

# Public Health Bulletin. 14 October 2014 Produced by NHS libraries in Thames Valley and Wessex

Please find below a list of news items from the past fortnight that may be of interest to those involved in public health. This Bulletin provides topical news and reports of relevance to public health teams, community health practitioners and anyone with an interest in health promotion. All content and links are provided for information only and we do not sponsor, endorse or otherwise approve of any mentioned website or the contents of the news items. Please refer to the terms and conditions of the relevant website should you wish to reproduce any of the information.

Details of alternative current awareness services which cover more academic/specialist sources of information can be found in the section *Other Bulletins*. Your local NHS library service can assist you in accessing other current awareness services/tailored alerts, locating peer reviewed journal articles and answer any other queries you may have regarding finding information.

The information about each news item only gives a brief overview so we recommend you view the original source by clicking on the title (or Ctrl+Click in the word document).

Please contact your local NHS library service if you no longer wish to receive this Bulletin, or if you know of anyone else who would like to join the mailing list. The Bulletins are available on the Wessex Public Health Network website at: http://www.wessexphnetwork.org.uk/resources/public-health-updates.aspx

Alcohol misuse	<u>Obesity</u>
Chronic conditions	Older people
Communicable diseases	Physical activity
Diet & nutrition	Sexual Health
Disability and Learning Difficulties	Smoking
Drug Misuse	Social and economic issues
Health Services administration	<b>Statistics</b>
HIV and AIDS	Women's health
<u>Men's health</u>	Workplace health
Mental health	

## Alcohol misuse

### Minimum unit price '50 times more effective' than alcohol floor price

Wednesday 1 October 2014 Source: BBC Health: http://www.bbc.co.uk

Introducing minimum pricing for alcohol would be up to 50 times more effective than current government policy, according to health researchers.

Minimum alcohol pricing would 'save 100s of lives'

Wednesday 1 October 2014 Source: NHS Choices: http://www.nhs.uk

"Hundreds of lives lost' over failure to bring in minimum alcohol pricing," The Independent reports.

Health warning over alcohol 'pre-loading'Thursday 2 October 2014Source: BBC Health: <a href="http://www.bbc.co.uk">http://www.bbc.co.uk</a>

A leading accident and emergency doctor, Clifford Mann, has warned of a "dangerous epidemic" of young people ending up in hospital, after getting drunk on cheap drinks before going out.

Drug recommended to help cut drink dependenceFriday 3 October 2014Source: BBC Health: <a href="http://www.bbc.co.uk">http://www.bbc.co.uk</a>

A pill designed to reduce alcohol consumption among problem drinkers looks set to be made available to NHS patients in England and Wales.

<u>Millions of children exposed to alcohol marketing during 2014 World Cup</u> Friday 10 October 2014 Source: Alcohol Concern: <u>http://www.alcoholconcern.org.uk</u>

Alcohol Concern is asking the government to consider whether the harms outweigh the financial benefits of alcohol marketing in sport.

Total NHS alcohol-related admissions in England nears 10 million Wednesday 15 October 2014 Source: Alcohol Concern: http://www.alcoholconcern.org.uk

A new map of alcohol harm published today has shown that the total number of alcoholrelated NHS admissions, including inpatient, outpatient and A&E visits, hit almost 10 million in England during 2012-13.

## **Chronic conditions**

Cancer gene test 'would save lives' Wednesday 1 October 2014

Source: BBC Health: <u>http://www.bbc.co.uk</u>

Younger bowel cancer patients should be offered a genetic test to screen for a rare condition linked to a higher risk of further cancers, say researchers.

The promise of antidepressants in brain cancer fight

Thursday 2 October 2014 Source: BBC Health: http://www.bbc.co.uk

Brain cancer is one of the least-funded types of cancer in the UK, according to cancer charities, but kills more children and adults under 40 than any other cancer.

### Does cancer get too much attention?

Friday 3 October 2014

Source: BBC Health: http://www.bbc.co.uk

Over recent years, new institutions, targets, campaigns, and funding have steadily helped drive improvements in cancer care, treatment and survival.

