

Public Health Bulletin. 2 June 2015

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Please find below a list of news items from the past fortnight that may be of interest to those involved in public health. This Bulletin provides topical news and reports of relevance to public health teams, community health practitioners and anyone with an interest in health promotion. All content and links are provided for information only and we do not sponsor, endorse or otherwise approve of any mentioned website or the contents of the news items. Please refer to the terms and conditions of the relevant website should you wish to reproduce any of the information.

Details of alternative current awareness services which cover more academic/specialist sources of information can be found in the section *Other Bulletins*. Your local NHS library service can assist you in accessing other current awareness services/tailored alerts, locating peer reviewed journal articles and answer any other queries you may have regarding finding information.

The information about each news item only gives a brief overview so we recommend you view the original source by clicking on the title (or Ctrl+Click in the word document).

Please contact your local NHS library service if you no longer wish to receive this Bulletin, or if you know of anyone else who would like to join the mailing list. The Bulletins are also available on the Thames Valley Public Health Network at: <http://phabbtv.net/bulletins/> and the Wessex Public Health Network at: <http://www.wessexphnetwork.org.uk/resources/public-health-updates.aspx>

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Alcohol misuse

[Drinkaware study finds alcohol limits are exceeded more by middle-aged drinkers than young adults](#)

2 June 2015

Source: UK Health Forum www.ukhealthforum.org.uk

Despite recognising the potential health effects of regularly drinking above the lower risk alcohol limits, which is up to 14 units a week for women and 21 for men, an estimated 3.4 million people aged 45 to 64 take this risk.

[Alcohol consumption significantly underestimated in England](#)

26 May 2015

Source: UK Health Forum www.ukhealthforum.org.uk

Results of a survey, published in [BMC Medicine](#) suggest that the amount of alcohol consumed in England is underestimated by as much as 12 million bottles of wine a week. The survey was completed by over 6,000 people.

[The Independent article](#); Related document [BBC News article](#)

[EU once again provides no strategy to tackle alcohol harm in Europe](#)

22 May 2015

Source: UK Health Forum www.ukhealthforum.org.uk

The expectations at the EAHF plenary meeting were high, as previously announced that the Commissioner for Health and Food Safety, Vytenis Andriukaitis, would be presenting the European Commission's work on reducing alcohol related harm in Europe at this meeting...

It was disappointing that the Commissioner was unable to address the calls from the European Parliament and the Member States for a strengthened policy framework to tackle alcohol related harm.

[EuroCare news article](#)

[Commissioner for Health and Food Safety, Vytenis Andriukaitis full speech](#)

[Alcohol Advertising and Sponsorship In Formula One: A Dangerous Cocktail](#)

22 May 2015

Source: UK Health Forum www.ukhealthforum.org.uk

Formula One alcohol sponsorship exposes audience to alcohol brands every five seconds.

This is a [new report](#) which presents data on the extent of alcohol advertising during the 2014 Formula One (F1) Monaco Grand Prix.

Chronic conditions

[Cancer drug combination 'shrinks 60% of melanomas'](#)

Monday, 1st June 2015

Source: BBC <http://www.bbc.co.uk>

A pair of cancer drugs can shrink tumours in nearly 60% of people with advanced melanoma, a new trial has suggested.

[Acelarin cancer drug impact hope 'remarkable'](#)

Saturday, 30th May 2015

Source: BBC <http://www.bbc.co.uk>

The potential impact of a new cancer drug invented in Cardiff has been praised at the world's biggest gathering of oncologists in Chicago.

Lung cancer therapy is 'milestone'

Saturday, 30th May 2015

Source: BBC <http://www.bbc.co.uk>

A lung cancer therapy can more than double life expectancy in some patients, a "milestone" trial shows.

Sleeping cancer cells can 'wake up' decades later

Thursday 28th May 2015

Source: BBC <http://www.bbc.co.uk>

Scientists say they have found evidence that cancer cells can go to 'sleep', avoiding the effects of chemotherapy, and then 'reawaken' years later. Researchers at the Institute of Cancer Research say this may explain why some cancers return, many years after they appear to have been cured.

Breast cancer 'alters bone to help it spread'

Thursday 28th May 2015

Source: BBC <http://www.bbc.co.uk>

Breast cancers can manipulate the structure of bone to make it easier to spread there, a study has found. Researchers at the University of Sheffield said the tumours were effectively "fertilising" the bone to help themselves grow.

