Produced by NHS libraries in Thames Valley and Wessex

Please find below a list of news items from the past fortnight that may be of interest to those involved in public health. This Bulletin provides topical news and reports of relevance to public health teams, community health practitioners and anyone with an interest in health promotion. All content and links are provided for information only and we do not sponsor, endorse or otherwise approve of any mentioned website or the contents of the news items. Please refer to the terms and conditions of the relevant website should you wish to reproduce any of the information.

Details of alternative current awareness services which cover more academic/specialist sources of information can be found in the section Other Bulletins. Your local NHS library service can assist you in accessing other current awareness services/tailored alerts, locating peer reviewed journal articles and answer any other queries you may have regarding finding information.

The information about each news item only gives a brief overview so we recommend you view the original source by clicking on the title (or Ctrl+Click in the word document).

Please contact your local NHS library service if you no longer wish to receive this Bulletin, or if you know of anyone else who would like to join the mailing list. The Bulletins are also available on the Thames Valley Public Health Network at: http://phabbtv.net/bulletins/ and the Wessex Public Health Network at: http://www.wessexphnetwork.org.uk/resources/public-health-updates.aspx

Alcohol misuse
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Alcohol misuse

**Alcohol's harm to others**
Wed 8 July 2015  
Source: UK Health Forum  
[www.ukhealthforum.org.uk](http://www.ukhealthforum.org.uk)

The Institute of Alcohol Studies has published a report highlighting the level of harm experienced from others' drinking.

**Smartphone to warn drinkers if they consume more than the recommended daily/weekly units**
Wed 8 July 2015  
Source: UK Health Forum  
[www.ukhealthforum.org.uk](http://www.ukhealthforum.org.uk)

A new smartphone which monitors how much a person has had to drink, works by the user logging the number of beers/shots/glasses of wine they have knocked back. The Alcohol Tracker then shows the total as units.

**Reports that 1 pregnant woman in 3 in UK binge drink unconfirmed**
Tuesday 7 July 2015  
Source: NHS Choices  
[www.nhs.uk](http://www.nhs.uk)

"A third of British women risk doing severe harm to their unborn babies by binge drinking during pregnancy," the Mail Online reports. While a concerning statistic, the evidence behind the headline is perhaps not as clear-cut as the Mail would lead its readers to believe.

Chronic conditions

**Heart attack, stroke and diabetes 'can shorten life by 23 years'**
Wednesday 8th July 2015  
Source: NHS Choices  

"Suffering from heart disease, stroke and type two diabetes could knock 23 years off life," The Daily Telegraph reports, covering the stark conclusion of a major new UK study. The good news is many chronic diseases, such as stroke, are preventable.

**Gene therapy breakthrough for cystic fibrosis**
Thursday 2nd July 2015  
Source: NHS Choices  

"Cystic fibrosis hope as new gene therapy improves condition," The Daily Telegraph reports. Researchers have, for the first time, managed to successfully "smuggle" healthy copies of genes into the lungs of people with cystic fibrosis.

**Orange juice and grapefruit linked to melanoma skin cancer**
Wednesday 1st July 2015  
Source: NHS Choices  

"Drinking a glass of orange juice or eating a fresh grapefruit for breakfast may increase the risk of skin cancer," the Mail Online reports. A US study did find a small increase in the risk of melanoma, but the benefits of unsweetened fruit juice shouldn't be overlooked.

**Services for people with neurological conditions: progress review**
Friday 10th July 2015  
Source: National Audit Office  
[www.nao.org.uk](http://www.nao.org.uk)
Progress has been mixed in implementing recommendations made by the Public Accounts Committee in 2012 aimed at improving services and achieving better outcomes for people with neurological conditions, according to the National Audit Office.

### Communicable diseases

**Mass vaccination call to ‘make rabies history’**

Sunday 5<sup>th</sup> July 2015  
Source: BBC Health  
[www.bbc.co.uk/health](http://www.bbc.co.uk/health)

Greater effort needs to be put into vaccinating dogs against rabies in order to save lives, health experts say. Up to 60,000 people die from the viral infection each year and it is almost always caught from dog bites. The Global Alliance for Rabies Control said mass vaccination could “make rabies history”.

### Diet & nutrition

**Introduction of UK soft drinks tax would cut calorie intake by only 4 calories a day, states industry body**

Tues 14 July 2015  
Source: UK Health Forum  
[www.ukhealthforum.org.uk](http://www.ukhealthforum.org.uk)

The British Medical Association (BMA) has demanded that the Government introduce a 20% tax on sugary drinks. The BMA says it is targeting soft drinks because they are often high in empty calories.