Green tea compound may improve cancer drugs Monday 6 October 2014 Source: NHS Choices: http://www.nhs.uk

"Green tea could helps [sic] scientists develop new cancer fighting drugs," the Mail Online reports. But before you rush out to the shops, in no way does this study suggest green tea can fight cancer.

Study finds clue to why colds trigger asthma Friday 3 October 2014 Source: NHS Choices: http://www.nhs.uk

The Mail Online reports how "a simple cold can set off a deadly asthma attack: Scientists discover chemical can send the immune system into overdrive". It is well known that in people with asthma, respiratory infections such as colds or flu can trigger asthma symptoms, and, in more serious cases, an asthma attack.

Is a cure for type 1 diabetes 'within reach'? Friday 10 October 2014 Source: NHS Choices: http://www.nhs.uk

"Type 1 diabetes cure within reach after breakthrough," The Independent reports after researchers have managed to "coax" human stem cells into becoming insulin-producing cells.

How can magic help stroke survivors?

Saturday 11 October 2014 Sc

Source: BBC Health: http://www.bbc.co.uk

Rehabilitation and physiotherapy play a vital role in recovery, helping stroke survivors to maintain their independence. But it can be difficult to keep up enthusiasm for doing exercises - so a new magical approach could make recovery from stroke more entertaining.

Sir lan Botham on coping with a parent with dementia Monday 13 October 2014 Source: BBC Health: http://www.bbc.co.uk

Former cricketer Sir Ian Botham has been speaking about his father's dementia and how difficult it was to cope with the deteriorating condition.

Review of dementia care services shows too much variationMonday 13 October 2014Source: CQC: <a href="http://www.cqc.org.uk">http://www.cqc.org.uk</a>

A major review into the care provided to people living with dementia by the Care Quality Commission found an unacceptable gap in the quality of care that means people are at risk of experiencing poor care as they move between care homes and hospitals.

#### Action needed on training for dementia carers Monday 13 October 2014 Source: BBC Health: http://www.bbc.co.uk

BBC Inside Out examines the weaknesses in the quality of training and care on offer to people with dementia in care homes and hospitals. This week, the Care Quality Commission (CQC) published its inspection report, Cracks in the Pathway, which found dementia care is variable in some care homes and hospitals in England.

GPs in UK 'missing opportunities' to spot lung cancer

Tuesday 14 October 2014 Source: BBC Health: http://www.bbc.co.uk

Doctors in Britain are "missing opportunities" to spot lung cancer at an early stage, meaning one in three people with the disease dies within 90 days of diagnosis, research suggests.

Concerns raised about late diagnosis of lung cancer

Tuesday 14 October 2014

Source: NHS Choices: http://www.nhs.uk

"Doctors in Britain are 'missing opportunities' to spot lung cancer at an early stage," BBC News reports. A study found around a third of people with the condition die within 90 days of their initial diagnosis.

## **Communicable diseases**

Ebola crisis: UK aid cuts 'hit fight' against virus

Thursday 2 October 2014 Source: BBC Health: http://www.bbc.co.uk

Cuts in the amount of health aid the UK provides to Liberia and Sierra Leone have "compromised the fight" to stop the spread of the Ebola virus, MPs say.

Ebola could reach UK, but outbreak risk is lowTuesday 7 October 2014Source: NHS Choices: <a href="http://www.nhs.uk">http://www.nhs.uk</a>

"Global threat of Ebola: From the US to China, scientists plot spread of deadly disease across the world from its West African hotbed," reports the Mail Online. This is a terrifyingly apocalyptic-sounding headline, yet the real story about Ebola is that, while still frightening and deadly, it is still a very low risk to people in the UK.

### Ebola airport screening: Will it work? Thursday 9 October 2014

Source: BBC Health: http://www.bbc.co.uk

The UK is to begin screening some passengers who have travelled from Sierra Leone, Liberia and Guinea for signs of Ebola virus disease.