Doctors may be 'too slow' on cancer

Thursday 28th May 2015

Source: BBC <http://www.bbc.co.uk>

GPs in the UK are slower to refer patients who might have cancer than in other countries, a study suggests. Interviews with 2,795 doctors around the world, in the journal BMJ Open, suggested British doctors did not have enough access to CT and MRI scans to check for tumours.

RCGP response to International Cancer Benchmarking Partnership findings on cancer referral

Thurs 28 May 2015

Source: Royal College of General Practitioners www.rcgp.org.uk

Responding to research published by Cancer Research UK in the BMJ Open today, Dr Richard Roope, Clinical Lead for Cancer at the RCGP said: "GPs see hundreds if not thousands of patients with potential cancer symptoms – but only an average of eight will be diagnosed with the disease.

Cancer fund reprieve for just one drug, Regorafenib

Friday, 22nd May 2015

Source: BBC <http://www.bbc.co.uk>

The Cancer Drugs Fund in England will continue to pay for a stomach cancer drug after an appeal by the manufacturer. The fund, which pays for drugs not routinely available on the NHS, has cut the number of treatments offered in order to balance the books.

Quarter of skin cells 'on road to cancer'

Friday, 22nd May 2015

Source: BBC <http://www.bbc.co.uk>

More than a quarter of a middle-aged person's skin may have already made the first steps towards cancer, a study suggests. Analysis of samples from 55- to 73-year-olds found more than 100 DNA mutations linked to cancer in every 1 sq cm (0.1 sq in) of skin.

[Prostate cancer gene map points way to targeted drugs](#)

Thursday, 21st May 2015

Source: BBC <http://www.bbc.co.uk>

Scientists have unveiled a comprehensive genetic map of advanced prostate cancer, hailing it as the disease's "Rosetta Stone". The study, published in the journal Cell, shows that nearly nine in 10 men had gene mutations that could be targeted with drugs.

[Brain injury: Stories of changed lives](#)

Wednesday 27th May 2015

Source: BBC <http://www.bbc.co.uk>

A new blog aims to increase awareness of brain injury and its consequences by telling personal stories. Charity Headway East London has worked with people who have an acquired brain injury (or ABI) to compile a tell-all blog of frank and open personal accounts of what their lives were like before, and after.

[RCGP response to MS Society survey on diagnosis of Multiple Sclerosis in primary care](#)

Weds 27th May 2015

Source: Royal College of General Practitioners www.rcgp.org.uk

Responding to a report, published today by the MS Society, Professor Maureen Baker, Chair of the Royal College of GPs, said: "Multiple Sclerosis is a serious, debilitating neurological condition that has terrible consequences for patients, so the more GPs can do to identify it as early as possible, the better.

[Modified herpes virus 'could combat skin cancer'](#)

Wednesday 27th May 2015

Source: NHS Choices: <http://www.nhs.uk/news/>

"Patients with aggressive skin cancer have been treated successfully using a drug based on the herpes virus," The Guardian reports. A new study suggests a novel form of immunotherapy could be effective for treating some cases of advanced skin cancer.

[Heart failure victims require depression counseling](#)

Saturday, 23rd May 2015

Source: BBC <http://www.bbc.co.uk>

People with heart failure must be screened for signs of depression and offered counselling, scientists say. A small study presented at the European Society of Cardiology suggested patients with depression were more likely to die within a year.

[Basildon heart patient has 'UK's first' double operation](#)

Thursday, 21st May 2015

Source: BBC <http://www.bbc.co.uk>

A heart patient has had two operations at the same time, in what surgeons say is the first procedure of its type in the UK.

Diet & nutrition

Sugar and Health

1 June 2015

Source: UK Health Forum www.ukhealthforum.org.uk

Key points in this POSTnote include: All age groups consume more sugar than the Government's recommended daily limit (10% of daily energy intake). There is concern about the negative impact of this level of consumption on public health, notably tooth decay, obesity and type 2 diabetes.

Parents deceived into buying 'fruit snacks' which are not permitted in schools.

1 June 2015

Source: UK Health Forum www.ukhealthforum.org.uk

Action on Sugar's new research reveals large amounts of hidden sugars in so called 'fruit snacks', which are aimed at children.

Vitamin D to be added to M&S bread

Saturday, 30th May 2015

Source: BBC <http://www.bbc.co.uk>

Marks and Spencer is to become the first UK retailer to add vitamin D to all its packaged bread and bread rolls.