**Are low-calorie sweeteners helpful for weight loss? The answer may depend on study design**

Tues 14 July 2015  
Source: UK Health Forum  
[www.ukhealthforum.org.uk](http://www.ukhealthforum.org.uk)

Lack of media differentiation between different study designs has helped warp public perception of low- and no-calorie sweeteners, according to registered dietitian and diabetes educator Hope Warshaw.

**UK Health Forum backs doctors’ call for action on children’s diets**

Mon 13 July 2015  
Source: UK Health Forum  
[www.ukhealthforum.org.uk](http://www.ukhealthforum.org.uk)

The UK Health Forum welcomes a new report from the British Medical Association. The report is a timely call to action from doctors to tackle poor diets and obesity among children in the UK.

**Cartoons and kid-friendly brands could encourage healthy eating**

Tues 7 July 2015  
Source: UK Health Forum  
[www.ukhealthforum.org.uk](http://www.ukhealthforum.org.uk)

Food companies have long understood that cartoon characters and kid-friendly brand names encourage children to choose certain products but their efficacy is not limited to junk foods, say researchers.

**Protein and veg before carbs helps keep blood sugar in check, say researchers**

Tues 7 July 2015  
Source: UK Health Forum  
[www.ukhealthforum.org.uk](http://www.ukhealthforum.org.uk)
The order in which we eat food could play a vital role in how our bodies manage post-meal blood sugar and insulin levels, a small study has reported.

**Sugary drinks linked to high death tolls worldwide: Global prevention plans needed, say researchers**

Tues 7 July 2015  
Source: UK Health Forum  
www.ukhealthforum.org.uk

Consumption of sugary drinks may lead to an estimated 184,000 adult deaths each year worldwide, according to research, which warns of an urgent need for strong global prevention programs.

**EFSA triples approved stevia limit for hot drinks**

Tues 7 July 2015  
Source: UK Health Forum  
www.ukhealthforum.org.uk

The European Food Safety Authority (EFSA) has approved the use of stevia-derived sweeteners at up to 29 mg per litre in hot drinks, following a request from Tata Global Beverages GB Ltd.

**Table salt replacer not proven to lower blood pressure**

Tues 7 July 2015  
Source: UK Health Forum  
www.ukhealthforum.org.uk

EFSA has rejected a German health claim submission that a table salt replacer could significantly lower blood pressure even though a clinical trial showed significant results.

**Heart disease deaths in deprived areas of England can be reduced by the introduction of mandatory targets on reducing salt**

Tues 7 July 2015  
Source: UK Health Forum  
www.ukhealthforum.org.uk

Researchers from the University of Liverpool, Department of Public Health and Policy, compared the effects of voluntary and mandatory salt reduction policies.

**Prepare meals at home rather than eating out**

Tues 7 July 2015  
Source: UK Health Forum  
www.ukhealthforum.org.uk

The European Journal of Clinical Nutrition, has recently published a study, which was carried out by kinesiology and community health professor Ruopeng An, at the University of Illinois. Fast-food and restaurant diners consumed about 10 grams more total fat, and 3.49 grams and 2.46 grams, respectively, more saturated fat than those who dined at home.

**How adventurous are you when it comes to food?**

Tues 7 July 2015  
Source: UK Health Forum  
www.ukhealthforum.org.uk

A new study carried out by Cornell Food and Brand Lab, has been published in the journal Obesity. ... Brian Wansink, co-author, sees these results as important to dieters, especially for women who are trying to lose or maintain their weight.
The international evidence on the prevention of drug and alcohol use - Summary and examples of implementation in England
Weds 8 July 2015    Source: UK Health Forum  www.ukhealthforum.org.uk


Environmental health

Urban trees impact on health
Tues 14 July 2015    Source: UK Health Forum  www.ukhealthforum.org.uk

A new study has attempted to quantify the relationship between individual trees and health.

Impact of safe routes to school programs and walking and biking
Tues 14 July 2015    Source: UK Health Forum  www.ukhealthforum.org.uk

This research review highlights findings from studies conducted in several states and cities that have examined walking or biking rates, safety, and economic issues associated with safe routes to school.