### Ebola basics: What you need to know

Friday 10 October 2014 Source: BBC Health: <u>http://www.bbc.co.uk</u>

The Ebola virus has now claimed nearly 4,000 lives during the current epidemic in West Africa, the largest outbreak since the virus was discovered nearly 40 years ago.

Ebola screening for NHS 111 calls announcedMonday 13 October 2014Source: BBC Health: <a href="http://www.bbc.co.uk">http://www.bbc.co.uk</a>

Call handlers on the NHS non-emergency 111 phone line will try to identify possible Ebola sufferers, in the latest move announced by the health secretary.

Public Health England and the NHS prepare for unpredictable flu seasonMonday 6 October 2014Source: PHE\*: <a href="http://www.gov.uk">http://www.gov.uk</a>

Public Health England's (PHE's) national seasonal flu campaign launches from today (6 October 2014) encouraging uptake of the influenza (flu) vaccine among the most at-risk groups. The campaign – across press, radio and online channels – targets people of all ages with a health condition, as well as pregnant women and parents of children aged 2 to 4.

Flu jab drive launched ahead of winter

Monday 6 October 2014

Friday 10 October 2014

Source: BBC Health: <u>http://www.bbc.co.uk</u>

Four-year-olds in England are to be offered free flu vaccinations for the first time as part of the annual drive to get people protected before winter.

'At risk' groups urged to get flu shots by health bodyMonday 6 October 2014Source: BBC Health: http://www.bbc.co.uk

Public Health England and the NHS are urging people in "at risk" groups to get vaccinated against flu this winter. These include pregnant women, young children, over 65s and those with conditions such as asthma and diabetes.

Antibiotic resistance rise continues

Source: BBC Health: http://www.bbc.co.uk

Antibiotic prescriptions and cases of resistant bacteria in England have continued to soar despite dire warnings and campaigns, figures show.

Antibiotic resistance continues to rise Friday 10 October 2014 Source: NHS Choices: http://www.nhs.uk

"Antibiotic resistance continues to rise," BBC News reports as, despite warnings, the number of antibiotic prescriptions in the UK continues to soar, as do new cases of resistant bacteria.

### **'Poo in a pill' may help treat C. difficile infection**

Monday 13 October 2014 Source: NHS Choices: http://www.nhs.uk

"Capsules containing frozen faecal material may help clear up C. difficile infections," BBC News reports. While the prospect may sound stomach-churning, swallowing somebody else's "poo" may help treat symptoms such as chronic diarrhoea, which can be life-threatening.

## **Diet & nutrition**

 'Healthy foods expensive' claim is unrealistic

 Thursday 9 October 2014
 Source: NHS Choices: <a href="http://www.nhs.uk">http://www.nhs.uk</a>

"Healthy food now costs three times as much as junk, study shows," The Independent reports. It also reports a sharper rise in the cost of fruit and veg over the past decade compared to other types of foods.

Could grapefruit juice protect against diabetes?

Thursday 9 October 2014

Source: NHS Choices: http://www.nhs.uk

"Grapefruit juice 'could be the key to weight loss'," is the misleading headline in The Daily Telegraph.

Fruit juice link to high blood pressure not proven

Monday 13 October 2014

Source: NHS Choices: http://www.nhs.uk

"Does drinking fruit juice give you high blood pressure?," the Mail Online asks, as an Australian study found people who reported a daily intake of fruit juice tended to have slightly higher blood pressure. This finding, the researchers argue, is likely down to the high sugar content of fruit juices.

Can we count on counting calories?

Monday 13 October 2014

Source: NHS Choices: http://www.nhs.uk

It's a concept at the cornerstone of most diets: counting the calories of your food intake so you don't go over the limit. But just how accurate are calorie labels? And are some calories more "equal" than others?

## **Disability and Learning Difficulties**

Inverness girl Hayley Fraser gets 3D-printed hand Wednesday 1 October 2014 Source: BBC Health: http://www.bbc.co.uk

A Scots girl is thought to be the first child in the UK to have a prosthetic hand made with 3D printing technology.

Bionic arm restores sense of feeling

Thursday 9 October 2014

Source: BBC Health: http://www.bbc.co.uk

Advances in bionic hands have restored a sense of touch to two patients for more than a year, report US scientists. The men can now delicately pluck the stalks out of cherries.