Fruit snacks 'contain more sugar than sweets'

Friday, 29th May 2015

Source: BBC <http://www.bbc.co.uk>

Many supposedly "healthy" fruit snacks aimed at children contain more sugar than sweets, says a campaign group.

Tesco to cut soft drinks sugar content

Friday, 22nd May 2015

Source: BBC <http://www.bbc.co.uk>

Campaign group Action on Sugar has welcomed Tesco's commitment to reduce added sugars by 5% per year in all their own-label soft drinks. This means that after four years, about two teaspoons of sugar will have been removed from a can of fizzy drink. A gradual reduction in calories and sweetness in drinks is the best way to cut sugar intake in the UK population, the group says.

FSAI tackles the marketing terms used by the food industry

20 May 2015

Source: UK Health Forum www.ukhealthforum.org.uk

New guidance has been published by the Food Safety Authority of Ireland (FSAI), to ensure consumers are not misled by the marketing terms used, when deciding on a food product.

Tackling obesity and undernutrition

20 May 2015

Source: UK Health Forum www.ukhealthforum.org.uk

The Guardian, global development professionals network panel, have suggested there are nine ways in tackling obesity and undernutrition, which 45% of countries are struggling to address.

Public unaware of global impact of unhealthy diets study

20 May 2015

Source: UK Health Forum www.ukhealthforum.org.uk

New research from Consumers International, the international federation of consumer organisations, suggests that huge numbers of the public are unaware of the major impact that unhealthy diets are having on global public health.

[FSAI tackles the marketing terms used by the food industry](#)

20 May 2015

Source: UK Health Forum www.ukhealthforum.org.uk

New guidance has been published by the Food Safety Authority of Ireland (FSAI), to ensure consumers are not misled by the marketing terms used, when deciding on a food product.

Disability

[Brain-reading implant controls arm](#)

Friday, 22nd May 2015

Source: BBC <http://www.bbc.co.uk>

A man has been able to control a robotic limb with a mind-reading chip implanted in his brain. It allowed Erik Sorto, from California, to sip a drink unaided for the first time in 10 years. The details, published in Science, reveal how complex bursts of electrical signals in his brain could be interpreted into commands for the arm.

Drug Misuse

[Spice: The dangerous alternative to cannabis](#)

Friday, 22nd May 2015

Source: BBC <http://www.bbc.co.uk>

The designer drug Spice has been blamed for five university students being admitted to hospital, two of whom were left in a critical condition. But what is it and why is it so popular?

Environmental health

[Food poisoning bug 'found in 73% of shop-bought chickens'](#)

Thursday, 28th May 2015

Source: BBC <http://www.bbc.co.uk>

Some 73% of fresh shop-bought chicken tested positive for food poisoning bug campylobacter in a year-long study by the Food Standards Agency (FSA). The survey tested about 4,000 samples of whole raw chickens bought from UK retail outlets and independent stores.

[Traffic noise linked with increase in weight](#)

27 May 2015

Source: UK Health Forum www.ukhealthforum.org.uk

New research from Sweden has found a link between excess weight and traffic noise.

[Draft EU air pollution standards could lead to 71,000 avoidable deaths](#)

26 May 2015

Source: UK Health Forum www.ukhealthforum.org.uk

Research, commissioned by Greenpeace and European Environmental Bureau, has modelled the potential health impacts the proposed EU emission limits could have if implemented.

[Cold weather attributable to more deaths than hot weather](#)

26 May 2015

Source: UK Health Forum www.ukhealthforum.org.uk

Researchers have analysed data from 384 locations across the globe to determine the amount of premature deaths attributable to hot or cold weather.

[Mildly cold weather 'more deadly' than heatwaves or very cold snaps](#)

Thursday, 21st May 2015

Source: NHS Choices: <http://www.nhs.uk/news/>

"Mildly cold, drizzly days far deadlier than extreme temperatures," The Independent reports. An international study looking at weather-related deaths estimated that moderate cold killed far more people than extremely hot or cold temperatures.

[How large are global energy subsidies?](#)

20 May 2015

Source: UK Health Forum www.ukhealthforum.org.uk

A new report from the IMF has revealed that fossil fuel companies are benefitting from £3.4 trillion a year in global subsidies. ... Air pollution is having an impact locally and globally in health and climate change. The IMF believes that ending subsidies for fossil fuel would cut global carbon emissions by 20 percent.