Health promotion

Online symptom checkers’ reliability assessed

"The danger of an online diagnosis: Millions of emergencies are MISSED through symptom checker websites," the Mail Online reports. American researchers have assessed the accuracy and reliability of 23 symptom checkers, including the NHS Choices symptom checker.

Communities at risk of developing acute kidney injury
July 2015    Source: Think Kidneys  www.thinkkidneys.nhs.uk

This document provides guidance on the communities at risk of AKI and aims to raise general awareness of those at risk in a number of different settings. There are currently no validated AKI risk scores; ongoing work should address this (in the interim NICE guidance is available)

Health services administration

Inquiry into sexual health service commissioning finds lack of accountability
13th July  2015    Source: Family Planning Association  www.fpa.org.uk

A lack of accountability in sexual and reproductive health and HIV care in England is directly impacting patients and must be addressed urgently.
Drug prescriptions rise in England
Tuesday 7th July 2015  Source: BBC Health  www.bbc.co.uk/health

An extra 34.5 million drugs and other prescription items were given out in 2014 compared to the year before, the latest snapshot for England shows. The Health and Social Care Information Centre report reveals prescriptions for antidepressant medications rose by 7.2% from 53.3m to 57.1m. Treatments for high cholesterol and diabetes also went up.

Dementia: GPs say patchy services fail patients
Monday 6 July 2015  Source: BBC Health  www.bbc.co.uk/health

Doctors have raised fresh concerns about the level of support people with dementia and their carers get from the NHS and social services in the UK.

NHS ‘lags behind other health systems’
Friday 3rd July 2015  Source: BBC Health  www.bbc.co.uk/health

The NHS lags behind other countries on preventing unnecessary hospital admissions and improving survival rates, a report has suggested. The review by the Nuffield Trust think tank into 15 wealthy nations found lower cancer survival and higher death rates from heart attacks and strokes. However, on measures such as immunisation and antibiotic prescribing the UK performed better.

NHS to reveal cost of missed appointments to patients
Friday 3rd July 2015  Source: BBC Health  www.bbc.co.uk/health

Patients who miss appointments will be told how much they have cost the NHS, the health secretary has revealed. Overall, missed GP and hospital appointments cost the health service in England nearly £1bn a year, Jeremy Hunt said in a speech this week.

Clinical Pharmacists in General Practice Pilot

NHS England has launched a new £15m scheme to evaluate the role of clinical pharmacists in GP surgeries. Practices are invited to bid to participate in the pilot, which will be part funded for three years with an expectation the role will be continued into year four and beyond.

Infant & child health

Are teens confused about their size and weight?
Thursday 9th July 2015  Source: NHS Choices  www.nhs.uk/news

"Third of overweight teenagers think they are right size, study shows," The Guardian says in one of many headlines on widely covered UK research.

Children’s survey finds good care but highlights inequalities
Wednesday 1st July 2015  Source: CQC  www.cqc.org.uk/news
The findings published today (1 July 2015) highlight that the vast majority of children and young people said they were happy with the care received, thought staff did everything possible to control their pain and they understood the information given to them by staff. However, children with physical or learning disabilities, or mental health needs reported poorer experiences of care than those without.

**Mental health**

**Physical activity, sport and mental health**  
Tues 14 July 2015  
*Source: UK Health Forum*  
[www.ukhealthforum.org.uk](http://www.ukhealthforum.org.uk)

New information pages on the Mind website explain the link between physical activity and mental health.

**Smoking may be a causal factor for psychosis**  
Tues 14 July 2015  
*Source: UK Health Forum*  
[www.ukhealthforum.org.uk](http://www.ukhealthforum.org.uk)

Researchers have proposed that cigarette smoking may significantly increase risk and onset of psychotic illness.

**The hidden cost of dementia in Wales**  
Tues 7 July 2015  
*Source: UK Health Forum*  
[www.ukhealthforum.org.uk](http://www.ukhealthforum.org.uk)

The hidden cost of dementia in Wales provides a detailed and robust picture of the economic impact of dementia on the society in Wales.

**Symptom remission and quality of life in schizophrenia**  
July 2015  
*Source: NICE*  
[www.nice.org.uk](http://www.nice.org.uk)

A retrospective study identified a link between symptom remission and improved quality of life in adults with schizophrenia who were on antipsychotic medication, with paid employment, social activity and drug adherence also positively influencing quality of life.