Radio 1 Teen Hero: I want to do Stephen Sutton proud

Monday 13 October 2014 Source: BBC Newsbeat: <u>http://www.bbc.co.uk/newsbeat</u>

Radio 1's first Stephen Sutton Teen Hero Award winner has been given to Jack Marshall. The 16-year-old was born with a rare neurological disease called Moebius Syndrome.

### Broccoli could 'hold the key' for treating autism

 Tuesday 14 October 2014
 Source: NHS Choices: <a href="http://www.nhs.uk">http://www.nhs.uk</a>

"Broccoli chemical may improve autism symptoms," The Daily Telegraph reports. A small study suggests sulforaphane, a chemical that gives broccoli its distinctive taste, may help improve some of the symptoms of autism spectrum disorder (ASD).

### Drug Misuse

Cannabis labelled 'harmful and as addictive as heroin'

Tuesday 7 October 2014

Source: NHS Choices: http://www.nhs.uk

"Cannabis: the terrible truth," is today's Daily Mail front page splash story. The paper cites the risks posed by cannabis – including a doubling of the risk of schizophrenia – based on research the paper says has "demolished the argument that the drug is safe".

## Health services administration

Most out-of-hours GPs deliver excellent care, report showsWednesday 1 October 2014Source: CQC: <a href="http://www.cqc.org.uk">http://www.cqc.org.uk</a>

A report from our first comprehensive inspections of NHS out-of-hours GP services has highlighted examples of excellent care but also variation in the quality and safety of care.

<u>GP out-of-hours care 'getting better'</u> Friday 3 October 2014 Source: BBC Health: <u>http://www.bbc.co.uk</u>

GP out-of-hours care in England is improving, but weaknesses still exist in certain areas, inspectors say.

Patients' online diagnoses not useful, say doctorsThursday 2 October 2014Source: BBC Health: <a href="http://www.bbc.co.uk">http://www.bbc.co.uk</a>

More patients are going to their GP and telling them what treatment they need based on information from apps and the internet, a survey has suggested.

## Ageing GPs 'may force practices to close'

Thursday 2 October 2014 Source: BBC Health: <u>http://www.bbc.co.uk</u>

Hundreds of GP practices are at risk of closure because of the number of doctors reaching retirement age, GP leaders say.

 Statement about the use of cameras to monitor care

 Monday 6 October 2014
 Source: CQC: <a href="http://www.cqc.org.uk">http://www.cqc.org.uk</a>

In response to media coverage today about the potential use of cameras to monitor care, Andrea Sutcliffe, our Chief Inspector of Adult Social Care said: "Our consultation earlier this year on how we will inspect, regulate and rate care services, has told us that people's views on the potential use of surveillance to monitor care, are hugely mixed.

NHS and social care 'at breaking point', medics and charities warnMonday 6 October 2014Source: BBC Health: <a href="http://www.bbc.co.uk">http://www.bbc.co.uk</a>

The NHS and social care services are "at breaking point", a group of leading medical groups and charities have said. Writing in the Independent, they said the NHS had been through its "longest and most damaging budget squeeze" ever.

 'More doctors than ever' coming to UK from Europe

 Wednesday 8 October 2014
 Source: BBC Health: <a href="http://www.bbc.co.uk">http://www.bbc.co.uk</a>

There are "more doctors than ever" coming to work in Britain from Europe, says the General Medical Council. Southern Europe now provides more doctors than South Asia to the UK, which was previously the main source.

Our response to Heathwatch England's complaints system reportTuesday 14 October 2014Source: CQC: <a href="http://www.cqc.org.uk">http://www.cqc.org.uk</a>

Healthwatch England have today published a report calling for renewed efforts to create a compassionate complaints system.

## HIV & AIDS

Aids: Origin of pandemic 'was 1920s Kinshasa' Friday 3 October 2014 Source: BBC Health: http://www.bbc.co.uk

The origin of the Aids pandemic has been traced to the 1920s in the city of Kinshasa, in what is now the Democratic Republic of Congo, scientists say.