Health promotion

[NHS chief executive stresses the importance of prevention](#)

19 May 2015

Source: UK Health Forum www.ukhealthforum.org.uk

Simon Stevens, chief executive of NHS England has said that the NHS needs to "pull out all the stops on prevention" to have a healthier society and sustainable health service.

Health services administration

[Evaluation of the impact of public health transfer to local authorities on alcohol](#)

19 May 2015

Source: www.ukhealthforum.org.uk

This interim [report](#) from Alcohol Concern looks at local alcohol services and commissioning following the transfer of Public Health teams to local authorities.

[National organisations call on new government to make mental health a priority in emergency budget](#)

29 May 2015

Source: Mental Health Foundation www.mentalhealth.org.uk

Six of England's leading mental health organisations have joined forces to produce a plan for what the Government should do in the first 100 days of the new Parliament to improve the lives of people with mental health problems.

HIV & AIDS

[HIV drugs should be given at diagnosis, trial suggests](#)

Thursday, 28th May 2015

Source: BBC <http://www.bbc.co.uk>

HIV drugs should be given at the moment of diagnosis, according to a major trial that could change the way millions of people are treated.

Infant & child health

[Dyslexia not linked to eyesight, says study](#)

Monday, 25th May 2015

Source: BBC <http://www.bbc.co.uk>

Dyslexia is not linked to any problems with eyesight, say researchers. Teams from Bristol and Newcastle universities carried out eye tests on more than 5,800 children and did not find any differences in the vision of those with dyslexia. This raises doubts about the value of using coloured overlays or lenses to help dyslexic children with reading.

[Why Clarks is measuring feet with iPads](#)

Friday, 22nd May 2015

Source: BBC <http://www.bbc.co.uk>

If you go to a shoe shop during half term next week, you may see lots of children getting their feet measured with iPads. Shoe company Clarks has bet millions on the scheme, hoping it will be rewarded with an invaluable bonanza of digital data

[Child obesity risk increases almost three-fold in five generations](#)

20 May 2015

Source: UK Health Forum www.ukhealthforum.org.uk

Children born since 1990 are up to three times more likely than older generations to be overweight or obese by age 10, according to a new study.

Mental health

[Can a single-shot therapy session cure insomnia?](#)

Wednesday, 3 June 2015

Source: NHS Choices: <http://www.nhs.uk/news/>

"Insomnia could be cured with one simple therapy session, new study claims," The Independent reports. UK researchers have been looking at whether cognitive behavioural therapy (CBT) delivered in a single one-hour session can combat acute insomnia.

[£7.6m a year extra for child mental health budget in Wales](#)

Friday, 22nd May 2015

Source: BBC <http://www.bbc.co.uk>

An extra £7.6m a year will be invested to improve mental health services for children and young people in Wales. Health Minister Mark Drakeford said the money would be used to improve areas of concern, including out-of-hours help and access to psychological treatment.

[Stress may impact on liver health](#)

20 May 2015

Source: UK Health Forum www.ukhealthforum.org.uk

High levels of stress could lead to death as a result of liver disease, according to a new study from University of Edinburgh.

Levels of iron may impact on Alzheimer's Disease progression

20 May 2015

Source: UK Health Forum www.ukhealthforum.org.uk

New research has found that higher levels of ferritin (an iron storage protein) may be linked to the progression on Alzheimer's Disease.

Obesity

One in five cancer deaths are due to obesity

Jun 02, 2015

Source: UK Health Forum www.ukhealthforum.org.uk

The American Society of Clinical Oncology in Chicago, which is one of the world's biggest conferences on cancer, suggested tens of thousands of people each year are being killed by obesity in Britain.

Obesity has become the key battle for public health

1 June 2015

Source: UK Health Forum www.ukhealthforum.org.uk

Simon Stevens, the chief executive of NHS England, sees the obesity as the new smoking, with one in five cancer deaths caused by obesity.

Health-related taxes on food and beverages

Tuesday 26 May, 2015

Source: UK Health Forum www.ukhealthforum.org.uk

This paper presents a comprehensive review of the status of health-related taxes on food and drinks, globally and in the UK. It outlines the public health issues and likely costs to the NHS arising from over-consumption of energy dense foods and beverages that are high in fat and sugar.