**Partners publish progress report on transforming care for people with learning disabilities**  
Friday 3rd July 2015  
*Source: CQC*  
[www.cqc.org.uk/news](http://www.cqc.org.uk/news)

The Department of Health, Local Government Association, the Association of Directors of Social Services, Health Education England and the Care Quality Commission have published a joint report giving an update on how they are continuing to work together to make sure people with learning disabilities and/or autism with mental illness, and those with challenging behaviours get the best care possible in settings that are most appropriate to them.

**Sniffing could provide autism test**  
Friday 3rd July 2015  
*Source: BBC Health*  
[www.bbc.co.uk/health](http://www.bbc.co.uk/health)

The way children sniff different aromas could form the basis of a test for autism, suggest researchers in Israel. People spend longer inhaling the delightful aroma of a bouquet of roses than the foul stench of rotting fish.
The results of tests on 36 children, in the journal Current Biology, showed that there appeared to be no such difference in children with autism. The National Autistic Society said smell could eventually become an additional tool for testing for autism.

'Sleeping on it' may not be best after traumatic event
Thursday 2nd July 2015 Source: NHS Choices www.nhs.uk/news

"Staying awake may be the best way to stop disturbing flashbacks," the Daily Mail reports. A small psychological experiment carried out at Oxford University suggests that sleep could possibly help embed traumatic events in the memory, in some cases.

Older people

Ageing: The silver lining
Mon 6 July 2015 Source: UK Health Forum www.ukhealthforum.org.uk

This report represents the opportunities and challenges of an ageing society for local government. It aims to set out a vision for the role of councils in response to an ageing society. Chapter 10 covers health and wellbeing.

Physical activity

Move the location of escalators, to get more people using the stairways instead.
Tues 14 July 2015 Source: UK Health Forum www.ukhealthforum.org.uk

A recent study published in Environment and Behaviour analyses whether separating stairways from escalators by distance, would encourage more people to take the stairways instead. The study highlights the environmental factors that have been identified as having an impact on climbing the stairs, this includes the visibility and width of the stairway. The location of the staircase plays an important role and should be taken into account when planning new builds.

Change4Life: evidence review on physical activity in children
Tues 7 July 2015 Source: UK Health Forum www.ukhealthforum.org.uk

This rapid evidence review aims to identify relevant literature on the physiological, psychological, social, and behavioural outcomes of physical activity participation among children aged 5 to 11 years, and provide an indication of the strength of the evidence for each outcome.

Prison health

'Legal highs' linked to prison deaths
Tuesday 7th July 2015 Source: BBC News www.bbc.co.uk/news

The use of so-called legal highs has been a factor in at least 19 prisoner deaths between 2012 and 2014, a new report has revealed. The Prisons and Probations Ombudsman Nigel Newcomen said the substances were proving hard to detect and manage.
Safety & accident prevention

Report puts blind cord dangers in the spotlight
9 July 2015  Source: RoSPA  www.rospa.com

A report which aims to help save children’s lives by highlighting the dangers of looped blind cords and chains is to be released today (July 9).

Clacton beach goers advised to stay off the rocks
3 July 2015  Source: Environment Agency
https://www.gov.uk/government/organisations/environment-agency

The Environment Agency is asking parents and schools to talk to children about the dangers of playing on rock Groynes when they go to the beach.

RoSPA issues water safety message as the hot weather hits
30 June 2015  Source: RoSPA  www.rospa.com

With forecasters predicting a heat wave in the coming weeks, the temptation will be there for many people to go for a dip - but the summer months and school holidays bring with them a spike in accidental drownings.

Smoking

Second-hand smoke exposure and stroke risk
Tues 14 July 2015  Source: UK Health Forum  www.ukhealthforum.org.uk

New research has found that second-hand smoke exposure is associated with an increased risk of stroke.

Safety alert issued after exploding e-cigarette chargers
Tues 14 July 2015  Source: UK Health Forum  www.ukhealthforum.org.uk

The Local Government Association (LGA) has issued a safety alert after a number of fires have occurred as a result of exploding e-cigarette chargers

E-cigarette TV adverts increase likelihood of future use
Weds 8 July 2015  Source: UK Health Forum  www.ukhealthforum.org.uk

In a randomised controlled experiment, adolescents were tested on their likelihood of using an e-cigarette after exposure to TV adverts promoting e-cigarettes. The adolescents who were exposed to e-cigarettes adverts were much more likely to report using an e-cigarette in the future. They also perceived e-cigarettes as being safer than tobacco products.