HIV cure continues to evade doctors

Friday 3 October 2014

Source: BBC Health: http://www.bbc.co.uk

Giving drugs within hours of HIV infection is not a cure, say doctors treating a baby in Milan, Italy.

### Men's health

<u>Viagra 'may cause visual disturbance' in some men</u>

Wednesday 1 October 2014 Source: NHS Choices: http://www.nhs.uk

"Viagra may permanently damage vision in some men, study finds," reports The Guardian. But the news is, in fact, based on research in mice.

Moderate regular drinking may 'damage sperm'

Friday 3 October 2014 Source: NHS Choices: http://www.nhs.uk

"Just five alcoholic drinks a week could reduce sperm quality," The Guardian reports. A study involving Danish military recruits found that even moderate drinking, if done regularly, was associated with a drop in quality.

### More men face lonely old age, says study

Monday 13 October 2014 Source: BBC Health: http://www.bbc.co.uk

Increasing numbers of men are facing loneliness and isolation in old age, suggests research.

## Mental health

<u>Centre for Mental Health begins work to offer more people best available help with</u> <u>employment</u> Friday 3 October 2014 *Source:* Centre for Mental Health: <u>http://www.centreformentalhealth.org.uk</u>

Centre for Mental Health is beginning two major Department of Health funded projects to support more people with mental health problems to gain employment when they would like to work.

<u>General Election 2015: Prioritising Mental Health Research</u> Friday 3 October 2014 *Source:* Centre for Mental Health: <u>http://www.centreformentalhealth.org.uk</u>

As part of the Alliance of Mental Health Research Funders, we are today launching Prioritising Mental Health Research, our manifesto setting out what political parties can do to make mental health research a priority during the General Election 2015 and in government.

New plan offers better access to services

Wednesday 8 October 2014 Source: Mental Health Foundation: <u>http://www.mentalhealth.org.uk</u>

The Deputy Prime Minister, Rt Hon Nick Clegg, has announced a new five-year plan aimed at achieving better access to mental health services.

Access and waiting time standards for mental health care are a vital first step to parity, says Centre Chief Executive

Wednesday 8 October 2014 Source: Centre for Mental Health: <u>http://www.centreformentalhealth.org.uk</u>

Responding to the Deputy Prime Minister's announcement of a new five year plan for improving access to NHS mental health treatment, Centre for Mental Health chief executive Sean Duggan said today: "We warmly welcome the Government's commitment to produce waiting time standards for mental health services. This is a vital step towards creating parity of access to mental health care and to overcoming the 'institutional bias' in the NHS.

Does wellbeing improve your mental health?

Wednesday 8 October 2014 Source: BBC Health: http://www.bbc.co.uk

The importance of mental wellbeing has gained significant support in recent times. But does it protect against mental illness?

Stan Collymore praises youth openness on mental healthWednesday 8 October 2014Source: BBC Health: <a href="http://www.bbc.co.uk">http://www.bbc.co.uk</a>

Young people are driving a change in attitudes towards people with mental health issues, Stan Collymore has claimed.

Anorexia explored in graphic novel

Thursday 9 October 2014

Source: BBC Health: <u>http://www.bbc.co.uk</u>

Many artists claim that their work is a form of therapy, and this is true for Katie Green. She decided to turn her experience of life with eating disorders into a graphic novel and says she found the process cathartic.

Two major reports show how far we have to go to achieve parity, says Centre for <u>Mental Health</u> Friday 10 October 2014

*Source:* Centre for Mental Health: <u>http://www.centreformentalhealth.org.uk</u>

"Putting mental health on a par with physical health in the NHS remains a major challenge for the whole health and care system," Centre for Mental Health deputy chief executive Andy Bell said today.

Premier League tackling mental health Friday 10 October 2014 Source: BBC Health: http://www.bbc.co.uk

Mental health is still an issue that some people are reluctant to talk about despite the fact that one in four people will be affected in some way.

Does social media impact on body image?