Obesity in adolescence linked to bowel cancer risk, says study

Tuesday, 26th May 2015

Source: BBC <http://www.bbc.co.uk>

Being overweight in adolescence is linked to a greater risk of bowel cancer later in life, a study suggests. Researchers followed nearly 240,000 Swedish men for 35 years. The analysis, published in the journal [Gut](#) showed overweight teenagers went on to have twice the risk of bowel cancer. The figures were even higher in obese teens.

Health Secretary's top health priorities are obesity and diabetes

22 May 2015

Source: UK Health Forum www.ukhealthforum.org.uk

In his first speech since being reappointed as health secretary, Jeremy Hunt, stated that tackling obesity and diabetes has become a priority for the new Conservative government. He went on to say that something needs to be done when one in five children leave primary school and are classified as clinically obese.

Physical activity

Getting Britain active: Setting the agenda for the new parliament

1 June 2015

Source: UK Health Forum www.ukhealthforum.org.uk

This document has been written by a coalition of the country's leading environment, transport and health organisations ...to transform the UK and create communities where children and their families are able to choose to walk and cycle to school, to work and recreation.

[Working adults unaware of daily physical activity recommendations](#)

26 May 2015

Source: UK Health Forum www.ukhealthforum.org.uk

A BHFNC survey of 10,992 adults has found that nearly two thirds of working adults in England do not know the physical activity recommendations.

[Personalised music increases exercise adherence](#)

26 May, 2015

Source: UK Health Forum www.ukhealthforum.org.uk

New research has found that personalised music with tempo-pace synchronization can increase adherence to exercise in cardiac rehab patients by 70 percent.

[Even busy workers do not achieve recommended physical activity levels](#)

20 May 2015

Source: UK Health Forum www.ukhealthforum.org.uk

Results of a new study presented at EuroPREvent suggest that even employees in busy work environments did not achieve the recommended levels of physical activity during their day.

Safety & accident prevention

[Campylobacter survey: cumulative results from the full 12 months \(Q1-Q4\)](#)

28 May 2015

Source: Food Standards Agency www.food.gov.uk

The FSA has today published the final set of results from its year-long survey of campylobacter on fresh chickens. Campylobacter is a food bug mainly found on raw poultry and is the biggest cause of food poisoning in the UK.

[New pharmacy rules 'should reduce dispensing mistakes'](#)

Sunday, 24th May 2015

Source: BBC <http://www.bbc.co.uk>

Health ministers want to introduce an airline-style error reporting system for the UK's high street pharmacies. The government hopes it will provide more accurate information about the number of mistakes being made.

[Safety First: Stunning vintage posters book marks 100 years of making Britain safer](#)

20 May 2015

Source: ROSPA www.rospa.com

A fabulous collection of vintage British safety posters will be published next month, providing a chronicle of work, rest and play in 20th century Britain.

Screening

[Pocket optician 'good as eye charts'](#)

Thursday, 28th May 2015

Source: BBC <http://www.bbc.co.uk>

A smartphone app is as effective at testing eyesight as an optician's clinic, a trial suggests. The team, at the London School of Hygiene and Tropical Medicine, hopes it can transform eye care for millions of people in remote parts of the world.

Sexual health

FPA advice about combined hormonal contraceptives and blood clots

26 May 2015

Source: Family Planning Association www.fpa.org.uk

There are stories in the press today looking at the link between combined hormonal contraceptive (CHC) pills and blood clots, otherwise known as venous thromboembolism (VTE).

Smoking

Smoking ban in England 'cuts child hospital admissions'

Friday, 29th May 2015

Source: BBC <http://www.bbc.co.uk>

Thousands of children have been spared serious illness and hospital treatment since the smoking ban was introduced in England in 2007, research suggests.

Tobacco Industry challenges the UK plain packaging law

26 May 2015

Source: UK Health Forum www.ukhealthforum.org.uk

British American Tobacco and Philip Morris have filed legal objections to the UK government's plain packaging regulations. The companies believe that the regulations are illegal because they remove trademark intellectual property, which is against English and EU property law.

Evidence brief: How large pictorial health warnings on the packaging of tobacco products affect knowledge and behaviour

21 May 2015

Source: UK Health Forum www.ukhealthforum.org.uk

Evidence shows that combined written and graphic health messages on the packaging of tobacco products are more effective than text-only warnings.

