **Social & economic issues**

### [Fighting fraudsters: Councils hit back during national scams awareness month](#)

Sat 9th July 2016

Source: Local Government Association [www.local.gov.uk](http://www.local.gov.uk)

Cowboy roofers, bogus faith healers, fake parking ticket wardens and dodgy letting agents are among rogue traders and fraudsters being targeted by councils cracking down on scams.

### [Never mind the family – it's about relationships](#)

Thurs 7th July 2016

Source: WiredGov: [www.wired-gov.net](http://www.wired-gov.net)

Single parents, same-sex parents and donor conception: it's not the type of family, but the quality of relationships that matters for wellbeing, shows research.

### [Local home energy projects to reduce energy use and address fuel poverty](#)

Mon 4th July 2016

Source: UK Health Forum: <http://www.ukhealthforum.org.uk/>

The Centre for Sustainable Energy have developed a pathways document to guide anyone considering a project to address fuel poverty on the first steps.

### [Award winning researcher shifts policy mindset on cycling](#)

Wed 29th June 2016

Source: WiredGov: [www.wired-gov.net](http://www.wired-gov.net)

Pioneering research into the barriers to cycling and how to overcome them have helped transform the policy mindset on cycling and pave the way for increased cycling participation in the future.

## **Statistics**

### [Annual workplace fatality statistics published](#)

Wed 6th July 2016

Source: HSE: <http://www.hse.gov.uk>

Provisional annual data for work-related fatal accidents in Great Britain's workplaces has been released today.

### [Statistics on Alcohol, England 2016](#)

Mon 4th July 2016

Source: UK Health Forum: <http://www.ukhealthforum.org.uk/>

The new analyses are mainly obtained from the Health and Social Care Information Centre's (HSCIC) Hospital Episode Statistics (HES) system, and prescribing data. The report also includes up-to-date information on the latest alcohol related government policies and ambitions and contains links to further sources of useful information.

### [Antidepressant and diabetes drugs prescriptions rise](#)

Tues 5th July 2016

Source: BBC: <http://www.bbc.co.uk/>

The latest data for England shows prescriptions for antidepressants and drugs to tackle diabetes have gone up. But doctors are giving out fewer antibiotics, the Health and Social Care Information Centre report suggests.

### [Nearly one in four deaths 'avoidable'](#)

Wed 29<sup>th</sup> June 2016

Source: BBC: <http://www.bbc.co.uk/>

Almost a quarter of all deaths in England and Wales are potentially avoidable, 2014 figures released by the Office for National Statistics suggest.

## **Women's health**

### [Pregnancy multivitamins 'are a waste of money'](#)

Tues 12th July 2016

Source: BBC: <http://www.bbc.co.uk/>

Pregnancy multivitamins are a waste of money because most mothers-to-be do not need them, according to researchers. In Drug and Therapeutics Bulletin, researchers say they looked at all evidence and found supplements did not boost the health of mothers and babies.

### [Could an obscure type of herpes virus trigger female infertility?](#)

Fri 8th July 2016

Source: NHS Choices: <http://www.nhs.uk/news/>

"Obscure virus may be cause of unexplained infertility," The Independent reports.

### [Fertility treatment 'works for most'](#)

Tues 5th July 2016

Source: BBC: <http://www.bbc.co.uk/>

Nearly three out of four couples that begin fertility treatment will eventually become parents, long-term studies suggest.

### [Paracetamol in pregnancy 'link to autism and ADHD' not proven](#)

Mon 4th July 2016

Source: NHS Choices: <http://www.nhs.uk/news/>

"Women who take paracetamol during pregnancy 'risk having a child with autism or ADHD'," the Mail Online reports. But the Spanish study it reports on provides no evidence of a direct link to either condition.

### Fertility boost through 'energy test'

Mon 4th July 2016

Source: BBC: <http://www.bbc.co.uk/>

Testing the "energy supply" in an embryo could improve the odds of having a baby through IVF, University of Oxford researchers say.

### Many women think shaving pubic hair is 'hygienic'

Fri 1st July 2016

Source: NHS Choices: <http://www.nhs.uk/news/>

"More women think shaving pubic hair is 'hygienic' [sic] despite greater health risks," The Independent reports.

## Workplace health

### Event: MOHSG: Drugs, substances and alcohol, do they work for me? – Manchester, 27 July 2016

Thursday 30<sup>th</sup> June 2016

Source: HSE: <http://www.hse.gov.uk>

Event overview: Afternoon meeting of Manchester Occupational Health and Safety Group (MOSHG).that includes the above talk on Drugs, Substances & Alcohol, do they work for me! by Alex Boyd, Adams Alexander Associates.

Wednesday 27 July 2016, from 13.45

St Antony's Centre for Church & Industry, Eleventh Street, Trafford Park, Manchester M17 1JF

## Local news: []

\*This bulletin contains public sector information licensed under the Open Government Licence v2.0

## Other Bulletins

### Super Six Bulletin

This is a weekly Bulletin that details original articles in the BMJ, JAMA, New England Journal of Medicine and The Lancet, Annals of Internal Medicine and Annals of Emergency Medicine  
<http://cash.libraryservices.nhs.uk/cash-service/rss-newsfeed-menu/medicine/big-four-bulletin/>

### Daily Health Bulletin

The Daily Health Bulletin is produced by the Knowledge Service of the West and South Yorkshire and Bassetlaw Commissioning Support Unit.  
<http://cash.libraryservices.nhs.uk/cash-service/daily-health-bulletin/>

**Healthcare Public Health**

Monthly bulletin containing news and information about key public health issues including health service commissioning, updates from Public Health England, local authorities, Faculty of Public Health and others agencies, resources and good practice.

<http://www.healthcarepublichealth.net/newsletters.php>

**PHE Bulletin (Public Health England)**

The PHE Bulletin is issued monthly and contains public health news and information.

<https://www.gov.uk/government/collections/phe-bulletin>

**Public Health and Social Care Bulletin**

This is published weekly and created by Kent & Medway Public Health Observatory. It provides an update on what is new in public health and social care, both nationally and locally.

<http://www.kpho.org.uk/library-services/keeping-up-to-date/e-bulletin-archive>



Public Health Bulletin by NHS Libraries in Thames Valley and Wessex is licensed under a [Creative Commons Attribution-NonCommercial 4.0 International License](https://creativecommons.org/licenses/by-nc/4.0/).