Monday 13 October 2014 Source: BBC Health: <u>http://www.bbc.co.uk</u>

Magazines and television are often blamed for portraying an ideal body image that causes people to question their looks and lose confidence in themselves. But what about the role social media plays in moulding attitudes to the way we look?

World Mental Health Day 2014 - Living with a diagnosis of schizophrenia

Friday 10 October 2014 Source: Mental Health Foundation: <u>http://www.mentalhealth.org.uk</u>

1 in 4 of us in any given year experiences mental ill health. A smaller number have a diagnosis of schizophrenia but it still affects 26 million people around the world. This also affects their families and carers. But we know that when given the right assistance, at least half of people can make a full recovery.

## Obesity

Eating with a fat friend 'makes you eat more'

Monday 6 October 2014

Source: NHS Choices: http://www.nhs.uk

"Sitting next to overweight people makes you more likely to gorge on unhealthy food," the Daily Express reports. The paper reports on a small-scale research experiment showing that the presence of an overweight woman (an actress in a fat suit) near a buffet made student volunteers choose and eat a larger amount of unhealthy food (spaghetti) than when she was a healthy weight (without the fat suit).

Older people

'Sandwich generation' carers say choosing care is one of life's most stressfuleventsMonday 6 October 2014Source: CQC: <a href="http://www.cqc.org.uk">http://www.cqc.org.uk</a>

Our survey of users of the two websites found that choosing care for a parent or other older relative can be more stressful than divorce, separation, choosing a school, getting married or buying a house.

## **Physical activity**

Experts call for new focus on physical activityMonday 13 October 2014Source: BBC Health: <a href="http://www.bbc.co.uk">http://www.bbc.co.uk</a>

Experts say official guidelines on physical activity are being "ignored", creating a major public health challenge. Official figures show many people are failing to meet the recommended level of two and a half hours of moderate activity each week.

## Sexual health

Vaginal orgasm 'doesn't exist', researchers argueWednesday 8 October 2014Source: NHS Choices: <a href="http://www.nhs.uk">http://www.nhs.uk</a>

"There is no such thing as a vaginal orgasm," says the Mail Online, in a story that suggests some women have been diagnosed with sexual disorders based on the "myth" that they can orgasm through vaginal intercourse alone.

## Smoking

Hospital visits due to smoking have fallen in EnglandWednesday 8 October 2014Source: BBC Health: <a href="http://www.bbc.co.uk">http://www.bbc.co.uk</a>

The number of people aged over 35 admitted to hospital in England due to smoking between 2012 and 2013 has fallen since 2004, statistics show.

## E-cigarettes can appear in TV adverts, watchdog rules

Thursday 9 October 2014 Source: BBC Health: http://www.bbc.co.uk

Electronic cigarettes can be shown in UK TV adverts from 10 November, the Committee of Advertising Practice says. Ruling for the first time specifically on e-cigarettes, the CAP said adverts must not target under-18s or non-smokers, and must not show tobacco "in a positive light".

## Social & economic issues

Councils 'swamped' by checks on rights of vulnerableWednesday 1 October 2014Source: BBC Health: <a href="http://www.bbc.co.uk">http://www.bbc.co.uk</a>

Councils in England and Wales are being overwhelmed with requests to ensure the human rights of vulnerable people are not being abused.

Questions about life after death remain unanswered

Wednesday 8 October 2014 Source: NHS Choices: http://www.nhs.uk

"Life after death is a real phenomenon," Metro reports – but the headline is pure hype. Researchers were actually looking at "near-death experiences" – a very different thing. Indeed, the research involved people who did not die (even "technically").

## Standard of care in England's homes 'not good enough'

Thursday 9 October 2014 Source: BBC Health: http://www.bbc.co.uk

Too much "awful care" is happening in care homes in England, the chief inspector of adult social care at the Care Quality Commission (CQC) has told the BBC.