Varied cigarette packaging aims to target different population groups

20 May 2015

Source: UK Health Forum www.ukhealthforum.org.uk

The Global Tobacco Control Project has analysed cigarette packets to expose how tobacco companies use packaging to target specific groups of people. For example, Vogue Superslims, seek to appeal to the fashion conscious and BAT claimed that the slim packaging would be "targeted at women smokers."

Ecigarettes could be as damaging to lungs as tobacco

19 May 2015

Source: UK Health Forum www.ukhealthforum.org.uk

Chemicals found in e-cigarettes could be as damaging to lungs as tobacco, according to research presented at 2015 American Thoracic Society International conference. The

researchers identified that chemicals used to flavour e-cigarettes could alter cellular functions in lung tissue and could be toxic in high doses.

Social & economic issues

[New learning network for housing, care and health](#)

2 June 2015

Source: UK Health Forum www.ukhealthforum.org.uk

The Integrated Housing, Care and Health Joint Learning Network will bring together their knowledge, networks and resources to support organisations that are keen to learn, share their achievements and find ways of turning problems into solutions ...and raise the profile of the housing sector's contribution to better health and care outcomes.

[Too many people dying without dignity, Ombudsman service report finds](#)

20 May 2015

Source: Parliamentary and Health Service Ombudsman www.ombudsman.org.uk

End of life care could be improved for up to 355,000 people a year in England, according to [a report](#) published today by the Parliamentary and Health Service Ombudsman. The report highlights tragic cases where people's suffering could have been avoided or lessened with the right care and treatment, as they approached the end of their lives.

Statistics

[Annual fuel poverty statistics report: 2015](#)

2 June 2015

Source: UK Health Forum www.ukhealthforum.org.uk

The fuel poverty statistics report for 2015 includes: the latest statistics on the number of households living in fuel poverty, in England analysis of the composition of the fuel poor group in 2013 projections of the number of households in fuel poverty in 2014 and 2015 estimates of sub-regional fuel poverty

[Statistics on smoking in England, 2015](#)

1 June 2015

Source: UK Health Forum www.ukhealthforum.org.uk

This statistical report presents a range of information on smoking which is drawn together from a variety of sources.

[Rise in 'dog bite' hospital admissions](#)

Thursday, 28th May 2015

Source: BBC <http://www.bbc.co.uk>

The number of people taken to hospital after dog attacks has risen by 76% in the past decade, new figures show.

[Avoidable mortality in England and Wales, 2013](#)

20 May 2015

Source: UK Health Forum www.ukhealthforum.org.uk

New data report from ONS reveals that in 2013, approximately 23% (114,740 out of 506,790) of all deaths registered in England and Wales were from causes considered avoidable through good quality healthcare or wider public health interventions.

[Persistent poverty in the UK and EU, 2008-2013](#)

20 May 2015

Source: UK Health Forum www.ukhealthforum.org.uk

In 2013, 7.8% of the UK population were considered to be in persistent income poverty, equivalent to around 4.6 million people.

[Public Health League Table \(PHLT\)](#)

20 May 2015

Source: UK Health Forum www.ukhealthforum.org.uk

Public health information analysed by Durham University has found a distinct North-South divide. The researchers have created a health league table ranking areas local to football clubs from best to worst in terms of public health. Indicators include life expectancy, obesity rates and smoking rates. The top half of the table is largely dominated by southern clubs.

Women's health

[Combined contraceptive pills 'increase risk of blood clots'](#)

Wednesday, 27th May 2015

Source: NHS Choices: <http://www.nhs.uk/news/>

"Women who take the latest generations of contraceptive pills are at a greater risk of potentially lethal blood clots," The Times reports. While the increase in risk is statistically significant, it is very small in terms of individual risk

Workplace health

[Office workers to stand for at least two hours and eventually four hours, during the working day](#)

2 June 2015

Source: UK Health Forum www.ukhealthforum.org.uk

A set of guidelines published in the British Journal of Sports Medicine, aims to provide employers with guidelines for office workers to help fight against the health risks associated with long periods of sedentary forms of work.

[Office workers of England - stand up for your health!](#)

Tuesday, 2 June 2015

Source: NHS Choices: <http://www.nhs.uk/news/>

Workers have been warned to "stand up for at least two hours a day in [the] office," according to The Daily Telegraph. It says these are the first official health guidelines on the issue.

Local news: Hampshire and IOW

[Southampton researcher joins £3m project to fight antimicrobial resistance](#)

Wed 3rd June 2015

Source: University of Southampton: www.soton.ac.uk

University of Southampton researcher Dr Syma Khalid is part of a multidisciplinary collaboration that has been awarded over £3m funding to help tackle the growing threat of antimicrobial resistance.