Social & economic issues

Children in care ‘should stay until 25’
Wednesday 8 July 2015  Source: BBC News  www.bbc.co.uk
Vulnerable young people should be allowed to stay in care until they are aged 25, the government's children's commissioner for England has said. A survey of nearly 3,000 children and young adults found nearly a third had felt forced to fend for themselves too early, Anne Longfield said. She said most parents would not "wave goodbye" to children at 18 and "we shouldn't do so for children in care".

**CQC inspectors publish reports on 58 adult social care services in the South**

Monday 6\textsuperscript{th} July 2015  
Source: CQC  

In the past week the Care Quality Commission has published a further 58 reports on the quality of care provided by adult social care services across the South of England. Following recent inspections, 26 of these care homes and agencies supporting people in their own homes have been rated as Good, 25 have been rated Requires Improvement, six have been rated Inadequate and one service was rated Outstanding.

<table>
<thead>
<tr>
<th>Statistics</th>
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<tr>
<td><strong>8 in 10 people have good or very good health in England and Wales</strong></td>
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| Tues 7 July 2015  
Source: UK Health Forum  [www.ukhealthforum.org.uk](http://www.ukhealthforum.org.uk) |

Using data from the 2011 Census, ONS have highlighted inequalities in health by: gender, ethnicity, socio-economic position, and area.

<table>
<thead>
<tr>
<th>Obesity statistics</th>
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| Weds 8 July 2015  
Source: UK Health Forum  [www.ukhealthforum.org.uk](http://www.ukhealthforum.org.uk) |

25% of adults in England are obese. A further 37% are overweight. This briefing provides statistics on the obesity among adults and children in the UK, along with data on prescriptions, surgery, and international comparisons.

<table>
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<th>Women’s health</th>
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<tr>
<td><strong>Women are still drinking alcohol whilst pregnant, even though medical guidelines recommend abstinence</strong></td>
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| Weds 8 July 2015  
Source: UK Health Forum  [www.ukhealthforum.org.uk](http://www.ukhealthforum.org.uk) |

The online journal BMJ Open has published a study which shows during pregnancy 20-80% of women in Ireland drink, with 40% upwards in the UK, Australia and New Zealand. The research also highlighted that women who smoked too were 17% more likely to drink whilst pregnant.

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<th>Workplace health</th>
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<tr>
<td><strong>Employers warned not to take eye off the ball after rise in worker deaths</strong></td>
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</table>
| Mon 13 July 2015  
Source: RoSPA  [www.rospa.com](http://www.rospa.com) |

Employers are being warned not to take their eye off the ball after new figures revealed an increase in the number of workers killed.
Employers urged to cool down their workplaces and their staff
July 2013

As the hot weather now looks set to be with us for some time, the TUC has yesterday (Wednesday), called on employers to do the sensible thing and temporarily relax workplace dress codes.

Local news: Hampshire and IOW

National award for ‘Hitting the Cold Spots’ campaign is the icing on the cake
Thurs 16th July 2015

Source: Hampshire County Council: www.hants.gov.uk

A campaign to keep Hampshire residents warm and safe during the winter months has earned a top award for the County Council. It recognises the Council's commitment to tackle fuel poverty and improve energy efficiency.

Scientists gather in Southampton to discuss how to grow missing organs and tissues
Thurs 16th July 2015

Source: University of Southampton: www.soton.ac.uk

Leading scientists from the UK and around the world will meet at the University of Southampton next week (20 and 21 July) to discuss new technologies to create new, living tissues in the lab and to help our bodies regenerate themselves.

Pneumonia investment doesn’t match mortality burden
Wed 15th July 2015

Source: University of Southampton: www.soton.ac.uk

UK investment in pneumonia research is lacking when compared to spending on influenza and tuberculosis, according to a new study by the University of Southampton and University College London (UCL).

‘Inspiring Leader’ in cancer research recognised with national award
Wed 15th July 2015

Source: University of Southampton: www.soton.ac.uk

Dr Edd James, Associate Professor in Cancer Immunology, has received a national award from Cancer Research UK in recognition of his outstanding work to raise awareness about research.

Out of this world: Southampton research into the health impacts of human spaceflight
Wed 15th July 2015

Source: University of Southampton: www.soton.ac.uk

Pioneering research from the University of Southampton into the health impacts of spaceflight has been identified as a possible experiment to be conducted by British astronaut Tim Peake on his maiden voyage to the International Space Station (ISS) later this year.