Carers face income cut under new increased minimum wageThursday 9 October 2014Source: BBC Health: <a href="http://www.bbc.co.uk">http://www.bbc.co.uk</a>

A new minimum wage has come into force this month, with the hourly rate going from  $\pounds 6.31$  to  $\pounds 6.50$ . It might sound like good news, but the reality is more complicated. If you care for a friend or relative and also work part-time, the increase could cost you more than  $\pounds 60$  per week.

### A Point of View: How do we give dignity to the dying?

Sunday 12 October 2014 Source: BBC Health: http://www.bbc.co.uk

We want to give dying people their dignity. But all too often, we don't know how, says Adam Gopnik.

## Vaccines and gelatine: PHE response

Tuesday 14 October 2014 Source: PHE\*: http://www.gov.uk

Public Health England responds to media reports about vaccines and gelatine.... Porcine gelatine has been certified as acceptable by many multi-faith groups.

## Statistics

## Statistics on Smoking, England - 2014

Wednesday 8 October 2014 Source: Health and Social Care Information Centre: <u>http://www.hscic.gov.uk</u>

This statistical report presents a range of information on smoking which is drawn together from a variety of sources. The report aims to present a broad picture of health issues relating to smoking in England and covers topics such as smoking prevalence, habits, behaviours and attitudes among adults and school children, smoking-related ill health and mortality and smoking-related costs.

### Women's health

Womb transplant baby birth gives 'hope' say doctors in SwedenSaturday 4 October 2014Source: BBC Health: <a href="http://www.bbc.co.uk">http://www.bbc.co.uk</a>

A woman in Sweden has become the first in the world to have a baby after having a womb transplant. The 36-year-old mother, who was born without a uterus, received a donated womb from a friend last year.

Is it ever OK to drink when you are pregnant?

Tuesday 7 October 2014

Source: BBC Health: <u>http://www.bbc.co.uk</u>

Women who binge drink and later find out they were pregnant at the time are seeking abortions under the misapprehension their babies will suffer foetal alcohol syndrome (FAS), a charity has warned.

Post-natal depression: Are the signs still being missed?Tuesday 7 October 2014Source: BBC Health: <a href="http://www.bbc.co.uk">http://www.bbc.co.uk</a>

As many as one in five new mothers suffer from post-natal depression but some leading doctors say post-natal checks may be too rushed to pick it up. In a survey by the parenting group NCT and online forum Netmums, made available to BBC News, nearly 30% of new mothers said their GP had not asked them about their mental health at all.

## Workplace health

Workplace drug testing 'on the rise', say providersFriday 3 October 2014Source: BBC Health: <a href="http://www.bbc.co.uk">http://www.bbc.co.uk</a>

Workplace drug testing has increased significantly in the UK, four leading screening companies have said. They have seen rises in the number of annual tests carried out of between 40% and 470% over four years.

\*This bulletin contains public sector information licensed under the Open Government Licence v2.0

## **Other Bulletins**

### Big Four Bulletin

This is a weekly Bulletin that details original articles in the BMJ, JAMA, New England Journal of Medicine and The Lancet.

http://cash.libraryservices.nhs.uk/cash-service/rss-newsfeed-menu/medicine/big-four-bulletin/

#### **Daily Health Bulletin**

The Daily Health Bulletin is produced by the Knowledge Service of the West and South Yorkshire and Bassetlaw Commissioning Support Unit.

http://cash.libraryservices.nhs.uk/cash-service/daily-health-bulletin/

### **NICE Public Health Awareness Bulletin**

This is a monthly update highlighting national public health news and information from NICE. <u>https://www.evidence.nhs.uk/about-evidence-services/bulletins-and-alerts/whats-new-in-public-health/public-health-bulletin-archive</u>

### PHE Bulletin (Public Health England)

The PHE Bulletin is issued monthly and contains public health news and information. https://www.gov.uk/government/collections/phe-bulletin

#### Public Health and Social Care Bulletin

This is published weekly and created by Kent & Medway Public Health Observatory. It provides an update on what is new in public health and social care, both nationally and locally. <a href="http://www.kmpho.nhs.uk/events-and-updates/bulletins/bulletins-archive/">http://www.kmpho.nhs.uk/events-and-updates/bulletins/bulletins-archive/</a>