Major contribution to world-leading Centre for Cancer Immunology

Mon 1st June 2015

Source: University of Southampton: www.soton.ac.uk

The generosity of a charitable trust, set up by Guernsey residents Jim Wilkinson and his late wife Peggy, will go a long way to helping the University of Southampton realise its goal of building a new world-leading research centre in cancer immunology and immunotherapy.

University enters into research collaboration with BioInvent

Mon 1st June 2015

Source: University of Southampton: www.soton.ac.uk

Leading antibody researchers at the University of Southampton, under the direction of Professor Mark Cragg, Professor of Experimental Cancer Research and Director of the Cancer Pathway Integrated Postgraduate Programme, today announce a three-year research collaboration with BioInvent International (OMXS: BINV).

Cultural beliefs and social networks crucial in South Asian people's management of diabetes

Mon 27th May 2015

Source: University of Southampton: www.soton.ac.uk

Research from the University of Southampton, in collaboration with Manchester and Keele Universities, has found that cultural health beliefs prevent many South Asian people in the UK with diabetes from effectively managing their condition.

Free driver awareness workshops for people aged 60 plus

Thurs 23rd May 2015

Source: Hampshire County Council: www.hants.gov.uk

Hampshire County Council is running free driver awareness workshops across the county over the next year for motorists aged 60 and over. It wants to help people to keep driving safely for longer.

Prostate Cancer UK awards Southampton researchers crucial grant thanks to Movember funds

Wed 22nd May 2015

Source: University of Southampton: www.soton.ac.uk

Researchers from the University of Southampton have received a grant of over £230,000 to explore a new way to reduce unnecessary treatment of non-aggressive prostate cancers. The grant is part of a £2m wave of Movember Foundation Project Grants and Pilot Awards made by Prostate Cancer UK.

Family history of breast cancer doesn't mean a poor prognosis for women who develop the disease

Mon 20th May 2015

Source: University of Southampton: www.soton.ac.uk

A new study has found that women who are diagnosed with breast cancer and have a family history of the disease face no worse of a prognosis after treatment than other women with breast cancer.

IOW

New council chairman reveals chosen charity

Mon 27th May 2015

Source: IOW Council: www.iwight.com

The new chairman of the Isle of Wight Council has announced his chosen charity for the coming year. Councillor Charles Chapman, who was elected as chairman by Full Council at the annual general meeting on Wednesday 20 May, will help to raise funds for the Earl Mountbatten Hospice over the coming year.

[Find out about future plans for health, social care and wellbeing on the Island](#)

Mon 27th May 2015

Source: IOW Council: www.iwight.com

Residents, town and parish councils, businesses, care professionals and charitable organisations are invited to attend a special event about the vision and ambitions for the future of health, social care and wellbeing on the Island.

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Other Bulletins

Big Four Bulletin

This is a weekly Bulletin that details original articles in the BMJ, JAMA, New England Journal of Medicine and The Lancet.

<http://cash.libraryservices.nhs.uk/cash-service/rss-newsfeed-menu/medicine/big-four-bulletin/>

Daily Health Bulletin

The Daily Health Bulletin is produced by the Knowledge Service of the West and South Yorkshire and Bassetlaw Commissioning Support Unit.

<http://cash.libraryservices.nhs.uk/cash-service/daily-health-bulletin/>

Healthcare Public Health

Monthly bulletin containing news and information about key public health issues including health service commissioning, updates from Public Health England, local authorities, Faculty of Public Health and others agencies, resources and good practice.

<http://www.healthcarepublichealth.net/newsletters.php>

NICE Public Health Awareness Bulletin

This is a monthly update highlighting national public health news and information from NICE.

<https://www.evidence.nhs.uk/about-evidence-services/bulletins-and-alerts/whats-new-in-public-health/public-health-bulletin-archive>

PHE Bulletin (Public Health England)

The PHE Bulletin is issued monthly and contains public health news and information.

<https://www.gov.uk/government/collections/phe-bulletin>

Public Health and Social Care Bulletin

This is published weekly and created by Kent & Medway Public Health Observatory. It provides an update on what is new in public health and social care, both nationally and locally.

<http://www.kmpho.nhs.uk/events-and-updates/bulletins/bulletins-archive/>



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