Netley Military Hospital secures Heritage Lottery Fund investment
Tues 14th July 2015

Source: Hampshire County Council: www.hants.gov.uk
An exciting and unique conservation project in the historic chapel at Royal Victoria Country Park is going ahead with £1.68 million grant funding from the Heritage Lottery Fund (HLF), secured by Hampshire County Council.

**University awarded with new Epilepsy Friendly status**  
**Tues 14th July 2015**  
*Source: University of Winchester: [www.winchester.ac.uk](http://www.winchester.ac.uk)*

National charity Young Epilepsy has awarded the University of Winchester with Epilepsy Friendly status. This reflects the institution’s commitment to inclusivity and accessibility, and in particular the ongoing support it offers students with epilepsy.

**Split-venue conference in Winchester and Canterbury challenges traditional attitudes**  
**Mon 13th July 2015**  
*Source: University of Winchester: [www.winchester.ac.uk](http://www.winchester.ac.uk)*

Hosted by universities in two of England’s oldest centres of academic learning, a conference challenging modern society’s traditional views of disability and sexuality takes place at the University of Winchester later this month (20-21 July).

**Accessing the right respite support**  
**Fri 10th July 2015**  
*Source: Hampshire County Council: [www.hants.gov.uk](http://www.hants.gov.uk)*

Cllr Liz Fairhurst, Executive Member for Adult Social Care, said: "Being able to access the right respite support is extremely important for both people living with disabilities and those who care for them. Demand for respite care across Hampshire is changing particularly among younger adults who are often looking for alternatives to traditional residential respite placements."

**It’s all in the name - Petersfield’s Challengers win web naming prize**  
**Tues 7th July 2015**  
*Source: Hampshire County Council: [www.hants.gov.uk](http://www.hants.gov.uk)*

A competition to name a new information website for young people with special educational needs and/or disability has been won by Petersfield youth group: 'Challengers'. The competition to find a name was run, on behalf of Hampshire County Council, by Parent Voice - an information and advice service for parents and carers of disabled children aged 0-25 in Hampshire.

**Gold award recognises allergy-friendly kitchens at University of Winchester**  
**Mon 6th July 2015**  
*Source: University of Winchester: [www.winchester.ac.uk](http://www.winchester.ac.uk)*

The University was awarded the Food Allergy Training Consultancy’s (FATC) highest accolade following an in-depth assessment of the menus on offer in the institution’s food outlets; its rigorous food handling, preparation and storage regimes; and its policy of detailed and accurate food labelling.

**Newton Fund grant to aid Southampton researchers in understanding and reducing the impact of infectious disease in Malaysia**  
**Fri 3rd July 2015**  
*Source: University of Southampton: [www.soton.ac.uk](http://www.soton.ac.uk)*

A group of collaborators led by the University of Southampton have been awarded a British Council Newton Fund Institutional Links Grant to support ground-breaking
research towards reducing the burden of infectious disease in Malaysia. The award of over £120,000 will help the researchers to examine more closely the role of weather and industrial pollution in the prevalence of disease-causing bacteria with a view to the introduction of appropriate vaccines and better antibiotic prescribing whilst building local capacity in public health.

IOW

Primary School Island Games to take place
Tues 7th July 2015

Hundreds of children will head to Sandown's Fairway Sports Complex on Saturday (11 July) for the annual Isle of Wight Primary School Island Games. Pupils from 32 schools will take part in the popular sporting event which has been held every year since 2008. Organised by the Isle of Wight Council’s Sports Unit, primary school children compete in seven sports during the day while representing an international island.

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Other Bulletins

<table>
<thead>
<tr>
<th>Bulletin</th>
<th>Description</th>
<th>Source</th>
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<tr>
<td>Healthcare Public Health</td>
<td>Monthly bulletin containing news and information about key public health issues including health service commissioning, updates from Public Health England, local authorities, Faculty of Public Health and others agencies, resources and good practice.</td>
<td><a href="http://www.healthcarepublichealth.net/newsletters.php">http://www.healthcarepublichealth.net/newsletters.php</a></td>
</tr>
<tr>
<td>Public Health and Social Care Bulletin</td>
<td>This is published weekly and created by Kent &amp; Medway Public Health Observatory. It provides an update on what is new in public health and social care, both nationally and locally.</td>
<td><a href="http://www.kmpho.nhs.uk/events-and-updates/bulletins/bulletins-archive/">http://www.kmpho.nhs.uk/events-and-updates/bulletins/bulletins-archive/</a></td>
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