



Hampshire
County Council

Nepali Cancer Ambassadors

Bringing health data and community knowledge
together to support a Cancer prevention
programme

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Aims of presentation

- Inform discussion
- Identify elements of the programme to inform health interventions for minority groups in Hampshire
- Explore a model that could be applied to diabetes prevention

Rushmoor demographics

- Population approx. 95,000 (PHE Health Profile 2014)
- 7.4% identified as Nepali (Census 2011)
- 941 Nepali school children in Rushmoor schools (EMTAS Spring census 2014)
- Nepali migration to UK 2004 and 2009
- Largest Nepali population in UK

Project development

The issue

- High rates of Cancer referral from GP's , low diagnosis and treatment
- 0.7% of the Nepali population were diagnosed with Cancer from referral
- 1.6% White British population were diagnosed with Cancer upon referral

(Frimley Health Cancer Team September 2012)

Partnership approach

- Frimley Health
- Equalities Officer
- Cancer Team
- Rushmoor Healthy Living
- Macmillan
- Hampshire County Council

Aims of project

Promote through Lay Educators

- Cancer prevention (modifiable behaviour)
- Awareness of signs and symptoms of Cancer
- Cancer screening
- Living with Cancer
- End of Life Care
- Appropriate referrals

What worked well

- Established volunteer base in Rushmoor
- Resources to use suitable venue for training
- Cancer nurses attending training sessions
- Frimley Health data – statisticians, Cancer nurses
- UK Cancer statistics
- Macmillan knowledge and resources
- Excellent links with the Nepali community at all levels
- Visits to local Hospice and Frimley Health Hospital

Barriers

- Cancer data Nepal
- Health of this population still not fully understood
- Under represented in research
- Largest population in UK, little comparative data or practice to base decisions
- Complex population – affected by Veteran status, housing, education, employment
- Volunteer capacity
- Local level knowledge combined with evidence based practice not always considered

Applying the learning to Diabetes prevention

- Successful Interventions should be lead by the community and based on evidence at all levels
- Interventions although based on evidence should be tailored to the specific population and community it intends to reach
- Interventions which are based on social support, peer support, 1:1, reducing isolation and improving health works well within the Nepali community of Rushmoor
- Partnerships with front line staff within health settings in Primary, Secondary and Tertiary care leads to better access to data and “insider knowledge” of how the Nepali population access health care

Contact

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